April 2023

April Greeting Continued:

We had our Annual State of NH Department of Health & Human Services surveys in the months of February and March. We were 100% compliant with our Life Safety Surveys for both the Assisted Living and Skilled Nursing Unit! We were 100% compliant with our Assisted Living Clinical Survey. We did receive 2 minor deficiencies on our long-term skilled nursing unit. The survey results are in a white binder in the living room area off of the main lobby and also up on the skilled unit at the nursing station, if you would like to review. We are very proud of our results and proud of our associates for their commitment and hard work related to quality of care for our residents that we serve here at Warde!!

As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Easter Blessings, Shari L. LaRoche, MS LNHA

Keeping Busy



April 7 brings International Beaver Day, a day to appreciate this industrious aquatic mammal. Millions of beavers once resided in every stream in North America. After American

colonization, the demand for their pelts resulted in hunting and trapping that pushed the beaver to the brink of extinction. Today, the animals are making a comeback, and scientists are learning that their value to ecosystems is unequaled in nature. Beavers, by nature, cut trees, build dams, carve canals, and flood rivers. This process creates invaluable wetland habitat that boosts biodiversity. The land stores more water, which decreases flooding, restores habitats, and filters and cleans water. Beavers are truly nature's best environmental engineers.



Our residents have planned a Bake Sale!

Come drop by on April 12th
11 AM- 4 PM

All proceeds from the bake sale will be going to resident activities & events.

Poetic License

Haiku is a form of traditional Japanese poetry that consists of three unrhyming lines of five, seven, and five syllables. The short poems are often void of any figurative language, instead imparting feeling and thoughtfulness with plain concrete language and imagery. Try your hand at penning one of these poems on April 17, International Haiku Day. Haiku began in 13th-century Japan, not as their own poems, but as hokku, which are the opening lines of *renga*, expansive oral poems spoken by multiple poets. It wasn't until the 16th century that hokku became a form all its own, and not until 100 years later the poet Matsuo Basho elevated it as an art form. It was Masaoka Shiki, poet of the late 19th century, who first called the poems haiku. Perhaps the most famous haiku was written by Basho:

> old pond frog leaps in water's sound

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April Newsletter



Warde Senior Living | 21 Searles RD Windham, NH 03087 | 603.890.1290

Celebrating April

Jazz Appreciation Month

Humor Month

Kite Month

April Fools' Day

April 1

Music with Skee April 4

Passover April 5–13

> Easter April 9

Bake Sale
April 12

Grilled Cheese Day

April 12

Scrabble Day April 13

April Birthday Party
April 21

Earth Day April 22

Music with Bob
April 28

April Greetings to all of our Families & Friends:



I hope this newsletter finds you all happy and healthy. Spring in the air, warmer weather is coming! We are looking forward to our Spring days ahead.

COVID 19 – Update: Currently, our center/campus is COVID-19 free. We continue to be vigilant in ensuring we are doing everything we can to keep COVID-19 out of our community. We appreciate all that you are doing as well to keep your loved one safe and wearing your masks when you are visiting!!

We celebrated many special events in the month of March. I hope that you were able to see all of them on our Facebook page! We celebrated LTC Administrator Week, Social Service Month, Dietician Day and Physician Day. We also had lots of St. Patrick's Day celebrations! There was fun had by all throughout the month!!

As April approaches, we look forward to the Easter Celebrations, warmer weather and more daylight hours each day.

Special Days in April: Please refer to the April Life Enrichment Calendar with all of the special Easter Events planned.

Sunday, April 2nd Wednesday, April 5th Sunday, April 9th Wednesday, April 19th Palm Sunday
Passover begins
Easter Sunday
National Administrative
Professionals Day



Activities subject to change; see daily chronicle.