

November Greeting Continued:

We would also like to take a moment to thank our Veteran's for their service to our great country – America!! We honor military veterans, people who have served in the United States Armed Forces. We will be having a special Veteran's Luncheon for our Veteran residents this month. Please see the calendar for the date and time!

We wish everyone a Thanksgiving season that is filled with many family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Many Blessings,

Shari L. LaRoche, MS LNHA

Ladies' Choice

Sadie Hawkins Day on November 13 gets its origins from Al Capp's comic strip *L'il Abner*. In the comic strip, Sadie Hawkins was the daughter of Hekzebiah Hawkins, one of the founders of Dogpatch, the comic's fictional setting. Sadie was unlucky in love and was destined to become a spinster. On November 15, 1937, the comic depicted Hekzebiah declaring a "Sadie Hawkins Day," a day when all the eligible bachelors of Dogpatch would participate in a footrace against Sadie. Whichever man Sadie caught would have to marry her.

In November of 1938, Capp revived the storyline.

Soon, college campuses across the country began celebrating Sadie Hawkins Days of their own, with young women chasing men across campuses. Over the years, Sadie Hawkins Day has become a day of role reversals, where women ask men on dates, or at Sadie Hawkins Dances, girls ask boys to dance. While the unofficial holiday often falls on November 13, Capp himself used his last *L'il Abner* comic on November 5, 1977, to set November 26 as the "official" holiday.

November Birthdays

In astrology, those born from November 1–21 are Scorpio's intense scorpions. Scorpions seek deep connections and nurture deep empathy and commitment. Those born from November 22–30 are Archers of Sagittarius. The Archers have a unique blend of passion, curiosity, and adaptability. Bold travelers, they are unafraid to explore and conquer new terrain.

Will Rogers (cowboy) – Nov. 4, 1879

John Philip Sousa (conductor) – Nov. 6, 1854

Bram Stoker (novelist) – Nov. 8, 1847

Jonathan Winters (comedian) – Nov. 11, 1925

Whoopi Goldberg (comedian) – Nov. 13, 1955

Gloria Foster (actress) – Nov. 15, 1933

RuPaul (drag queen) – Nov. 17, 1960

Allyson Felix (athlete) – Nov. 18, 1985

Robin Roberts (newscaster) – Nov. 23, 1960

Joe DiMaggio (athlete) – Nov. 25, 1914

Tina Turner (singer) – Nov. 26, 1939

Chadwick Boseman (actor) – Nov. 29, 1976

Monster Success

On November 3, 1954, the film *Godzilla* premiered across Japan. *Godzilla* remains one of Japan's most enduring pieces of popular culture and has been identified by *Guinness World Records* as the longest-running film franchise in history. The film and its gargantuan monster symbolize something more sinister, however—a nation's collective terror over nuclear war. In early March of 1954, a Japanese fishing ship was contaminated with radioactive fallout from a nuclear test conducted by the Americans at Bikini Atoll. Soon, fears of nuclear contamination spread across Japan. The film's producer and director deliberately seized on that anxiety when they created a monster that embodied nuclear destruction. Skeptical critics thought the film would be a flop, but time has shown that *Godzilla* has conquered even those critics.



Newsletter

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**Celebrating November**

American Indian Heritage Month

International Games Month

Adopt-a-Turkey Month

Día de los Muertos
November 1

Nachos Day
November 6

World Freedom Day
November 9

Veterans Day (U.S.)
November 11

Diwali
November 12

Rock Your Mocs Day
November 15

International Men's Day
November 19

Thanksgiving (U.S.)
November 23

Square Dancing Day
November 29

**November Greetings to all of our Families & Friends:**

I hope this newsletter finds you all happy & healthy.

Welcome November. A month of celebrating our Veteran's, day light savings time and the Thanksgiving Holiday!! The trees have lost their leaves, the days and nights are colder, and everything from blessings to turkey to pumpkin pie are now the theme for the month of November!

We had lots of fun events in the month of October. We were blessed with the warm weather and the changing leaves that led to beautiful colors this fall season. Our residents enjoyed the great outdoor events that were offered in the month of October, especially the Scarecrow Tour in Chester, NH. Be sure to check out our Facebook page (Warde Senior Living) to see all of the great pictures from our October events.

As everyone is aware, the COVID-19, Flu and RSV season is upon us! We were pleased to be able to offer our residents the Influenza Vaccine on September 20th and the latest COVID-19 and RSV Vaccinations on October 26th! We have a good head start here at Warde at keeping our residents and associates healthy this upcoming winter season!! Please be sure you are staying as healthy as you can with the holidays quickly approaching.

Special Days/Events in November: Please refer to the November Life Enrichment Calendar!

As everyone knows, Thanksgiving is the main holiday for the month of November. Do you know the spiritual meaning of Thanksgiving? "Thanksgiving - confession, praise, and offering. When we give thanks in the truest sense of the biblical word, we offer God our praises and acknowledge to Him that He is the Giver of all good gifts." We, at WSL, have so many blessings to be thankful for. Take a moment and a deep breath to reflect on what you are thankful for this Thanksgiving season.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1
8:30 Daily Chronicle
10:00 Outing: Shopping
11:00 All Soul's Day
Mass - Chapel
1:30 Ice Cream Social - G

2
8:30 Daily Chronicle
10:00 Outing: Griffin Park
11:00 Rosary - Chapel
1:30 Let's Make a Deal- G

3
8:30 Daily Chronicle
10:00 TV Yoga- Foyer
11:00 Rosary - Chapel
12:00 National Sandwich
Day Lunch
1:30 Uno- Cafe

4
8:30 Daily Chronicle
10:15 Creative Crafts- 2
11:00 Rosary- Chapel
2:00 State Jackpot
Game- 2
4:00 Mass- Chapel

5
8:30 Daily Chronicle
10:15 Stories for
Seniors- 2
11:00 Rosary- Chapel
2:00 BINGO

6
8:30 Daily Chronicle
10:00 TV Yoga- Foyer
11:00 Rosary - Chapel
2:00 "What's News?" w/
Sr. Rosemary- G

7
8:30 Daily Chronicle
10:00 Hallway Bowling
11:00 Rosary - Chapel
2:00 Music with Bob- G

8
8:30 Daily Chronicle
10:00 Hot Cocoa Bar-
Foyer
11:00 Mass - Chapel
1:30 Movie on the Big
Screen: Micheal- G

9
8:30 Daily Chronicle
10:00 Outing:
Coffee & Ride
11:00 Rosary - Chapel
1:30 Tatooz & Booz
Party- Foyer

10
8:30 Daily Chronicle
10:00 Independent Strolls
11:00 Rosary - Chapel
11:30 Men's Lunch
2:00 Patriotic Social- 2

11
8:30 Daily Chronicle
10:15 Coloring & Chats- 2
11:00 Rosary - Chapel
2:00 BINGO - 2
4:00 Mass- Chapel

Veterans Day

12
8:30 Daily Chronicle
10:15 Chair Exercise - 2
11:00 Rosary- Chapel
2:00 Joyful Rhythm- G

Diwali (Hindi)

13
8:30 Daily Chronicle
10:00 TV Yoga- Foyer
11:00 Rosary - Chapel
2:00 "What's News?" w/
Sr. Rosemary- G

14
8:30 Daily Chronicle
10:00 Yoga w/ Sandy- G
11:00 Rosary - Chapel
1:30 Painting- G

15
8:30 Daily Chronicle
10:00 Outing: Shopping
11:00 Mass - Chapel
1:30 Crafts- Cafe

16
8:30 Daily Chronicle
11:15 Outing: Olive Garden
11:00 Rosary - Chapel
2:00 Music with Bill- G

17
8:30 Daily Chronicle
11:00 Rosary - Chapel
Homemade Bread Day-
Let's Make Bread All Day in
the Cafe!

18
8:30 Daily Chronicle
10:15 Drumming- 2
11:00 Rosary - Chapel
2:00 Movie Matinee- 2
4:00 Mass- Chapel

19
8:30 Daily Chronicle
10:15 Chair Exercises- 2
11:00 Rosary - Chapel
2:00 BINGO- 2

20
8:30 Daily Chronicle
10:00 TV Yoga- Foyer
11:00 Rosary - Chapel
2:00 Thanksgiving Prayer
Service

21
8:30 Daily Chronicle
10:00 Outing: Festival of
Trees in Methuen
11:00 Rosary - Chapel
1:30 Hangman & Happy
Hour- Foyer

22
8:30 Daily Chronicle
10:00 Hot Cocoa Bar-
Foyer
11:00 Mass - Chapel
1:30 Movie on the Big
Screen: Divine
Secret Yaya Sisterhood

23
8:30 Daily Chronicle
9:00- 12:00 Macy's Parade
on NBC
11:00 Rosary - Chapel
12:00 Holiday Feast
2:00 Thanksgiving
Social- 2

Thanksgiving Day (US)

24
8:30 Daily Chronicle
10:00 TV Yoga
11:00 Rosary - Chapel
2:00 Movie: Miracle on
34th Street- Foyer

25
8:30 Daily Chronicle
10:15 Coloring & Chats-2
11:00 Rosary - Chapel
2:00 Social Hour- 2
4:00 Mass- Chapel

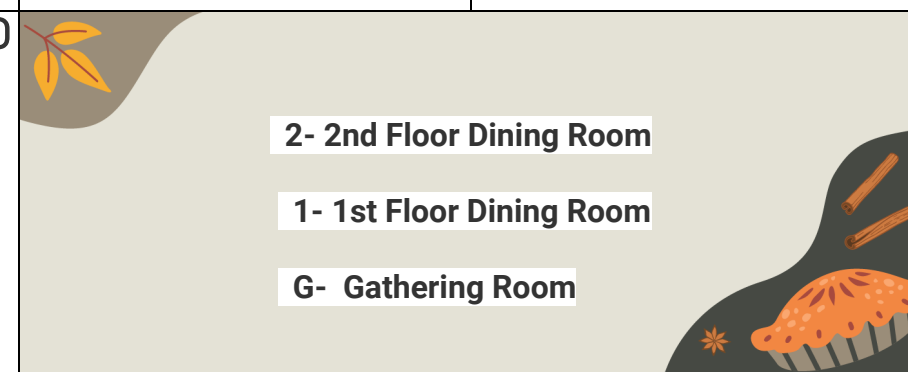
26
8:30 Daily Chronicle
10:15 Chair Exercises- 2
11:00 Rosary - Chapel
2:00 BINGO- 2

27
8:30 Daily Chronicle
10:00 TV Yoga- Foyer
11:00 Rosary - Chapel
2:00 Birthday Party
with Mark- G

28
8:30 Daily Chronicle
9:00-12:00 Christmas
Decorating
10:00 Yoga w/ Sandy- G
11:00 Rosary - Chapel
1:30 Painting- G

29
8:30 Daily Chronicle
10:00 Outing: Shopping
11:00 Mass - Chapel
1:30 Crafts- Cafe

30
8:30 Daily Chronicle
10:00 Outing: TBA
11:00 Rosary - Chapel
2:00 Card Games- Cafe



Activities subject to change, please see daily chronicle.