

February Greeting Continued

February brings many events that our Life Enrichment Associates have planned. Please be sure to refer to the Life Enrichment February calendar and our Facebook page. Please feel free to join in on a life enrichment program with your loved one.

As always, we, the Associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With February Blessings,

Shari L. LaRoche, MS LNHA

Illuminating the New Year



The Chinese Lantern Festival, also known as Yuan Xiao Jie, will be celebrated on February 12, 2025, marking the end of the Lunar New Year festivities. With a history that spans over

2,000 years, this festival has its origins in the Han Dynasty (206 BC–AD 220), when emperor Han Mingdi promoted the lighting of lanterns to honor Buddha. Over time, the tradition evolved into a broader celebration of family, community, and hope for the future. At the heart of the festival are the colorful lantern displays, which light up streets, parks, and homes. In ancient times, these lanterns were simple paper creations illuminated by candles, but today's festivals feature intricate designs, often shaped like animals or iconic symbols. Lanterns are believed to symbolize letting go of the past and embracing good fortune for the coming year. A unique aspect of the festival is the tradition of solving riddles attached to the lanterns. Dating back to the Song Dynasty (960–1279), these riddles provide a fun, intellectual challenge for festival-goers, with puzzles that range from playful to deeply philosophical. The festivities also include lively performances, such as lion and dragon dances, along with dazzling fireworks displays that heighten the joyful atmosphere.

Leave a Review

At Warde Senior Living, your feedback is important.

Please take a moment to scan the QR code below to review your experience on Google. Thank you!



A Nose for Lies



On February 23, 1940, Walt Disney released *Pinocchio*. In honor of the wooden boy who could not tell a lie without his nose growing, enjoy the quiz below. Do you know which statements are true and which are false?

1. Pinocchio was created by Geppetto.
2. Jiminy Cricket serves as Pinocchio's conscience.
3. The Red Fairy helps Pinocchio learn right from wrong.
4. Moby is the name of the whale in the film.
5. Pinocchio is turned into a real boy at the end of the movie.

ANSWERS: 1. True: Geppetto is the kindhearted woodcarver who creates Pinocchio. 2. True: Jiminy Cricket guides Pinocchio as his conscience throughout the story. 3. False: The Blue Fairy plays a significant role in teaching Pinocchio important life lessons. 4. False: Monstro is the giant whale that Pinocchio and Geppetto encounter. 5. True: Pinocchio becomes a real boy after proving his bravery and honesty.

February 2025

Newsletter

Warde Senior Living | 21 Searles RD Windham, NH 03087 | 603.890.1290



Celebrating February

Black History Month

American Heart Month

Pancake Week

February 17–23

Groundhog Day

February 2

Thank a Mail Carrier Day

February 4

Bagel and Lox Day

February 9

Galentine's Day

February 13

Valentine's Day

February 14

President's Day

February 17

Single-Tasking Day

February 22

February Greetings to all of our Families & Friends:

I hope this newsletter finds you all happy, healthy and full of love this Valentine's season.

In the month of January, we celebrated our AMAZING Life Enrichment Team! We appreciate all that this team does for our residents, families, associates and community overall! Thank you to our Life Enrichment associates for going above and beyond each day!

We also celebrated our residents, tenants and families with our Winter Wonderland Celebration on Friday, January 24th. The time was filled with snowflakes and smiles by all who attended. We had Al & Tom's Hit Parade entertain us for the afternoon and they put on quite a show! Food and dessert, compliments of our very own Food Service/Culinary associates. Take a look at our Facebook page to see all of the beautiful moments captured this day!

We said a fond farewell to our Social Services/Admissions Director, Jean D'Arcy and a warm welcome to Jessica Michaud. If you have not stopped by to meet Jessica yet, please do, she is eager to meet and assist you in any way that she can.

Special Days in February:

Sunday, February 2nd – Groundhog Day – will the groundhog see his/her shadow or not? This is the question we ask ourselves each year. Will winter continue for another 6 weeks or will spring arrive sooner than we expect?

Tuesday, February 4th - Mardi Gras - (aka "Fat Tuesday" or Shrove Tuesday), which is the final feasting day before the Christian tradition of Lent begins on the following day, Ash Wednesday.

Friday, February 14th – Valentine's Day – Did you know that the name Valentine comes from a Latin word meaning "strength." There are many legends about it. Today, we celebrate Valentine's Day with the tradition of exchanging the affectionate gifts and love notes that we call "valentines".

Monday, February 17th – President's Day - a federal holiday also known as Washington's Birthday that is celebrated on the third Monday in February. (George Washington's actual birthday is February 22)

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Warde Assisted Living



1
 8:30 Daily Chronicle
 10:15 Color & Chats - 2nd Floor
 11:00 Rosary- Chapel
 2:00 Travel Goody Cart
 4:00 Mass- Chapel

2
 8:30 Daily Chronicle
 10:15 Exercise - 2nd Floor
 11:00 Rosary - Chapel
 2:00 BINGO- 2nd Floor

Groundhog Day

3
 8:30 Daily Chronicle
 10:00 TV Yoga- Foyer
 11:00 Rosary - Chapel
 2:00 "What's News w/ Sr. Rosemary"- Gathering Room

4
 8:30 Daily Chronicle
 10:00 Manicures-Cafe
 11:00 Rosary - Chapel
 2:00 Wildlife Encounters- Gathering Room

5
 8:30 Daily Chronicle
 9:30 Shopping
 12:00 Lunch& Movie "Steel Magnolias"- Gathering Room

6
 8:30 Daily Chronicle
 10:00 Coffee &Chats -Cafe
 11:00 Rosary - Chapel
 1:30 Craft: Valentine's Cards- Cafe
 6:15 BINGO- 2nd Floor

7
 8:30 Daily Chronicle
 10:00 1 On 1 Visits
 11:00 Funeral Mass- Chapel
 1:30 Walk Around Passing Valentines Cards - Cafe
 National Wear Red Day

8
 8:30 Daily Chronicle
 10:15 Exercise- Foyer
 11:00 Rosary- Chapel
 2:00 Movie: Groundhog Day- Foyer
 4:00 Mass- Chapel

9
 8:30 Daily Chronicle
 10:15 Coffee Social- Foyer
 11:00 Rosary - Chapel
 2:00 BINGO- 2nd Floor
 6:30 Super Bowl Sunday on FOX

10
 8:30 Daily Chronicle
 10:00 Exercise- Foyer
 11:00 Rosary - Chapel
 12:00 National Pizza Day: Pizza Party
 2:00 "What's News w/ Sr. Rosemary"- Gathering Room

11
 8:30 Daily Chronicle
 10:00 Coffee & Chats-Cafe
 11:00 Rosary - Chapel
 1:30 Cooks Corner- Foyer
 4:00 Kids in Service Valentine's Party- Gathering Room

12
 8:30 Daily Chronicle
 9:30 Shopping
 11:00 Mass- Chapel
 1:30 Sip & Paint -Cafe

13
 8:30 Daily Chronicle
 10:00 Yoga with Sandy- Gathering Room
 11:00 Rosary - Chapel
 2:00 Movie: Eight Below
 6:15 BINGO- 2nd Floor

14
 8:30 Daily Chronicle
 10:00 Balloon Volley- 2nd Floor
 11:00 Rosary- Chapel
 2:00 Sweetheart Social w/ Dove & Suzie- Gathering Room
 Valentine's Day

15
 8:30 Daily Chronicle
 10:15 Color & Chat- 2nd Floor
 11:00 Rosary- Chapel
 2:00 Travel Goody Cart
 4:00 Mass- Chapel

16
 8:30 Daily Chronicle
 10:15 Exercise- 2nd Floor
 11:00 Rosary - Chapel
 2:00 BINGO- 2nd Floor

17
 8:30 Daily Chronicle
 10:00 TV Yoga- Foyer
 11:00 Rosary - Chapel
 2:00 "What's News w/ Sr. Rosemary"- Gathering Room

Presidents' Day (U.S.)

18
 8:30 Daily Chronicle
 10:00 Coffee & Chats
 11:00 Rosary - Chapel
 2:00 Bird Feeding Month: Lets Make a Bird Feeder -2nd Floor

19
 8:30 Daily Chronicle
 9:30 Shopping
 11:00 Mass- Chapel
 1:30 Chili Cook-Off: Resident Taste Test & Vote- Foyer

20
 8:30 Daily Chronicle
 10:00 Exercise -Foyer
 11:00 Rosary - Chapel
 1:30 Arm Chair Travel- Foyer
 6:15 BINGO- 2nd Floor

21
 8:30 Daily Chronicle
 10:00 1 on 1 Visits
 11:00 Rosary- Chapel
 1:30 Birthday Party- Foyer

22
 8:30 Daily Chronicle
 10:15 Exercise- Foyer
 11:00 Rosary- Chapel
 2:00 BINGO- 2nd Floor
 4:00 Mass- Chapel

23
 8:30 Daily Chronicle
 10:15 Coffee Social- Foyer
 11:00 Rosary - Chapel
 2:00 Joyful Rhythm- Gathering Room

24
 8:30 Daily Chronicle
 10:00 Exercise- Foyer
 11:00 Rosary - Chapel
 2:00 "What's News w/ Sr. Rosemary"- Gathering Room

25
 8:30 Daily Chronicle
 10:00 Coffee & Chats- Foyer
 11:00 Rosary - Chapel
 12:00 Lunch & Movie: "The Color Purple"- Gathering Room

26
 8:30 Daily Chronicle
 9:30 Shopping
 11:00 Mass- Chapel
 1:30 Pistachio Day: Chorus & Ice Cream - Foyer

27
 8:30 Daily Chronicle
 10:00 Yoga with Sandy- Gathering Room
 11:00 Rosary - Chapel
 11:30 Outing: Lunch at MaryAnn's
 6:15 BINGO- 2nd Floor

28
 8:30 Daily Chronicle
 10:00 Balloon Volley- 2nd Floor
 11:00 Rosary- Chapel
 2:00 The Chosen Series- Foyer

Ramadan Begins

