

August Greeting Continued:

We wish everyone a summer that is filled with sunshine, warmth and family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Thoughts of Sunshine,

Shari L. LaRoche, MS LNHA

Angel for a Day

The clouds may part and a radiant light shine down on someone you know on August 22, Be an Angel Day. The word angel comes from the Greek word anglos, which means “messenger.” Many people believe that angels do exist, acting as messengers of God, and the Catholic Church has documented over 490,000 specific angels of nine different types: seraphim, cherubim, thrones, dominions, virtues, powers, principalities, archangels, and angels. Angels also figure prominently in Judaism and Islam.

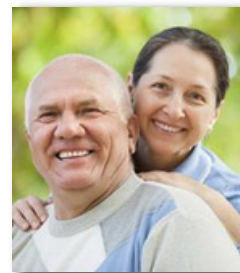
How can we emulate angels here on terra firma? Perhaps we, too, can be messengers of truth, justice, and love. Another way is to be a guardian angel, a selfless defender of those who cannot defend themselves, a guide and protector of those who have lost their way. A more modern twist is to become an angel investor. These investors offer money or capital for a promising business venture. While it may be impossible to embody the characteristics of a heavenly angel, Be an Angel Day can still inspire us to be better people.

Leave a Review

At Warde Senior Living, your feedback is important. Please take a moment to scan the QR code below to review your experience on Google. Thank you!



The Golden Age



August 21 is Senior Citizens Day, a day to recognize the importance of seniors and support them in their endeavors as they age. August 14 marks another significant day for older generations—Social Security

Day, a day honoring FDR’s signing of the Social Security Act into law in 1935. We should honor our seniors all year long, not just in August, but what makes this demographic so special? For one, there are a lot of them—over 62 million in America, or about 18 percent of the population. And research shows that seniors are more satisfied than the young. Perhaps it comes from a confidence born of living through the Great Depression and WWII. It may be that seniors finally have time to focus on enjoying the present rather than worry about the future. This might be the most valuable lesson we can learn from our senior friends!

Newsletter

Warde Senior Living | 21 Searles RD Windham, NH 03087 | 603.890.1290



Celebrating August

Goat Cheese Month
Traffic Awareness Month
What Will Be Your Legacy Month

Farmers Market Week
August 4–10

National Championship Chuckwagon Race
August 24–September 1

Professional Speakers Day
August 7

Bowling Day
August 10

World Honey Bee Day
August 17

Mail Order Catalog Day
August 18

Kiss and Make Up Day
August 25

Pony Express Day
August 25

Eat Outside Day
August 31

August Greetings to all of our Families & Friends:

I hope this newsletter finds you all happy & healthy.

We celebrated special events in the month of July. The events that we had celebrated were National Camping Day and Christmas in July!! We had a great camp out in our gathering room area for all of our residents. We made and served hot dogs, hamburgers, s’mores and sang camp fire songs around the camp fire and played many games. We also celebrated Christmas in July both for our long-term care residents and our Assisted Living residents. Can you believe that Santa Clause came all of the way down from the North Pole to Warde Senior Living in July, in 90-degree temperatures? Our residents enjoyed a Christmas games, songs and cookies with frozen hot chocolate. Thank you to our wonderful Life Enrichment Associates for planning and executing these great events for our residents and associates.

Be sure to check out our Facebook page (Warde Senior Living) to see all of the great pictures from these fantastic events. Our residents and Santa had so much fun participating in these events!

Special Days/Events in August: Please refer to the August Life Enrichment Calendar!

July 3rd – August 11th, 2024 (40 days) are known as the “Dog Days of Summer”. The meaning behind this saying is known to be because in ancient Greece and Rome, the Dog Days were believed to be a time of drought, bad luck, and unrest, when dogs and men alike would be driven mad by the extreme heat! Today, the phrase doesn’t conjure up such bad imagery. Instead, the Dog Days are associated purely with the time of summer’s peak temperatures and humidity. This period of sweltering weather coincides with the year’s heliacal (meaning “at sunrise”) rising of Sirius, the Dog Star. Sirius is part of the constellation Canis Majoris—the “Greater Dog”—which is where Sirius gets its canine nickname, as well as its official name, Alpha Canis Majoris. Not including our own Sun, Sirius is the brightest star in the sky.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>4</p> <p>8:30 Daily Chronicle 10:15 Exercise - 2 11:00 Rosary - Chapel 2:00 BINGO- 2</p>	<p>5</p> <p>8:30 Daily Chronicle 10:15 Move and Groove - 2 11:00 Rosary - Chapel 2:00 "What's News w/ Sr. Rosemary"- G</p>	<p>6</p> <p>8:30 Daily Chronicle 10:00 Wii Bowling -Cafe 11:00 Rosary - Chapel 1:30 Manicures -Cafe</p>	<p>7</p> <p>8:30 Daily Chronicle 11:00 Mass- Chapel 12.00 National Baked Potato Day: Potato Bar -G 2:00 Kids in Service- G 6:15 BINGO- 2</p>	<p>1</p> <p>8:30 Daily Chronicle 9:30 Coastal Road Trip to Celebrate Lighthouse Day on 7th 11:00 Rosary- Chapel</p>	<p>2</p> <p>8:30 Daily Chronicle 10:15 Balloon Volleyball-2 11:00 Rosary - Chapel 2:00 Ice Cream Sandwiches- Deck</p>	<p>3</p> <p>8:30 Daily Chronicle 10:15 Color and Chat -2 11:00 Rosary- Chapel 2:00 Traveling Cart 4:00 Mass- Chapel</p>
<p>11</p> <p>8:30 Daily Chronicle 10:15 Sip and Color - 2 11:00 Rosary - Chapel 2:00 BINGO- 2</p>	<p>12</p> <p>8:30 Daily Chronicle 10:00 Chair Yoga- Foyer 11:00 Rosary - Chapel 2:00 Birthday Party with Mark- G</p>	<p>13</p> <p>8:30 Daily Chronicle 9:30 Shopping 11:00 Rosary - Chapel 1:30 Melon Day with Don Ho - Foyer</p>	<p>14</p> <p>8:30 Daily Chronicle 10:00 Hallway Bowling 11:00 Mass- Chapel 1:30 Wiffleball Game with Creamsicles - G 6:15 BINGO- 2</p>	<p>15</p> <p>8:30 Daily Chronicle 9:30 Lakes Region Road Trip 10:00 Yoga with Sandy- G 11:00 Rosary- Chapel</p>	<p>16</p> <p>8:30 Daily Chronicle 10:15 Balloon Volleyball- 2 11:00 Rosary - Chapel 1:30 Fritz Weatherbee All About NH: Foyer</p>	<p>17</p> <p>8:30 Daily Chronicle 10:15 Color and Chat-2 11:00 Rosary- Chapel 2:00 Traveling Cart 4:00 Mass- Chapel</p>
<p>18</p> <p>8:30 Daily Chronicle 10:15 Exercise - 2 11:00 Rosary - Chapel 2:00 BINGO- 2</p>	<p>19</p> <p>8:30 Daily Chronicle 10:15 Move and Groove - 2 11:00 Rosary - Chapel 2:00 "What's News w/ Sr. Rosemary"- G</p>	<p>20</p> <p>8:30 Daily Chronicle 10:00 Shopping 11:00 Rosary - Chapel 1:30 Arm Chair Travel: NH Lake Regions Drink & Popcorn Foyer</p>	<p>21</p> <p>SENIOR CITIZEN DAY♥ 8:00 Pancake Breakfast- G 11:00 Mass- Chapel 12:00 Special Lunch 1:30 Jessie's Baking Corner - Foyer 6:15 BINGO - 2</p>	<p>22</p> <p>8:30 Daily Chronicle 10:00 Color and Chat -2 11:00 Rosary - Chapel 2:00 NH Audubon Program: Birds All Around Us- G</p>	<p>23</p> <p>8:30 Daily Chronicle 11:00 Rosary 12:00 Lunch and Movie MY GIRL Meatball Subs & Chips- G</p>	<p>24</p> <p>8:30 Daily Chronicle 10:15 Noodle Hockey - 2 11:00 Rosary - Chapel 2:00 Movie Matinee - 2 4:00 Mass- Chapel</p>
<p>25</p> <p>8:30 Daily Chronicle 10:15 Musical Instruments- 2 11:00 Rosary - Chapel 2:00 BINGO- 2</p>	<p>26</p> <p>8:30 Daily Chronicle 10:00 Chair Yoga- Foyer 11:00 Rosary - Chapel 2:00 "What's News w/ Sr. Rosemary"- G</p>	<p>27</p> <p>8:30 Daily Chronicle 10:00 Wii Bowling-Cafe 11:00 Rosary - Chapel 1:30 Manicures - Cafe</p>	<p>28</p> <p>8:30 Daily Chronicle 11:00 Chinese Lunch Outing 11:00 Mass- Chapel 2:00 Card Game - Cafe 6:15 BINGO- 2</p>	<p>29</p> <p>8:30 Daily Chronicle 10:00 Yoga with Sandy- G 11:00 Rosary- Chapel 1:30 Crafts -Cafe</p>	<p>30</p> <p>8:30 Daily Chronicle 10:15 Balloon Volleyball -2 11:00 Rosary - Chapel 1:30 Celebrate National Beach Day - 2</p>	<p>31</p> <p>8:30 Daily Chronicle 10:15 Color and Chat 11:00 Rosary- Chapel 2:00 Traveling Cart 4:00 Mass- Chapel</p>

Activities are subject to change. Please see Daily Chronicle.