

August Greeting Continued:

We wish everyone a summer that is filled with sunshine, warmth and family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Thoughts of Sunshine,

Shari L. LaRoche, MS LNHA

Angel for a Day

The clouds may part and a radiant light shine down on someone you know on August 22, Be an Angel Day. The word angel comes from the Greek word anglos, which means "messenger." Many people believe that angels do exist, acting as messengers of God, and the Catholic Church has documented over 490,000 specific angels of nine different types: seraphim, cherubim, thrones, dominions, virtues, powers, principalities, archangels, and angels. Angels also figure prominently in Judaism and Islam.

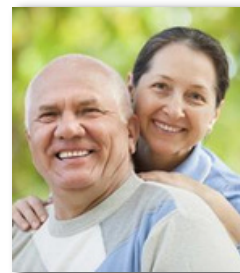
How can we emulate angels here on terra firma? Perhaps we, too, can be messengers of truth, justice, and love. Another way is to be a guardian angel, a selfless defender of those who cannot defend themselves, a guide and protector of those who have lost their way. A more modern twist is to become an angel investor. These investors offer money or capital for a promising business venture. While it may be impossible to embody the characteristics of a heavenly angel, Be an Angel Day can still inspire us to be better people.

Leave a Review

At Warde Senior Living, your feedback is important. Please take a moment to scan the QR code below to review your experience on Google. Thank you!



The Golden Age



August 21 is Senior Citizens Day, a day to recognize the importance of seniors and support them in their endeavors as they age. August 14 marks another significant day for older generations—Social Security

Day, a day honoring FDR's signing of the Social Security Act into law in 1935. We should honor our seniors all year long, not just in August, but what makes this demographic so special? For one, there are a lot of them—over 62 million in America, or about 18 percent of the population. And research shows that seniors are more satisfied than the young. Perhaps it comes from a confidence born of living through the Great Depression and WWII. It may be that seniors finally have time to focus on enjoying the present rather than worry about the future. This might be the most valuable lesson we can learn from our senior friends!

Newsletter

Warde Senior Living | 21 Searles RD Windham, NH 03087 | 603.890.1290



Celebrating August

Goat Cheese Month
Traffic Awareness Month
What Will Be Your Legacy Month

Farmers Market Week
August 4–10

National Championship Chuckwagon Race
August 24–September 1

Professional Speakers Day
August 7

Bowling Day
August 10

World Honey Bee Day
August 17

Mail Order Catalog Day
August 18

Kiss and Make Up Day
August 25

Pony Express Day
August 25

Eat Outside Day
August 31

August Greetings to all of our Families & Friends:

I hope this newsletter finds you all happy & healthy.

We celebrated special events in the month of July. The events that we had celebrated were National Camping Day and Christmas in July!! We had a great camp out in our gathering room area for all of our residents. We made and served hot dogs, hamburgers, s'mores and sang camp fire songs around the camp fire and played many games. We also celebrated Christmas in July both for our long-term care residents and our Assisted Living residents. Can you believe that Santa Clause came all of the way down from the North Pole to Warde Senior Living in July, in 90-degree temperatures? Our residents enjoyed a Christmas games, songs and cookies with frozen hot chocolate. Thank you to our wonderful Life Enrichment Associates for planning and executing these great events for our residents and associates.

Be sure to check out our Facebook page (Warde Senior Living) to see all of the great pictures from these fantastic events. Our residents and Santa had so much fun participating in these events!

Special Days/Events in August: Please refer to the August Life Enrichment Calendar!

July 3rd – August 11th, 2024 (40 days) are known as the "Dog Days of Summer". The meaning behind this saying is known to be because in ancient Greece and Rome, the Dog Days were believed to be a time of drought, bad luck, and unrest, when dogs and men alike would be driven mad by the extreme heat! Today, the phrase doesn't conjure up such bad imagery. Instead, the Dog Days are associated purely with the time of summer's peak temperatures and humidity. This period of sweltering weather coincides with the year's heliacal (meaning "at sunrise") rising of Sirius, the Dog Star. Sirius is part of the constellation Canis Majoris—the "Greater Dog"—which is where Sirius gets its canine nickname, as well as its official name, Alpha Canis Majoris. Not including our own Sun, Sirius is the brightest star in the sky.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>4</p> <p>9:00 Room Visits 10:15 Exercise 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>5</p> <p>9:00 Room Visits 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Scrapbooking 3:30 One to One Visits 6:15 Evening Activity</p>	<p>6</p> <p>9:00 Room Visits 10:15 Ring Toss 11:00 Rosary - Chapel 2:00 Learn About Lighthouses 3:30 "Beautiful Lighthouses in the World" - Video</p>	<p>7</p> <p>9:00 Room Visits 10:15 LRC Dice Game 11:00 Mass - Chapel 2:00 Sing Along with Kids In Service - Gathering Room 3:30 Outdoor Visits 6:15 BINGO</p>	<p>8</p> <p>9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Outing - Ice Cream Ride 3:30 Table Games 6:15 Evening Activity</p>	<p>9</p> <p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Happy Peach Month - Baking</p>	<p>10</p> <p>9:00 Room Visits 10:15 Creative Crafts 11:00 Rosary - Chapel 2:00 Manicures and Movie - "My Six Loves" 4:00 Mass - Chapel</p>
<p>11</p> <p>9:00 Room Visits 10:15 Sip and Color 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>12</p> <p>9:00 Room Visits 10:15 Coffee Social 11:00 Rosary - Chapel 2:00 Birthday Party with Mark - Gathering Room 3:30 One to One Visits 6:15 Evening Activity</p>	<p>13</p> <p>9:00 Room Visits 10:15 Table Ball 11:00 Rosary - Chapel 2:00 Melon Month - Celebrate Watermelons</p>	<p>14</p> <p>9:00 Room Visits 10:15 Ball Games 11:00 Mass - Chapel 2:00 Wiffle Ball and Creamsicles - Gathering Room 3:30 Outside Visits 6:15 BINGO</p>	<p>15</p> <p>9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Resident Council 3:30 Table Games 6:15 Evening Activity</p>	<p>16</p> <p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary 2:00 Remembering Elvis with Peanut Butter, Banana, & Bacon Sandwiches</p>	<p>17</p> <p>9:00 Room Visits 10:15 Color and Chat 11:00 Rosary - Chapel 2:00 Traveling Cart 4:00 Mass - Chapel</p>
<p>18</p> <p>9:00 Room Visits 10:15 Exercise 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>19</p> <p>9:00 Room Visits 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Word Games 3:30 One to One Visits 6:15 Evening Activity</p>	<p>20</p> <p>9:00 Room Visits 10:15 Ball Toss 11:00 Rosary - Chapel 2:00 Creative Crafts</p>	<p>21</p> <p>SENIOR CITIZEN DAY♥ 8:00 Pancake Breakfast 9:00 Room Visits 10:15 Balloon Tennis 11:00 Mass - Chapel 2:00 Magazine Scavenger Hunt 3:30 Outdoor Visits 6:15 BINGO</p>	<p>22</p> <p>9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 NH Audubon Program: Birds All Around Us - Gathering Room 3:30 Table Games 6:15 Evening Activity</p>	<p>23</p> <p>9:00 Room Visits 10:00 Pet Visits with Sadie 11:00 Rosary - Chapel 2:00 Happy Hour</p>	<p>24</p> <p>9:00 Room Visits 10:15 Noodle Hockey 11:00 Rosary - Chapel 2:00 Movie Matinee 4:00 Mass- Chapel</p>
<p>25</p> <p>9:00 Room Visits 10:15 Musical Instruments 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>26</p> <p>9:00 Room Visits 10:15 Coffee Social 11:00 Rosary - Chapel 2:00 Manicures and Movie - "If I'm Lucky" 3:30 One to One Visits 6:15 Evening Activity</p>	<p>27</p> <p>9:00 Room Visits 10:15 Table Ball 11:00 Rosary - Chapel 2:00 National Cinema Day - Movie Poster Art</p>	<p>28</p> <p>9:00 Room Visits 10:15 Ball Games 11:00 Mass - Chapel 2:00 National Cherry Turnover Day - Baking 3:30 Outdoor Visits 6:15 BINGO</p>	<p>29</p> <p>9:00 Room Visits 10:00 Pet Visits with Winnie and Ellie 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Soccer 3:30 Table Games 6:15 Evening Activity</p>	<p>30</p> <p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Celebrate National Beach Day</p>	<p>31</p> <p>9:00 Room Visits 10:15 Color and Chat 11:00 Rosary - Chapel 2:00 Traveling Cart 4:00 Mass- Chapel</p>

Activities subject to change; see daily chronicle.