

October Greeting Continued:

As everyone knows, Halloween is the main holiday for the month of October. Do you know the spiritual meaning of Halloween? Halloween is considered a powerful turning point in the wheel of the year, signifying the cycle of life, death and rebirth. Halloween is the time when people release and let go of negative and lower energies that hold them back and celebrate the new energy that will eventually take its place. Wishing you a renewed energy this Halloween season!!

We wish everyone a fall season that is filled with warm & crisp family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Many Blessings,
Shari L. LaRoche, MS LNHA

Leave a Review

At Warde Senior Living, your feedback is important.

Please take a moment to scan the QR code below to review your experience on Google. Thank you!



Trick or Treat!

On **Wednesday October 30th from 6 PM to 7PM** come bring your little ones to Trick or Treat at Warde Senior Living! Kids are invited to go room to room in our Assisted Living & in our Nursing Home to Trick or Treat from our residents! Please RSVP to Elizabeth Thomas by emailing whc.activitydir@nh-cc.org or calling 603.890.1290 ext. 302.

We are accepting donations for the Trick or Treat event including: Halloween candy, snack packets such as pretzels and fruit gummies, and other Halloween goodies!



Chattering Charm

Blatherskites rejoice, for October 21 is Babbling Day, a day to let your mouth chatter on and on about anything and everything. Babbling is an important stage in child development, when infants experiment with language. Glossolalia is a different type of babbling, also known as speaking in tongues. Christians who spontaneously speak in strange syllables are thought to have been



granted a spiritual gift from God or are said to speak the language of angels. Perhaps the word *babble* comes from the story of the Tower of Babel from the Bible's Old Testament, in which God made all the humans speak different languages so that they could not understand each other. We could go on, but

perhaps we've babbled on too much about babbling already....

Newsletter

Warde Senior Living | 21 Searles RD Windham, NH 03087 | 603.890.1290



October Greetings to all of our Families & Friends:

I hope this newsletter finds you all happy & healthy.

We are now into the Fall swing of things here in New England. The trees are beginning to change, the nights are getting chillier, and apple & pumpkin picking are on the "to do" list for most of us this season. Pumpkin spice everything is now the theme for the month of October!

We had lots of fun events in the month of September. Our residents enjoyed many Life Enrichment programs and activities! Be sure to check out our Facebook page (Warde Senior Living) to see all of the great pictures from our September events. Our largest event that we had was celebrating National Assisted Living Week. Our residents had so much fun participating in these events and soaking up the last bits of sunshine and summertime!! We also celebrated National Environmental Services Week and National Rehabilitation Week. We honored those associates with lunch and gifts!

We were also given a generous donation from the Greater Salem Rotary Club of Salem NH. This donation will go towards to new patio furniture and an outside grill for our Dublin Deck at Warde! We cannot thank the Greater Salem Rotary Club for their "Service Above Self"!

Warde Senior Living offered the COVID/FLU vaccine to our community on Thursday, September 26, 2024. The majority of our community has now been vaccinated against COVID-19 and the flu, we hope you will be as well!! We thank our pharmacists at Osco Drug/Shaw's for their assistance with vaccinating our campus!!

Special Days/Events in October: Please refer to the October Life Enrichment Calendar!

Celebrating October

Halloween Safety Month

Talk About Prescriptions Month

Roller Skating Month

Spinning and Weaving Week October 7-13

Free Speech Week October 21-27

Balloons Around the World Day October 1

Blessings of the Fishing Fleet Day October 6

Handbag Day October 10

World Origami Days October 24-November 11

National Mule Day October 26

Checklist Day October 30



Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

		<p>1</p> <p>9:00 Room Visits 10:15 Ball Toss 11:00 Rosary - Chapel 2:00 Fall Sensory Group 3:00 Yosemite National Park Day - Arm Chair Travel - Video</p>	<p>2</p> <p>9:00 Room Visits 10:15 Balloon Tennis 11:00 Mass - Chapel 2:00 Ace Card Game 3:30 Outdoor Visits 6:15 Evening Activity</p> <p>Rosh Hashanah Begins</p>	<p>3</p> <p>9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Pumpkin Art 3:30 One to One Visits 6:15 BINGO</p>	<p>4</p> <p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary- Chapel 2:00 Pumpkin Month - Baking 3:00 Country Music Month - Video Concert</p>	<p>5</p> <p>9:00 Room Visits 10:15 Parachute Games 11:00 Rosary - Chapel 2:00 Sip and Color 4:00 Mass - Chapel</p>
<p>6</p> <p>9:00 Room Visits 10:15 Chair Exercises 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>7</p> <p>9:00 Room Visits 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Manicures and Movie - "Bewitched" 3:30 One to One Visits 6:15 Evening Activity</p>	<p>8</p> <p>9:00 Room Visits 10:00 Outing - Chester Scarecrow Ride 10:15 Table Ball 11:00 Rosary - Chapel 2:00 Music with Guitarist - George Parker - 1st Floor Dining Room</p>	<p>9</p> <p>9:00 Room Visits 10:15 LRC Dice Game 11:00 Mass - Chapel 2:00 Creative Crafts 4:00 Pumpkin Decorating with Kids In Service 6:15 Evening Activity</p>	<p>10</p> <p>9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Scarecrow Month - Crafts 3:30 One to One Visits 6:15 BINGO</p>	<p>11</p> <p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Cookie Month - Baking 3:00 Country Music Month - Video Concert</p> <p>Yom Kippur Begins</p>	<p>12</p> <p>9:00 Room Visits 10:15 Coloring and Chats 11:00 Rosary - Chapel 2:00 Traveling Cart 4:00 Mass - Chapel</p>
<p>13</p> <p>9:00 Room Visits 10:15 Exercise Group 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>14</p> <p>9:00 Room Visits 10:15 Mimosas and Hand Massages 11:00 Rosary - Chapel 2:00 Scrapbooking 3:30 One to One Visits 6:15 Evening Activity</p> <p>Columbus Day (US)</p>	<p>15</p> <p>9:00 Room Visits 10:15 Ring Toss 11:00 Rosary - Chapel 2:00 Baking - Apple Pie Cinnamon Rolls 3:00 Anniversary of "I Love Lucy" - Video</p>	<p>16</p> <p>9:00 Room Visits 10:15 Balloon Tennis 11:00 Mass - Chapel 2:00 Music with Ralphie - Gathering Room 3:30 Outdoor Visits 6:15 Evening Activity</p> <p>Sukkot Begins</p>	<p>17</p> <p>9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Audubon Society Presentation - Gathering Room 6:15 BINGO</p>	<p>18</p> <p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary 2:00 Resident Council 3:00 Alaska Day - Arm Chair Travel - Video</p>	<p>19</p> <p>9:00 Room Visits 10:15 Grand Slam Shuffle Game 11:00 Rosary - Chapel 2:00 Movie Matinee - "Hocus Pocus" 4:00 Mass - Chapel</p>
<p>20</p> <p>9:00 Room Visits 10:15 Surprise Exercises 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>21</p> <p>9:00 Room Visits 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Manicures and Movie - "Freaky Friday" 3:30 One to One Visits 6:15 Evening Activity</p>	<p>22</p> <p>9:00 Room Visits 10:15 Pumpkin Toss 11:00 Rosary - Chapel 2:00 Word Games 3:00 Owl Month - Owl Documentary - Video</p>	<p>23</p> <p>9:00 Room Visits 10:15 Roll-A-Pumpkin Game 11:00 Mass - Chapel 2:00 Creative Crafts 3:30 Outdoor Visits 6:15 Evening Activity</p>	<p>24</p> <p>9:00 Room Visits 10:00 Pet Visits with Winnie and Ellie 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Soccer 3:30 One to One Visits 6:15 BINGO</p>	<p>25</p> <p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Birthday Party of the Month 3:00 Country Music Month - Video Concert</p>	<p>26</p> <p>9:00 Room Visits 10:15 Coloring and Chats 11:00 Rosary - Chapel 2:00 Traveling Cart 4:00 Mass- Chapel</p>
<p>27</p> <p>9:00 Room Visits 10:15 Exercise Group 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>28</p> <p>9:00 Room Visits 10:15 Pumpkin Bowling 11:00 Rosary - Chapel 2:00 Making Greeting Cards 3:30 One to One Visits 6:15 Evening Activity</p>	<p>29</p> <p>9:00 Room Visits 10:15 Witches Hat Ring Toss 11:00 Rosary - Chapel 2:00 Magazine Hour - Cut and Collage 3:00 National Cat Day - Funny Cat Videos</p>	<p>30</p> <p>9:00 Room Visits 10:15 Pumpkin Races 11:00 Mass - Chapel 2:00 Creative Crafts 3:30 Outdoor Visits 6:00 Kids Trick or Treat</p>	<p>31</p> <p>9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Halloween Festival - Gathering Room 6:15 BINGO</p> <p>Halloween</p>		

Activities subject to change, please see daily chronicle.