As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Spring Blessings,
Shari L. LaRoche, MS LNHA
Administrator

Honesty & Deception

You may find that April 4 goes against your moral code, for it's Tell a Lie Day. Many ethical people live by the credo "Always tell the truth." But do we? Researchers have discovered that most people tell occasional lies for several reasons. Sometimes we lie to gain other people's respect or to cover up for making mistakes. The good news is that most people lie to spare someone else's feelings from being hurt. If people choose to always be honest regardless of the consequences, that honesty could lead to injury or harm. Compassion may sometimes override honesty.

Lucky, then, that April 30 is Honesty Day. Honesty can certainly hurt sometimes, but it also takes courage and maturity to be honest in difficult situations. Furthermore, staying honest attracts other honest people to you. When you are surrounded by the truth, you can be your authentic self. The freedom that comes with honesty is worth celebrating!

Happy 100th Birthday Maria!



Major League Debut

On April 15, 1947, Jackie Robinson played his first major league baseball game with the Brooklyn Dodgers against the Boston Braves in front of a crowd of 25,000 spectators at Ebbets Field in Brooklyn. This marked the first



moment that an African American athlete played a sport in any of the major leagues.

Robinson did not get a hit that day, but he was awarded the first ever Rookie of the Year title that year. In 1949, he was named the National League's Most Valuable Player. The next year, he became the Dodgers' highest paid player with a salary of \$35,000. In 1955, Robinson led the Dodgers to a World Series victory over the New York Yankees. A perennial All-Star and Hall of Famer, Robinson's number 42 was retired by all of baseball on April 15, 1997.

APRIL 2024

Newsletter

Warde Senior Living | 21 Searles RD Windham, NH 03087 | 603.890.1290

Celebrating April

Lawn and Garden Month

Humor Month

Welding Month

Laugh at Work Week

April 1–7

National Volunteer Week

April 21–27

Peanut Butter & Jelly Day

April 2

World Rat Day

April 4

Teflon Day

April 6

National Gardening Day

April 14

Take a Wild Guess Day

April 15

Earth Day

April 22

Talk Like Shakespeare Day

April 23

International Jazz Day

April 30



April Greetings to all our Families & Friends:

I hope this newsletter finds you all happy and healthy. Spring in the air, warmer weather is coming! We are looking forward to our Spring days ahead.

We celebrated many special events in the month of March. I hope that you were able to see all of them on our Facebook page! We celebrated LTC Administrator Week, Social Service Month, and Dietician Day. We also had many St. Patrick's Day & Easter celebrations! There was fun had by all throughout the month of March!!

We were fortunate to celebrate one of our Assisted Living residents 100th Birthday. Maria V. turned 100 years young on Friday, March 22, 2024.

Special Days in April: Please refer to the April Life Enrichment Calendar with all of the special events planned.

Monday, April 1st April Fool's Day- April Fools' Day or All Fools'

Day is an annual custom on 1 April consisting of practical jokes and hoaxes. Jokesters often expose their actions by shouting "April Fools!" at the recipient.

Monday, April 22nd Earth Day - "Try to leave the Earth a better

place than it was when you arrived." --

Sidney Sheldon

Wednesday, April 24th Administrative Professionals Day

COVID-19 Vaccination: On February 28, 2024, the CDC issued a press release, officially endorsing the Advisory Committee on Immunization Practices' new recommendation for COVID-19 vaccination in older adults. All people ages 65 years and older should receive 1 additional dose of any updated (2023-2024 Formula) COVID-19 vaccine (i.e. Moderna, Novavax, Pfizer-BioNTech) at least 4 months following their previous dose. Warde Senior Living is currently working with Shaw's/Osco Drug in scheduling another COVID-19 vaccine clinic for our residents and families. Please stay tuned for more information.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Room Visits 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Scrapbooking	9:00 Room Visits 10:15 April Sensory Group 11:00 Rosary - Chapel 2:00 Music with Bill - Gathering Room	9:00 Room Visits 10:15 Ring Toss 11:00 Mass - Chapel 1:30 - 6:00 Volunteer Visits 2:00 How's It Made? 6:00 BINGO	9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 2:00 Baking In A Bag - Angel Food Cake	9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary- Chapel 2:00 National Volunteer Month - Making Gifts For Our Volunteers	9:00 Room Visits 10:15 Chair Yoga 11:00 Rosary - Chapel 2:00 Creative Crafts 4:00 Mass - Chapel
9:00 Room Visits 10:15 Horse Races 11:00 Rosary - Chapel 2:00 BINGO	9:00 Room Visits 10:15 Coffee Social 11:00 Rosary - Chapel 2:00 Manicures and Musicals - "Singing In The Rain" 6:00 Arm Chair Travel	9:00 Room Visits 10:15 Table Ball 11:00 Rosary - Chapel 2:00 Color By Number	9:00 Room Visits 10:15 Balloon Tennis 11:00 Mass - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Creative Crafts 6:00 BINGO	9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 2:00 National Pet Day - Baking In A Bag - Dog Biscuits 4:15 - 5:15 Spiritual 1:1 Visits	9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Fried Dough Friday and Movie - "State Fair"	9:00 Room Visits 10:15 Coloring and Chats 11:00 Rosary - Chapel 2:00 Social Hour 4:00 Mass - Chapel
9:00 Room Visits 10:15 Chair Exercises 11:00 Rosary - Chapel 2:00 BINGO	9:00 Room Visits 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Music with Nancy 6:00 Arm Chair Travel	9:00 Room Visits 16 10:15 Ball Toss 11:00 Rosary - Chapel 2:00 Drum Circle with Sing Like A Bird - Gathering Room 4:00 Spring Party with Kids In Service - Gathering Room	9:00 Room Visits 10:15 Gardening Reminisce 11:00 Mass - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Celebrate National Frog Month 6:00 BINGO	9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 2:00 Music with Bob - NH Tunes - Gathering Room	9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Resident Council	9:00 Room Visits 10:15 Musical Instruments 11:00 Rosary - Chapel 2:00 Movie Matinee 4:00 Mass - Chapel
9:00 Room Visits 10:15 National Tea Day - Tea Party 11:00 Rosary - Chapel 2:00 BINGO	9:00 Room Visits 10:15 Coffee Social 11:00 Rosary - Chapel 2:00 Manicures and Musicals - "The Gangs All Here" 6:00 Arm Chair Travel Passover Begins Earth Day	9:00 Room Visits 10:15 Bean Bag Toss 11:00 Rosary - Chapel 2:00 Volunteer Celebration with George Parker - Gathering Room	9:00 Room Visits 10:15 LRC Dice Game 11:00 Mass - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Magazine Hour 6:00 BINGO	9:00 Room Visits 10:00 Pet Visits with Winnie and Ellie 11:00 Rosary - Chapel 2:00 Soccer	9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 National Pretzel Day 3:00 The Carol Burnett Show - Video	9:00 Room Visits 10:15 Coloring and Chats 11:00 Rosary - Chapel 2:00 Social Hour 4:00 Mass- Chapel
9:00 Room Visits 10:15 Chair Exercises 11:00 Rosary - Chapel 2:00 BINGO	9:00 Room Visits 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Celebrate National Kite Month 6:00 Arm Chair Travel	9:00 Room Visits 10:15 Table Ball 11:00 Rosary - Chapel		APRI Warde Rehabilita	L 2024 stion and Nursing	