



Breakfast	Lunch	Dinner
SUNDAY		
Eggs Any Style Cheese Omelet Hot/Cold Cereal Toast Danish	Pot Roast with Gravy Creamy Mashed Potatoes Buttered Carrots Alt: Pork Loin with Gravy	BLT on White Potato Chips Pickle Alt: Grilled Chicken Caesar Salad
MONDAY		
Eggs Any Style Waffles Hot/Cold Cereal Toast Muffin	Oven-fried Chicken Twice-baked Potato Buttered Corn Alt: Homemade Fried Cod	Roast Beef on Onion Roll Vegetable Pasta Salad Lettuce & Tomato Alt: Steak & Cheese Sub
TUESDAY		
Eggs Any Style French Toast Hot/Cold Cereal Toast Muffin	Braised Beef Brisket Mashed Potatoes Stewed Tomatoes Alt: Turkey Tips in Gravy	Turkey Swiss on Croissant Lettuce & Tomato Macaroni Salad Alt: Tuna on a Finger Roll
WEDNESDAY		
Eggs Any Style Pancakes Hot/Cold Cereal Toast Muffin	BBQ Ribs Rice Pilaf Brussel Sprouts Alt: Grilled Cheeseburger	Grilled Chicken Breast Potato Salad Zucchini & Summer Squash Alt: Hot Dog on a Bun
THURSDAY		
Eggs Any Style French Toast Hot/Cold Cereal Toast Muffin	Tortellini with Alfredo Sauce Garlic Bread Asparagus Alt: Maple Glazed Ham	Sausage & Peppers Sub Roll Vegetable Pasta Salad Alt: Grilled Cheese
FRIDAY		
Eggs Any Style Waffles Hot/Cold Cereal Toast Muffin	Crumb-topped Haddock Mashed Potato Beets Alt: Stuffed Pepper	Cheese/Vegetable Pizza Tossed Salad Alt: Greek Salad
SATURDAY		
Eggs Any Style Pancakes Hot/Cold Cereal Toast Cinnamon Roll	Pork Chops with Warm Apples Au Gratin Potatoes Red Cabbage Alt: Chicken Cordon Bleu	Fresh Waffle with Topping Sausage Links Alt: PB&J on Cinnamon Raisin Bread