

A Walk Through History

On July 1, 1979, the Japanese technology company Sony introduced its Walkman portable cassette player to the world, an innovation that would forever change the way we enjoy music.



Plenty of portable cassette-tape players were available in 1979, but none of them were designed to be used by individuals walking around. The cassette tape, developed in 1963, allowed people to listen to tapes in their cars or on large cassette players. Sony itself sold the bulky TC-D5 cassette player, but company cofounder Masaru Ibuka was not satisfied. He wanted a truly personal and portable system optimized for playback while he was out and about, especially when he was traveling on long business flights.

Norio Ohga, Sony's executive deputy president, got to work with engineer Kozo Ohson. Soon, Ohson had invented both a new cassette player and a pair of lightweight headphones with fantastic sound quality. The invention was better than anything Sony could have hoped for. Sony Chairman Akio Morita declared, "It'll be a hit!" Now, all Sony needed was a name.

At first, the cassette player was called by many names. In the U.S., marketers wanted to call it the Sound-About. In the U.K., it was the Stowaway. Marketers decided that too many names in too many countries would be confusing, so Sony finally decided on the Walkman.

In June of 1979, Sony invited a group of journalists to Yoyogi park in Tokyo, where they were each given a Walkman to wear. The journalists strolled the park while listening to various demonstrations on the device. Needless to say, it was an instant hit. Sony thought it would sell 5,000 Walkmans in the first month. It soon sold 50,000! The device's unique combination of excellent sound quality and privacy (thanks to its headphones) was unprecedented. The Walkman's popularity led to a boost in cassette sales and even exercise, now that people wanted to get outside and listen to music on the go.

Donations Welcome

Our residents have formed a club called the "Happy Hearts Club". Each month the club is meeting and choosing an act of kindness. In June, the Happy Hearts Club chose to collect donations for the Salem Animal Rescue League. **Donations will be collected until July 5th.** Please see below for some items on the wish list, entire wish list has been e-mailed separately.

Dog Food

- Purina Pro Plan Adult Dog Can Food
- Purina Pro Plan Adult Dog Essentials Dry Food - (lamb & rice, chicken & rice, beef & rice)
- Purina Pro Plan Puppy Can Food
- Purina Pro Plan Puppy Dry Food - (lamb & rice, chicken & rice, puppy probiotic)

Dog Supplies

- Kongs: sizes M & L
- Martingale Collars: sizes S, M, & L
- Easy Walk Harnesses: sizes M & L

Mongolia's Manly Games



Each year, from July 11–13, Mongolian civilization pauses for Naadam, the festival of the "Three Manly Games." Horse racing, wrestling, and archery have been inextricably tied to Mongolian nomadic culture for centuries, since before the reign of Genghis Khan. In ancient times, Mongolian kings and generals used these three sports to train their armies. Today, Naadam is a celebration of all things Mongolian. The games themselves provide a fantastic spectacle of competition and national pride, but alongside the sports, visitors find traditional Mongolian food, performances, crafts, poetry, and music. And while the games might be called "manly," women often participate in horse racing and archery. Why do women not wrestle? One legend tells of how a woman beat all the men in wrestling. To prevent further humiliation of men, women were barred from the sport.

July Newsletter

Warde Senior Living | 21 Searles RD Windham NH, 03087 | 603.890.1290



Celebrating July

Family Reunion Month

Park and Recreation Month

World Watercolor Month

Canada Day

July 1

Air Conditioning Appreciation Days

July 3–31

Independence Day (U.S.)

July 4

Swimming Pool Day

July 11

Bastille Day (France)

July 14

Muharram (Islamic New Year)

Begins at sundown on July 18

Hammock Day

July 22

World Nature Conservation Day

July 28

July Greetings to all of our Families & Friends:



We celebrated a special event in the month of June. Licensed Nursing Assistant (LNA) & Licensed Nursing Medication Assistant (LMNA) Week was celebrated with a fantastic dinner and ice cream social for our associates. Each of our LNA's and LMNA's received appreciation gifts to thank them for all of their hard work they do each and every day here at WSL!! I hope that you were able to see our fantastic associates on our Facebook page! We are so very blessed to have such dedicated & committed associates caring for our residents!

Special Days in July: Please refer to the July Life Enrichment Calendar with all of the special events planned.

Happy 4th of July – Independence Day!
The Fourth of July—also known as Independence Day or July 4th—has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to more casual family gatherings and barbecues.

We wish everyone a summer that is filled with sunshine, warmth and family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Thoughts of Summertime,
Shari L. LaRoche, MS LNHA

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2023



1
8:30 Daily Chronicle
10:15 Chair Yoga- 2
11:00 Rosary - Chapel
2:00 Crafts- 2
4:00 Mass- Chapel
Canada Day

2
8:30 Daily Chronicle
10:15 Sip & Color- 2
11:00 Rosary - Chapel
2:00 BINGO- 2

3
8:30 Daily Chronicle
11:00 Rosary - Chapel
2:00 "What's News?" w/ Sr. Rosemary- G

4
8:30 Daily Chronicle
10:00 Coffee & Chats- Café
11:00 Rosary- Chapel
2:00 July 4th Social- Foyer
Independence Day (US)

5
8:30 Daily Chronicle
10:00 Morning Stroll
11:00 Mass - Chapel
11:30 Outing: Olive Garden
2:00 Happy Hearts Club- Café

6
8:30 Daily Chronicle
10:00 Happy Hearts Club Outing
11:00 Rosary - Chapel
2:00 Music with Bill- G

7
8:30 Daily Chronicle
10:00 Outside Stroll
11:00 Rosary - Chapel
2:00 Movie: Dead Poets Society- Foyer

8
8:30 Daily Chronicle
10:15 TV Yoga- 2
11:00 Rosary - Chapel
2:00 Social Hour- 2
4:00 Mass- Chapel

9
8:30 Daily Chronicle
10:15 Coffee & Coloring- 2
11:00 Rosary - Chapel
2:00 BINGO- 2

10
8:30 Daily Chronicle
10:00 TV Yoga- Foyer
11:00 Rosary - Chapel
2:00 Golf Cart Rides/ Dublin Deck Social

11
8:30 Daily Chronicle
10:00 Morning Stroll
11:00 Rosary - Chapel
2:00 7-Eleven Slurpees Day

12
8:30 Daily Chronicle
10:00 Outing: Shopping
11:00 Mass - Chapel
2:00 Painting- Café

13
8:30 Daily Chronicle
10:00 Outing: Farmers Market & Lunch
10:00 Yoga w/ Sandy- Foyer
11:00 Rosary - Chapel
2:00 Scrabble- Café

14
8:30 Daily Chronicle
10:00 Outside Stroll
11:00 Rosary - Chapel
2:00 Movie: Mary Poppins Returns- Foyer

15
8:30 Daily Chronicle
10:15 Celebrate National Horse Day- 2
11:00 Rosary - Chapel
2:00 Movie Matinee- 2
4:00 Mass- Chapel

16
8:30 Daily Chronicle
10:15 Drumming- 2
11:00 Rosary - Chapel
2:00 BINGO- 2

17
8:30 Daily Chronicle
10:00 TV Yoga- Foyer
11:00 Rosary - Chapel
2:00 "What's News?" w/ Sr. Rosemary- G
6:00 Drive- In Movie- G

18
8:30 Daily Chronicle
10:00 Coffee & Chats- Café
11:00 Rosary - Chapel
2:00 Painting- Café

19
8:30 Daily Chronicle
11:00 Outing: Lunch Trip
11:00 Mass - Chapel
2:00 Cards- Café

20
8:30 Daily Chronicle
9:00 Outing: Coffee Shop
10:00 Irish Music- 2
11:00 Rosary - Chapel
2:00 Baseball Game- G

21
8:30 Daily Chronicle
10:00 Outside Stroll
11:00 Rosary - Chapel
2:00 Movie: 80 for Brady- Foyer

22
8:30 Daily Chronicle
10:15 TV Yoga- 2
11:00 Rosary - Chapel
2:00 Social Hour- 2
4:00 Mass- Chapel

23
8:30 Daily Chronicle
10:15 Coffee & Coloring- 2
11:00 Rosary - Chapel
2:00 BINGO- 2

24
8:30 Daily Chronicle
10:00 TV Yoga- Foyer
11:00 Rosary - Chapel
2:00 "What's News?" w/ Sr. Rosemary- G

25
8:30 Daily Chronicle
10:00 Decorating for Christmas in July
11:00 Rosary - Chapel
2:00 Christmas in July Party

26
8:30 Daily Chronicle
10:00 Outing: Shopping
11:00 Mass - Chapel
2:00 Outing: Ice Cream

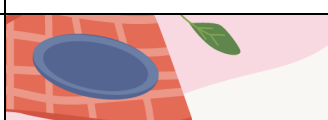
27
8:30 Daily Chronicle
10:00 Yoga w/ Sandy- Foyer
11:00 Rosary - Chapel
2:00 Wine & Cheese Happy Hour- Foyer

28
8:30 Daily Chronicle
10:00 Outside Stroll
11:00 Rosary - Chapel
Painting & Crafts- in Café All Day

29
8:30 Daily Chronicle
10:15 Corn Hole- 2
11:00 Rosary - Chapel
2:00 Crafts- 2
4:00 Mass- Chapel

30
8:30 Daily Chronicle
10:15 Chair Exercise- 2
11:00 Rosary - Chapel
2:00 BINGO- 2

31
8:30 Daily Chronicle
10:00 TV Yoga- Foyer
11:00 Rosary - Chapel
2:00 Golf Cart Rides/ Dublin Deck Social



Key
 G- Gathering Room
 1- 1st Floor Dining Room
 2- 2nd Floor Dining Room

Warde Assisted Living



Activities subject to change, please see daily chronicle.