

# Newsletter

Warde Senior Living | 21 Searles Road Windham, NH 03087 | 603-890-1290



## April Greeting Continued

The work began the week of March 17th and should be completed around Memorial Day (80 days). Project #3 – upgrade to our water system. Warde will be tying into the municipal town water line down by St. Matthew’s Church on Route 111. This work should begin around August/September timeframe. We appreciate everyone’s support, patience and cooperation as we continue to improve Warde Senior Living!

As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Spring and Easter Blessings,

*Shari L. LaRoche, MS LNHA*  
*Adminstrator*

## Celebrating Our Deficiency-Free State Surveys!

In February and March, the Centers for Medicare & Medicaid Services (CMS) and New Hampshire Department of Health and Human Services (NH DHHS) conducted quality of care and life safety surveys at both the Warde Rehabilitation & Nursing Center and Warde Assisted Living. Both Warde Assisted Living and Warde Rehabilitation & Nursing Center not only met but exceeded rigorous federal and state standards for care, quality, and resident safety, while ensuring the physical environment adheres to the utmost safety standards, providing a secure living situation for all.



## Celebrating April

**Stress Awareness Month**

**Jazz Appreciation Month**

**Adopt a Greyhound Month**

**Golden Rule Week**

*April 1–7*

**Passover**

*April 12–20*

**Tartan Day**

*April 6*

**Metric System Day**

*April 7*

**International Moment**

**of Laughter Day**

*April 14*

**Easter**

*April 20*

**Earth Day**

*April 22*

**Arbor Day**

*April 25*

## April Greetings to all our Friends & Family

I hope this newsletter finds you all happy and healthy.

Spring in the air, warmer weather is coming! We are looking forward to our Spring days ahead.

We celebrated many special events in the month of March. I hope that you were able to see all of them on our Facebook page! We celebrated LTC Administrator Week, Social Service Month, and Dietician Day. We celebrated St. Patrick’s Day and our 1st Day of Spring Cook-out, campus wide!! Food, Fun and Smiling Faces made all of these events memorable for our residents and associates!

Special Days in April: Please refer to the April Life Enrichment Calendar with all of the special events planned.

Tuesday, April 1st

April Fool’s Day - April Fools' Day or All Fools' Day is an annual custom on 1 April consisting of practical jokes and hoaxes.

Jokesters often expose their actions by shouting "April Fools!" at the recipient.

Sunday, April 20th

Easter Sunday & Orthodox Easter

Tuesday, April 22nd

Earth Day - “Try to leave the Earth a better place than it was when you arrived.”

- Sidney Sheldon

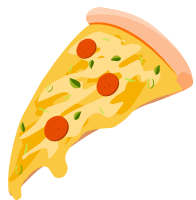
Wednesday, April 23rd

Administrative Professionals’ Day – A special THANK YOU to Louise, Deb, Bernie, Ann and Diane!

COVID-19 Vaccination: On Tuesday, April 22nd, Warde Senior Living will be offering our Vaccination Clinic for the most recent COVID-19 vaccine from 10am-1pm in the Gathering Room. We are working in conjunction with Shaw’s/Osco Drug to provide this clinic to our residents, associates and family members. If you are interested in receiving your updated vaccine, please stop by reception and complete the consent form.

Projects, Projects, Projects! Project #1 - we successfully relined our major underground kitchen and laundry pipes at Warde. Thank you to everyone for your cooperation and patience. Next up, Project #2 – we are upgrading our septic/sanitation system.

## Dig into Deep-Dish

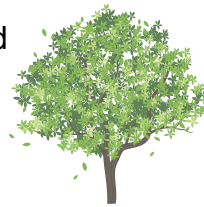


It’s a pizza that stands apart from all the rest, with three-inch-high walls of buttery crust holding in a simmering stew of sauce, cheese, sausage, pepperoni, peppers, onions, and whatever else your stomach desires.

The Chicago-style deep-dish pizza has become such a culinary icon that it bears its own holiday, Deep Dish Pizza Day, on April 5. The deep-dish pizza debuted in 1943 at Chicago’s Pizzeria Uno restaurant, but locals debate its true roots. Was it the Malnati family, working at the first Pizzeria Uno, who invented the deep dish? Did the Malnati family matriarch develop the dough recipe for another restaurant entirely? The best way to settle the debate is to take one of Chicago’s Deep Dish Pizza Tours and eat until you’re as stuffed as a Chicago-style pizza pie.

## A Tradition Takes Root

The last Friday in April is celebrated as Arbor Day in the United States, but the tradition of planting trees first evolved in Spain. In the village Villanueva de la Sierra, a priest named Ramón Vacas Roxo was convinced that trees were not only beautiful and important to the environment but also improved health and hygiene. In 1805, he began a tradition of planting trees during a three-day festival. He even wrote a manifesto explaining the importance of trees and delivered it to neighboring villages, encouraging residents to plant their own. It wasn’t until April 10, 1872, that J. Sterling Morton—a newspaper editor turned politician—founded Arbor Day as an official holiday in Nebraska. In 1883, educator Birdsey Northrop of Connecticut traveled to Japan, where he spread the idea of an Arbor Day holiday. That message, and the countless millions of trees planted since, lives on this April 25, 2025.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p><b>Key:</b>  <b>G- Gathering Room</b>  <b>F- Foyer</b>  <b>2- 2nd Floor Dining Room</b>  <b>IL- Independent Living</b></p>		<p>7:30 Daily Chronicle 1  9:30 Shopping  11:00 Rosary - Chapel  1:30 Chats on Deck w/ Beverages  2:30 Chorus</p> <p>All Fools' Day</p>	<p>8:30 Daily Chronicle 2  10:00 Independent Strolls  11:00 Mass- Chapel  1:30 Movie:  The Secret Garden- F</p>	<p>8:30 Daily Chronicle 3  10:00 Chorus  11:00 Lent Reflections- G  1:30 Pastries with Jessie- Foyer  6:15 BINGO- 2nd Floor</p>	<p>8:30 Daily Chronicle 4  10:30 Confessions- Chapel  11:00 Rosary- Chapel  2:00 Red Sox vs Cardinals- Home Opener- Foyer</p>	<p>8:30 Daily Chronicle 5  10:15 Outdoor Walk  11:00 Rosary- Chapel  2:00 Mercy Works with St. Matt's- G  4:00 Mass- Chapel</p>	
	<p>8:30 Daily Chronicle 6  11:00 Rosary - Chapel  2:00 BINGO- 2</p>	<p>8:30 Daily Chronicle 7  10:15 Spring Tea Party- 2  11:00 Mass- Chapel  2:00 Movie:  Easter Parade- F</p>	<p>8:30 Daily Chronicle 8  10:00 Outdoor Strolls  11:00 Rosary - Chapel  2:00 BINGO- IL</p>	<p>7:30 Daily Chronicle 9  8:00 Continental Breakfast w/ Scones  10:00 Morning Stroll  11:00 Mass- Chapel  2:00 Al &amp; Tom's Hit Parade- G</p>	<p>7:30 Daily Chronicle 10  10:00 Happy Birthday ASPCA!: Trip to Shelter  11:00 Lent Reflections- G  2:00 Chorus  6:15 BINGO- 2nd Floor</p>	<p>8:30 Daily Chronicle 11  10:15 Balloon Volley- 2  11:00 Rosary- Chapel  2:00 The Chosen- Season 3 Episode 3</p>	<p><b>Pink Moon Day</b> 12  8:30 Daily Chronicle  10:15 Moon Pies &amp; Coffee- 2  11:00 Rosary- Chapel  2:00 Pink Ice Cream, Crafts &amp; Games  4:00 Mass- Chapel</p>
	<p>8:30 Daily Chronicle 13  10:15 Exercise- 2  11:00 Rosary - Chapel  2:00 BINGO- 2</p> <p>Palm Sunday</p>	<p>8:30 Daily Chronicle 14  10:00 Outdoor Strolls  11:00 Rosary - Chapel  2:00 "What's News w/ Sr. Rosemary"-G</p>	<p>8:30 Daily Chronicle 15  10:00 Outing: Prescott Park &amp; Botanical Garden  11:00 Rosary - Chapel  4:00 "Spring Fling" w/ Kids in Service- G</p>	<p>8:30 Daily Chronicle 16  8:00 Pancake Breakfast w/ Breakfast at Tiffany's- G  11:00 Mass- Chapel  2:00 Chorus- F</p>	<p>8:30 Daily Chronicle 17  9:15 Shopping  11:00 Rosary- Chapel  1:30 Auction- G  6:15 BINGO- 2nd Floor</p> <p>Auctioneer Day</p>	<p>7:30 Daily Chronicle 18  8:00 Hot Cross Buns &amp; Coffee- F  10:00 Chorus  11:00 Rosary- Chapel  1:30 Deck Chats  3:00 Stations of the Cross</p>	<p>8:30 Daily Chronicle 19  10:15 Activity Cart  11:00 Rosary- Chapel  2:00 BINGO  4:00 Mass- Chapel</p>
	<p>8:30 Daily Chronicle 20  10:15 Coffee Social- F  11:00 Rosary - Chapel  2:00 Hymns &amp; Music by Guitarist George- 2</p> <p>Easter Sunday</p>	<p>8:30 Daily Chronicle 21  10:00 Manicures- Cafe  11:00 Rosary - Chapel  2:00 Music with Mark- G</p>	<p>8:30 Daily Chronicle 22  10:00 Earth Day: Walk at Griffin Park  11:00 Rosary - Chapel  1:30 Monthly Birthday Celebration- F</p> <p>Earth Day</p>	<p>8:30 Daily Chronicle 23  10:00 Make Pizza  11:00 Mass- Chapel  12:00 Lunch &amp; Movie: Field of Dreams: Happy Birthday Fenway!- G  2:00 Chorus</p>	<p>8:30 Daily Chronicle 24  11:00 Rosary - Chapel  11:30 Outing: Texas Road House  2:00 Chorus  6:15 BINGO- 2nd Floor</p>	<p>8:30 Daily Chronicle 25  10:00 Volunteer Week Social- 2  11:00 Rosary- Chapel  2:00 The Chosen- Season 3 Episode 4</p> <p>Arbor Day</p>	<p>8:30 Daily Chronicle 26  10:15 Coloring- 2  11:00 Rosary- Chapel  2:00 Travel Cart  4:00 Mass- Chapel</p>
	<p>8:30 Daily Chronicle 27  10:15 Exercise- 2  11:00 Rosary - Chapel  2:00 BINGO- 2</p>	<p>8:30 Daily Chronicle 28  10:00 Outdoor Strolls  11:00 Rosary - Chapel  2:00 "What's News w/ Sr. Rosemary"-G</p>	<p>8:30 Daily Chronicle 29  10:00 Crafts- Cafe  11:00 Rosary - Chapel  2:00 Chorus- F  2:00 BINGO- IL</p>	<p>8:30 Daily Chronicle 30  10:00 Shopping  11:00 Mass- Chapel  1:30 Manicures- Cafe</p>	 <p><b>April 2025</b>  <b>Warde Assisted Living</b></p>		

Activities are subject to change, please see Daily Chronicle.