

June Newsletter

Warde Senior Living | 21 Searles RD Windham, NH 03087 | 603.890.1290



June Greeting Continued

Summer Solstice June 21st – “On this day, the Sun travels the longest path through the sky, and that day therefore has the most daylight, sometimes referred to as “the longest day”. Spiritually, the summer solstice means midsummer, the time of new beginnings, has been celebrated since the pagan holiday of Litha. Now, it is a time for inner power and brightness, a spiritual battle between light and shadow that culminates in the perfect balance of day and night.”

We wish everyone a summer that is filled with warmth and family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

*With Thoughts of Sunshine & Ice Cream,
Shari L. LaRoche, MS LNHA*

Donations Welcome

We are currently welcoming donations for our BINGO prizes!

- Candy Bars
- Bags of Chips
- Summer Décor
- Note Pads
- Stationary
- Lotions
- Soaps
- Costume Jewelry

Napoleon’s Waterloo



On June 18, 1815, Napoleon lost the Battle of Waterloo, suffering the final defeat of his military career and marking the end of his reign as emperor. Napoleon’s meteoric rise as a military strategist and leader began around 1799, when Napoleon returned to France from his military campaign in Egypt to find that France was at war with most of Europe and near collapse. Napoleon reorganized the French army, marched to victory across Europe, reestablished France as a superpower, and was crowned emperor. Waterloo, however, proved his undoing. Napoleon led his forces against a well-defended Prussian army, and after a series of strategic mistakes, had his forces crushed on the field of battle. Today, in remembrance of Napoleon’s historic defeat, we use the name “Waterloo” to mark a devastating failure.

Going Postal



On June 13, 1920, the United States Postal Service declared that it would no longer send children by parcel post. As strange as it may seem, we now remember June 13 as No Mailing Children Day. On January 1, 1913, the U.S. Post began mailing parcels and packages. Americans could now buy and sell large dry goods by mail. Some, however, took advantage of this service and sent their children through the mail. After all, the delivery cost of mail was cheaper than a train ticket. Newspaper headlines captured the phenomenon: “Mail Carrier Safely Delivers Boy of 10 3/4 lbs to Grandmother, Cost 15 Cents.” Assistant Postmaster General John Koons eventually declared that children didn’t fit within the classification of harmless live animals.

Celebrating June

Men’s Health Month

Perennial Gardening Month

Caribbean American Heritage Month

Go Barefoot Day
June 1

World Bicycle Day
June 3

D-Day
June 6

Flag Week (U.S.)
June 11–17

Worldwide Day of Giving
June 15

Father’s Day
June 18

World Music Day
June 21

Great American Backyard Campout
June 24

Social Media Day
June 30

June Greetings to all of our Families & Friends:



June Greetings to all of our Families & Friends: I hope this newsletter finds you all happy and healthy. Happy Summer – June 21, 2023

We celebrated so many special events in the month of May. Licensed Nursing Week & National Nursing Home Week were celebrated with so many different appreciation and life enrichment programs for our nurses and residents to participate in. Thank you to our Life Enrichment Associates who planned and coordinated all of the events. The events were well attended and so much fun!! I hope that you were able to see all of them on our Facebook page! Our largest celebrations were the Nursing Home Week events. It was truly a blessed month!

Special Days in June: Please refer to the June Life Enrichment Calendar with all of the special events planned.

1st Day of Summer – Summer Solstice – Wednesday, June 21st

National Licensed Nursing Assistant Week – June 14th – June 20th

Please thank our Licensed Nursing Assistants (LNAs) for all that they do!

National Bring Your Dog to Work Day – Friday, June 23rd
National Chocolate Ice Cream Day – Wednesday, June 7th

Who doesn’t love chocolate ice cream??

Flag Day – Wednesday, June 14th – wear the colors of your flag on this special day

We wish all of our residents, families and associates with children graduating either high school or college a huge congratulations from all of us at Warde Senior Living. What a great accomplishment and everyone should be so very proud!! Wishing all of them much success in their future endeavors!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



June 2023

Warde Rehabilitation and Nursing



					1 9:00 Room Visits 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Table Games 3:00 Happy Birthday Andy Griffith - The Andy Griffith Show - Video	2 9:00 Room Visits 10:15 Soccer 11:00 Rosary- Chapel 2:00 Celebrate National Donut Day - 1st Floor Dining Room	3 9:00 Room Visits 10:15 Horse Racing 2:00 Sip and Color 4:00 Mass - Chapel
4 9:00 Room Visits 10:15 Chair Exercise 11:00 Rosary - Chapel 2:00 BINGO	5 9:00 Room Visits 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Manicures, Massages, and Musicals 3:00 Puzzle Hour	6 9:00 Room Visits 10:15 Ball Toss 2:00 Word Games 3:00 Drive-In Movie Day - Video and Snacks	7 9:00 Room Visits 10:15 Coffee, Coloring, and Chats 11:00 Mass - Chapel 2:00 Chocolate Ice Cream Day - Social 6:15 BINGO	8 9:00 Room Visits 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Birthday Party with Chris - Gathering Room 3:00 Photo Book Hour	9 9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 2:00 Bowling 3:00 Trivia Hour	10 9:00 Room Visits 10:15 Coffee and Coloring 11:00 Rosary - Chapel 2:00 Saturday Social 4:00 Mass - Chapel	
11 9:00 Room Visits 10:15 TV Yoga 11:00 Rosary - Chapel 2:00 BINGO	12 9:00 Room Visits 10:15 National Peanut Butter Cookie Day - Baking In A Bag 11:00 Rosary - Chapel 2:00 Scrapbooking 3:00 Puzzle Hour 6:15 Evening Activity	13 9:00 Room Visits 10:15 Balloon Tennis 11:00 Rosary - Chapel 2:00 Ice Cream Trip - Outing	14 9:00 Room Visits 10:15 Current Events 11:00 Mass - Chapel 2:00 Celebrate Flag Day 3:00 Patriotic Sing Along - Video 6:15 BINGO Flag Day (US)	15 9:00 Room Visits 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Table Games 3:00 Resident Council	16 9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 12:00 Men's BBQ Luncheon-Foyer/Deck 2:00 Music with Jay-Gathering Room	17 9:00 Room Visits 10:15 Coffee and Chats 11:00 Rosary - Chapel 2:00 Movie Matinee 4:00 Mass - Chapel	
18 9:00 Room Visits 10:15 Sing Along with Suzie Q - Video 11:00 Rosary - Chapel 2:00 Father's Day Social Father's Day	19 9:00 Room Visits 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Manicures, Massages, and Musicals 3:00 Puzzle Hour 6:15 Evening Activity Juneteenth	20 9:00 Room Visits 10:15 Dice Exercise 11:00 Rosary - Chapel 2:00 Magazine Hour - Cut and Collage	21 9:00 Room Visits 10:15 Ring Toss 11:00 Mass - Chapel 2:00 Celebrate the First Day of Summer 3:00 Happy Birthday NH - Video 6:15 BINGO Summer Begins	22 9:00 Room Visits 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Music with Bob from NH Tunes - Gathering Room 3:00 Photo Book Hour	23 9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 2:00 Happy Hour - Fried Dough Friday	24 9:00 Room Visits 10:15 Coffee and Coloring 11:00 Rosary - Chapel 2:00 Saturday Social 4:00 Mass- Chapel	
25 9:00 Room Visits 10:15 TV Yoga 11:00 Rosary - Chapel 2:00 BINGO	26 9:00 Room Visits 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Sing Along Performance with J + L 3:00 Puzzle Hour 6:15 Evening Activity	27 9:00 Room Visits 10:15 Beach Boardwalk Games 11:00 Rosary - Chapel 2:00 Sensory Beach Day 3:00 Arm Chair Travel - World's Top Beaches	28 9:00 Room Visits 10:15 Beach Volleyball 11:00 Mass - Chapel 2:00 Creative Crafts 6:15 BINGO	29 9:00 Room Visits 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Bomb Pop Day - Popsicle Social 3:00 Photo Book Hour	30 9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 2:00 Bowling 3:00 Trivia Hour		

Activities subject to change; see daily chronicle.