

October Greeting Continued:

As everyone knows, Halloween is the main holiday for the month of October. Do you know the spiritual meaning of Halloween? Halloween is considered a powerful turning point in the wheel of the year, signifying the cycle of life, death and rebirth. Halloween is the time when people release and let go of negative and lower energies that hold them back and celebrate the new energy that will eventually take its place. Wishing you a renewed energy this Halloween season!!

We wish everyone a fall season that is filled with warm & crisp family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Many Blessings,
Shari L. LaRoche, MS LNHA

Leave a Review

At Warde Senior Living, your feedback is important.

Please take a moment to scan the QR code below to review your experience on Google. Thank you!



Trick or Treat!

On **Wednesday October 30th from 6 PM to 7PM** come bring your little ones to Trick or Treat at Warde Senior Living! Kids are invited to go room to room in our Assisted Living & in our Nursing Home to Trick or Treat from our residents! Please RSVP to Elizabeth Thomas by emailing whc.activitydir@nh-cc.org or calling 603.890.1290 ext. 302.

We are accepting donations for the Trick or Treat event including: Halloween candy, snack packets such as pretzels and fruit gummies, and other Halloween goodies!



Chattering Charm

Blatherskites rejoice, for October 21 is Babbling Day, a day to let your mouth chatter on and on about anything and everything. Babbling is an important stage in child development, when infants experiment with language. Glossolalia is a different type of babbling, also known as speaking in tongues. Christians who spontaneously speak in strange syllables are thought to have been



granted a spiritual gift from God or are said to speak the language of angels. Perhaps the word *babble* comes from the story of the Tower of Babel from the Bible's Old Testament, in which God made all the humans speak different languages so that they could not understand each other. We could go on, but

perhaps we've babbled on too much about babbling already....

Newsletter

Warde Senior Living | 21 Searles RD Windham, NH 03087 | 603.890.1290



October Greetings to all of our Families & Friends:

I hope this newsletter finds you all happy & healthy.

We are now into the Fall swing of things here in New England. The trees are beginning to change, the nights are getting chillier, and apple & pumpkin picking are on the "to do" list for most of us this season. Pumpkin spice everything is now the theme for the month of October!

We had lots of fun events in the month of September. Our residents enjoyed many Life Enrichment programs and activities! Be sure to check out our Facebook page (Warde Senior Living) to see all of the great pictures from our September events. Our largest event that we had was celebrating National Assisted Living Week. Our residents had so much fun participating in these events and soaking up the last bits of sunshine and summertime!! We also celebrated National Environmental Services Week and National Rehabilitation Week. We honored those associates with lunch and gifts!

We were also given a generous donation from the Greater Salem Rotary Club of Salem NH. This donation will go towards to new patio furniture and an outside grill for our Dublin Deck at Warde! We cannot thank the Greater Salem Rotary Club for their "Service Above Self"!

Warde Senior Living offered the COVID/FLU vaccine to our community on Thursday, September 26, 2024. The majority of our community has now been vaccinated against COVID-19 and the flu, we hope you will be as well!! We thank our pharmacists at Osco Drug/Shaw's for their assistance with vaccinating our campus!!

Special Days/Events in October: Please refer to the October Life Enrichment Calendar!

Celebrating October

Halloween Safety Month

Talk About Prescriptions Month

Roller Skating Month

Spinning and Weaving Week October 7-13

Free Speech Week October 21-27

Balloons Around the World Day October 1

Blessings of the Fishing Fleet Day October 6

Handbag Day October 10

World Origami Days October 24-November 11

National Mule Day October 26

Checklist Day October 30



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024

Warde Assisted Living

	<p>1 8:30 Daily Chronicle 10:00 Outside Walk 11:00 Rosary - Chapel 1:30 Cocktail Hour-Deck/Foyer</p>	<p>2 8:30 Daily Chronicle 11:00 Rosary - Chapel 11:30 Outing: Cider Hill Farm</p> <p>Rosh Hashanah Begins</p>	<p>3 8:30 Daily Chronicle 10:00 Yoga w/ Sandy- G 11:00 Rosary - Chapel 12:00 Lunch & Movie: "You've Got Mail"- G 6:15 BINGO- 2</p>	<p>4 8:30 Daily Chronicle 10:00 Balloon Volley-2 11:00 Rosary - Chapel 2:00 The Chosen Series-Foyer</p>	<p>5 8:30 Daily Chronicle 10:15 Yoga- Foyer 11:00 Rosary- Chapel 2:00 Sip & Color- 2 4:00 Mass- Chapel</p>
<p>6 8:30 Daily Chronicle 10:15 Exercise- 2 11:00 Rosary - Chapel 2:00 BINGO- 2</p>	<p>7 8:30 Daily Chronicle 10:00 Move & Groove- 2 11:00 Rosary - Chapel 2:00 "What's News w/ Sr. Rosemary"- G</p>	<p>8 8:30 Daily Chronicle 9:30 Shopping 11:00 Rosary - Chapel 2:00 Music with Guitarist George Parker- 1</p>	<p>9 8:30 Daily Chronicle 11:00 Rosary - Chapel 11:30 Outing: Tuscan Village 4:00 Kids in Service- 2</p>	<p>10 8:30 Daily Chronicle 10:00 Make a Scarecrow-Deck 11:00 Rosary - Chapel 1:30 Scarecrow Crafts-Cafe 6:15 BINGO- 2</p>	<p>11 8:30 Daily Chronicle 10:00 Balloon Volley-2 11:00 Rosary - Chapel 2:00 The Chosen Series-Foyer</p> <p>Yom Kippur Begins</p>
<p>13 8:30 Daily Chronicle 10:15 Exercise- 2 11:00 Rosary - Chapel 2:00 BINGO- 2</p>	<p>14 8:30 Daily Chronicle 10:00 TV Yoga- Foyer 11:00 Rosary - Chapel 2:00 "What's News w/ Sr. Rosemary"- G</p>	<p>15 8:30 Daily Chronicle 10:00 Outdoor Walk 11:00 Rosary - Chapel 1:00 Outing: Mac's Apples</p>	<p>16 8:30 Daily Chronicle 9:30 Shopping 11:00 Rosary - Chapel 2:00 Music with Ralphie-G</p> <p>Sukkot Begins</p>	<p>17 8:30 Daily Chronicle 10:00 Yoga w/ Sandy- G 11:00 Rosary - Chapel 2:00 Audubon Society: NH Wildlife- G 6:15 BINGO- 2</p>	<p>18 8:30 Daily Chronicle 10:00 Crafts- 2 11:00 Rosary - Chapel 2:00 The Chosen Series-Foyer 2:00 BINGO- 2</p>
<p>20 8:30 Daily Chronicle 10:15 Exercise- 2 11:00 Rosary - Chapel 2:00 BINGO- 2</p>	<p>21 8:30 Daily Chronicle 10:00 Move & Groove- 2 11:00 Rosary - Chapel 2:00 Movie: "October Sky"- Foyer</p>	<p>22 8:30 Daily Chronicle 10:00 Scenic Ride: Chester Scare Crows 11:00 Rosary - Chapel 1:30 Thanksgiving Craft-Cafe</p>	<p>23 8:30 Daily Chronicle 10:00 Fall Danish- Foyer 11:00 Rosary - Chapel 12:00 Make Your Own Pizza- G 1:30 Painting Pumpkins-</p>	<p>24 8:30 Daily Chronicle 10:30 Outing: Parlee Apple Orchard & Lunch 6:15 BINGO- 2</p> <p>Simchat Torah Begins</p>	<p>25 8:30 Daily Chronicle 10:00 Balloon Volley-2 11:00 Rosary - Chapel 2:00 The Chosen Series-Foyer</p>
<p>27 8:30 Daily Chronicle 10:15 Exercise- 2 11:00 Rosary - Chapel 2:00 BINGO- 2</p>	<p>28 8:30 Daily Chronicle 10:00 TV Yoga- Foyer 11:00 Rosary - Chapel 2:00 "What's News w/ Sr. Rosemary"- G</p>	<p>29 8:30 Daily Chronicle 11:00 Rosary - Chapel 12:00 Movie & Lunch: "Hocus Pocus"- G</p>	<p>30 8:30 Daily Chronicle 11:00 Rosary - Chapel 2:00 Halloween Happy Hour- Foyer 6:00 Trick or Treat- 1st Floor</p>	<p>31 8:30 Daily Chronicle 10:00 Costume Parade 11:00 Rosary - Chapel 2:00 Halloween Festival- G 6:15 BINGO- 2</p> <p>Halloween</p>	<p>Key: 1- 1st Floor Dining Room 2- 2nd Floor Dining Room G- Gathering Room</p> 

Activities are subject to change, please see Daily Chronicle.