

### April Greeting Continued:

As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Spring Blessings,  
*Shari L. LaRoche, MS LNHA*  
*Administrator*

### Honesty & Deception

You may find that April 4 goes against your moral code, for it's Tell a Lie Day. Many ethical people live by the credo "Always tell the truth." But do we? Researchers have discovered that most people tell occasional lies for several reasons. Sometimes we lie to gain other people's respect or to cover up for making mistakes. The good news is that most people lie to spare someone else's feelings from being hurt. If people choose to always be honest regardless of the consequences, that honesty could lead to injury or harm. Compassion may sometimes override honesty.

Lucky, then, that April 30 is Honesty Day. Honesty can certainly hurt sometimes, but it also takes courage and maturity to be honest in difficult situations. Furthermore, staying honest attracts other honest people to you. When you are surrounded by the truth, you can be your authentic self. The freedom that comes with honesty is worth celebrating!

### Happy 100th Birthday Maria!



### Major League Debut

On April 15, 1947, Jackie Robinson played his first major league baseball game with the Brooklyn Dodgers against the Boston Braves in front of a crowd of 25,000 spectators at Ebbets Field in Brooklyn. This marked the first moment that an African American athlete played a sport in any of the major leagues.



Robinson did not get a hit that day, but he was awarded the first ever Rookie of the Year title that year. In 1949, he was named the National League's Most Valuable Player. The next year, he became the Dodgers' highest paid player with a salary of \$35,000. In 1955, Robinson led the Dodgers to a World Series victory over the New York Yankees. A perennial All-Star and Hall of Famer, Robinson's number 42 was retired by all of baseball on April 15, 1997.

# Newsletter

Warde Senior Living | 21 Searles RD Windham, NH 03087 | 603.890.1290



### Celebrating April

**Lawn and Garden Month**

**Humor Month**

**Welding Month**

**Laugh at Work Week**

*April 1-7*

**National Volunteer Week**

*April 21-27*

**Peanut Butter & Jelly Day**

*April 2*

**World Rat Day**

*April 4*

**Teflon Day**

*April 6*

**National Gardening Day**

*April 14*

**Take a Wild Guess Day**

*April 15*

**Earth Day**

*April 22*

**Talk Like Shakespeare Day**

*April 23*

**International Jazz Day**

*April 30*



### April Greetings to all our Families & Friends:

I hope this newsletter finds you all happy and healthy. Spring in the air, warmer weather is coming! We are looking forward to our Spring days ahead.

We celebrated many special events in the month of March. I hope that you were able to see all of them on our Facebook page! We celebrated LTC Administrator Week, Social Service Month, and Dietician Day. We also had many St. Patrick's Day & Easter celebrations! There was fun had by all throughout the month of March!!

We were fortunate to celebrate one of our Assisted Living residents 100th Birthday. Maria V. turned 100 years young on Friday, March 22, 2024.

Special Days in April: Please refer to the April Life Enrichment Calendar with all of the special events planned.

**Monday, April 1st** April Fool's Day- April Fools' Day or All Fools' Day is an annual custom on 1 April consisting of practical jokes and hoaxes. Jokesters often expose their actions by shouting "April Fools!" at the recipient.

**Monday, April 22nd** Earth Day - "Try to leave the Earth a better place than it was when you arrived." -- Sidney Sheldon

**Wednesday, April 24th** Administrative Professionals Day

COVID-19 Vaccination: On February 28, 2024, the CDC issued a press release, officially endorsing the Advisory Committee on Immunization Practices' new recommendation for COVID-19 vaccination in older adults. All people ages 65 years and older should receive 1 additional dose of any updated (2023-2024 Formula) COVID-19 vaccine (i.e. Moderna, Novavax, Pfizer-BioNTech) at least 4 months following their previous dose. Warde Senior Living is currently working with Shaw's/Osco Drug in scheduling another COVID-19 vaccine clinic for our residents and families. Please stay tuned for more information.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Key-</b>            2- 2nd Floor Dining Room            1- 1st Floor Dining Room            G- Gathering Room            IL- Independent Living</p> 	<p>1            8:30 Daily Chronicle            10:00 TV Yoga- Foyer            11:00 Rosary - Chapel            2:00 "What's News w/ Sr. Rosemary"- G</p> <p>All Fools' Day</p>	<p>2            8:30 Daily Chronicle            10:00 Exercise- Foyer            11:00 Rosary - Chapel            2:00 Music with Bill- G</p>	<p>3            8:30 Daily Chronicle            10:00 Sr. Dorothy's Wake            11:00 Funeral Service            2:00 Movie Matinee- Foyer</p>	<p>4            8:30 Daily Chronicle            10:00 Yoga- G            11:00 Rosary - Chapel            2:00 Outing: Dollar Store</p>	<p>5            8:30 Daily Chronicle            10:00 TV Yoga- G            11:00 Rosary - Chapel            2:00 National Volunteer Month - Making Gifts For Our Volunteers- 2</p>	<p>6            8:30 Daily Chronicle            10:15 Chair Yoga- 2            11:00 Rosary- Chapel            2:00 Creative Crafts- 2            4:00 Mass- Chapel</p>
<p>7            8:30 Daily Chronicle            10:15 Horse Races- 2            11:00 Rosary - Chapel            2:00 BINGO- 2</p>	<p>8            8:30 Daily Chronicle            10:00 TV Yoga- Foyer            11:00 Rosary - Chapel            2:00 "What's News w/ Sr. Rosemary"- G</p>	<p>9            8:30 Daily Chronicle            10:00 Manicures- Cafe            11:00 Rosary - Chapel            1:00 Happy Hearts Club</p>	<p>10            8:30 Daily Chronicle            9:30 Outing: Shopping            11:00 Mass - Chapel            1:30 Painting- Cafe</p>	<p>11            8:30 Daily Chronicle            10:00 Coffee &amp; Chats- Foyer            11:00 Rosary - Chapel            2:00 Outing: Griffin Park</p>	<p>12            8:30 Daily Chronicle            10:00 TV Yoga- Foyer            11:00 Rosary - Chapel            2:00 Movie: Wonka</p>	<p>13            8:30 Daily Chronicle            10:15 Coloring &amp; Chats- 2            11:00 Rosary - Chapel            2:00 Social Hour- 2            4:00 Mass- Chapel</p>
<p>14            8:30 Daily Chronicle            10:15 Chair Exercises- 2            11:00 Rosary - Chapel            2:00 BINGO-2</p>	<p>15            8:30 Daily Chronicle            10:00 TV Yoga- Foyer            11:00 Rosary - Chapel            2:00 Music w/ Nancy- 2</p>	<p>16            8:30 Daily Chronicle            10:00 Outing: Dunkin's            11:00 Rosary - Chapel            2:00 Drum Circle with Sing Like a Bird- G            4:00 Kids in Service</p>	<p>17            8:30 Daily Chronicle            10:00 Spirit Week Crafts- Cafe            11:00 Mass - Chapel            1:30 Cards- Cafe</p>	<p>18            8:30 Daily Chronicle            10:00 Yoga- G            11:00 Rosary - Chapel            2:00 Music with Bob- G</p>	<p>19            8:30 Daily Chronicle            10:00 Walking Club            11:00 Rosary - Chapel            12:00 Lunch &amp; Movie- G</p>	<p>20            8:30 Daily Chronicle            10:15 Musical Instruments- 2            11:00 Rosary- Chapel            2:00 Movie Matinee- 2            4:00 Mass- Chapel</p>
<p>21            8:30 Daily Chronicle            10:15 Tea Party- 2            11:00 Rosary - Chapel            2:00 BINGO- 2</p>	<p>22            8:30 Daily Chronicle            10:00 TV Yoga- Foyer            11:00 Rosary - Chapel            2:00 "What's News w/ Sr. Rosemary"- G</p> <p>Passover Begins Earth Day</p>	<p>23            8:30 Daily Chronicle            10:00 Walking Club            11:00 Rosary - Chapel            1:00 Happy Hearts Club            2:00 Celebrate Our Volunteers! w/ Guitarist George Parker- G</p>	<p>24            8:30 Daily Chronicle            9:30 Outing: Shopping            11:00 Mass - Chapel            1:30 Soda Floats- Deck</p>	<p>25            8:30 Daily Chronicle            11:00 Rosary - Chapel            11:15 Lunch Outing            1:30 Golf Cart Rides</p>	<p>26            8:30 Daily Chronicle            10:00 TV Yoga- Foyer            11:00 Rosary - Chapel            2:00 Movie: a Tree Grows in Brooklyn- Foyer</p> <p>Arbor Day</p>	<p>27            8:30 Daily Chronicle            10:15 Coloring &amp; Chats- 2            11:00 Rosary - Chapel            2:00 Social Hour- 2            4:00 Mass- Chapel</p>
<p>28            8:30 Daily Chronicle            10:15 Chair Exercises- 2            11:00 Rosary - Chapel            2:00 BINGO- 2</p>	<p>29            8:30 Daily Chronicle            10:00 TV Yoga- Foyer            11:00 Rosary - Chapel            2:00 "What's News w/ Sr. Rosemary"- G</p>	<p>30            8:30 Daily Chronicle            10:00 Spirit Week Crafts- Cafe            11:00 Rosary - Chapel            2:00 Bingo- IL</p>				

Activities subject to change, please see daily chronicle.