

November Greeting Continued:

We would also like to take a moment to thank our Veteran's for their service to our great country – America!! We honor military veterans, people who have served in the United States Armed Forces. We will be having a special Veteran's Luncheon for our Veteran residents this month. Please see the calendar for the date and time!

We wish everyone a Thanksgiving season that is filled with many family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Many Blessings,

Shari L. LaRoche, MS LNHA

Ladies' Choice

Sadie Hawkins Day on November 13 gets its origins from Al Capp's comic strip *L'il Abner*. In the comic strip, Sadie Hawkins was the daughter of Hekzebiah Hawkins, one of the founders of Dogpatch, the comic's fictional setting. Sadie was unlucky in love and was destined to become a spinster. On November 15, 1937, the comic depicted Hekzebiah declaring a "Sadie Hawkins Day," a day when all the eligible bachelors of Dogpatch would participate in a footrace against Sadie. Whichever man Sadie caught would have to marry her.

In November of 1938, Capp revived the storyline.

Soon, college campuses across the country began celebrating Sadie Hawkins Days of their own, with young women chasing men across campuses. Over the years, Sadie Hawkins Day has become a day of role reversals, where women ask men on dates, or at Sadie Hawkins Dances, girls ask boys to dance. While the unofficial holiday often falls on November 13, Capp himself used his last *L'il Abner* comic on November 5, 1977, to set November 26 as the "official" holiday.

November Birthdays

In astrology, those born from November 1–21 are Scorpio's intense scorpions. Scorpions seek deep connections and nurture deep empathy and commitment. Those born from November 22–30 are Archers of Sagittarius. The Archers have a unique blend of passion, curiosity, and adaptability. Bold travelers, they are unafraid to explore and conquer new terrain.

- Will Rogers (cowboy) – Nov. 4, 1879
- John Philip Sousa (conductor) – Nov. 6, 1854
- Bram Stoker (novelist) – Nov. 8, 1847
- Jonathan Winters (comedian) – Nov. 11, 1925
- Whoopi Goldberg (comedian) – Nov. 13, 1955
- Gloria Foster (actress) – Nov. 15, 1933
- RuPaul (drag queen) – Nov. 17, 1960
- Allyson Felix (athlete) – Nov. 18, 1985
- Robin Roberts (newscaster) – Nov. 23, 1960
- Joe DiMaggio (athlete) – Nov. 25, 1914
- Tina Turner (singer) – Nov. 26, 1939
- Chadwick Boseman (actor) – Nov. 29, 1976

Monster Success

On November 3, 1954, the film *Godzilla* premiered across Japan. *Godzilla* remains one of Japan's most enduring pieces of popular culture and has been identified by *Guinness World Records* as the longest-running film franchise in history. The film and its gargantuan monster symbolize something more sinister, however—a nation's collective terror over nuclear war. In early March of 1954, a Japanese fishing ship was contaminated with radioactive fallout from a nuclear test conducted by the Americans at Bikini Atoll. Soon, fears of nuclear contamination spread across Japan. The film's producer and director deliberately seized on that anxiety when they created a monster that embodied nuclear destruction. Skeptical critics thought the film would be a flop, but time has shown that *Godzilla* has conquered even those critics.



Newsletter

Warde Senior Living | 21 Searles RD Windham, NH 03087 | 603.890.1290



Celebrating November

American Indian Heritage Month

International Games Month

Adopt-a-Turkey Month

Día de los Muertos
November 1

Nachos Day
November 6

World Freedom Day
November 9

Veterans Day (U.S.)
November 11

Diwali
November 12

Rock Your Mocs Day
November 15

International Men's Day
November 19

Thanksgiving (U.S.)
November 23

Square Dancing Day
November 29



November Greetings to all of our Families & Friends:



I hope this newsletter finds you all happy & healthy.

Welcome November. A month of celebrating our Veteran's, day light savings time and the Thanksgiving Holiday!! The trees have lost their leaves, the days and nights are colder, and everything from blessings to turkey to pumpkin pie are now the theme for the month of November!

We had lots of fun events in the month of October. We were blessed with the warm weather and the changing leaves that led to beautiful colors this fall season. Our residents enjoyed the great outdoor events that were offered in the month of October, especially the Scarecrow Tour in Chester, NH. Be sure to check out our Facebook page (Warde Senior Living) to see all of the great pictures from our October events.

As everyone is aware, the COVID-19, Flu and RSV season is upon us! We were pleased to be able to offer our residents the Influenza Vaccine on September 20th and the latest COVID-19 and RSV Vaccinations on October 26th! We have a good head start here at Warde at keeping our residents and associates healthy this upcoming winter season!! Please be sure you are staying as healthy as you can with the holidays quickly approaching.

Special Days/Events in November: Please refer to the November Life Enrichment Calendar!

As everyone knows, Thanksgiving is the main holiday for the month of November. Do you know the spiritual meaning of Thanksgiving? "Thanksgiving - confession, praise, and offering. When we give thanks in the truest sense of the biblical word, we offer God our praises and acknowledge to Him that He is the Giver of all good gifts." We, at WSL, have so many blessings to be thankful for. Take a moment and a deep breath to reflect on what you are thankful for this Thanksgiving season.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

							1	2	3	4
			9:00 Room Visits 10:15 Ball Toss 11:00 Mass - All Souls Day - Chapel 2:00 Ice Cream Social - Gathering Room 4:00 One-to-One Visits 6:15 BINGO	9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 2:00 Magazine Hour - Cut and Collage - Thanksgiving	9:00 Room Visits 10:15 Balloon Volleyball 11:00 Rosary- Chapel 2:00 Peanut Butter Lovers' Month - Baking In A Bag	9:00 Room Visits 10:15 Creative Crafts 11:00 Rosary - Chapel 2:00 State Jackpot Game 4:00 Mass - Chapel				
9:00 Room Visits 10:15 Stories for Seniors 11:00 Rosary - Chapel 2:00 BINGO	9:00 Room Visits 10:15 Coffee Social 11:00 Rosary - Chapel 2:00 Manicures, Massages, and Musicals	9:00 Room Visits 10:15 Ring Toss 11:00 Rosary - Chapel 2:00 Music with Bob - Gathering Room	9:00 Room Visits 10:15 Balloon Tennis 11:00 Mass - Chapel 2:00 Ring Toss 4:00 One-to-One Visits 6:15 BINGO	9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 2:00 Celebrate Games and Puzzles Month	9:00 Room Visits 10:15 Balloon Volleyball 11:00 Rosary - Chapel 11:30 Men's Lunch 2:00 Patriotic Social 3:00 America the Beautiful - Video Concert	9:00 Room Visits 10:15 Coloring and Chats 11:00 Rosary - Chapel 2:00 BINGO 4:00 Mass - Chapel Veterans Day				
9:00 Room Visits 10:15 Chair Exercise 11:00 Rosary - Chapel 2:00 Joyful Rhythm - Gathering Room	9:00 Room Visits 10:15 Turkey Bowling 11:00 Rosary - Chapel 2:00 Scrapbooking	9:00 Room Visits 10:15 Sensory Group 11:00 Rosary - Chapel 2:00 Outing - Scenic Bus Ride 2:00 Classic New England - Video	9:00 Room Visits 10:15 Ball Toss 11:00 Mass - Chapel 2:00 Creative Crafts 4:00 One-to-One Visits 6:15 BINGO	9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 2:00 Music with Bill - Gathering Room	9:00 Room Visits 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Resident Council 3:00 Lawrence Welk - Thanksgiving Show - Video	9:00 Room Visits 10:15 Drumming 11:00 Rosary - Chapel 2:00 Movie Matinee 4:00 Mass - Chapel				
9:00 Room Visits 10:15 Chair Exercise 11:00 Rosary - Chapel 2:00 BINGO	9:00 Room Visits 10:15 Coffee Social 11:00 Rosary - Chapel 2:00 Thanksgiving Prayer Service - Chapel	9:00 Room Visits 10:15 Current Events 11:00 Rosary - Chapel 2:00 Classic Radio Show	9:00 Room Visits 10:15 Target Practice 11:00 Mass - Chapel 2:00 Turkey Races 4:00 One-to-One Visits 6:15 BINGO	9:00 Room Visits 10:15 Thanksgiving Day Parade and Social 11:00 Rosary - Chapel 12:00 Holiday Feast 2:00 Thanksgiving Social- 2 Thanksgiving Day (US)	9:00 Room Visits 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Holiday Movie Matinee "Miracle On 34th Street"	9:00 Room Visits 10:15 Coloring and Chats 11:00 Rosary - Chapel 2:00 Social Hour 4:00 Mass- Chapel				
9:00 Room Visits 10:15 Chair Exercise 11:00 Rosary - Chapel 2:00 BINGO	9:00 Room Visits 10:15 Bowling 11:00 Rosary - Chapel 2:00 Birthday Party with Mark - Gathering Room	9:00 Room Visits 10:15 Making Bird Feeders 11:00 Rosary - Chapel 2:00 Bird BINGO 3:00 World of Birds - Video	9:00 Room Visits 10:15 Balloon Games 11:00 Mass - Chapel 2:00 Trivia and Trim the Tree 4:00 One-to-One Visits 6:15 BINGO	9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 2:00 Deck the Halls for December						

Activities subject to change; see daily chronicle.