

Newsletter

Warde Senior Living | 21 Searles Road Windham, NH 03087 | 603-890-1290



April Greeting Continued

The work began the week of March 17th and should be completed around Memorial Day (80 days). Project #3 – upgrade to our water system. Warde will be tying into the municipal town water line down by St. Matthew’s Church on Route 111. This work should begin around August/September timeframe. We appreciate everyone’s support, patience and cooperation as we continue to improve Warde Senior Living!

As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Spring and Easter Blessings,

Shari L. LaRoche, MS LNHA
Adminstrator

Celebrating Our Deficiency-Free State Surveys!

In February and March, the Centers for Medicare & Medicaid Services (CMS) and New Hampshire Department of Health and Human Services (NH DHHS) conducted quality of care and life safety surveys at both the Warde Rehabilitation & Nursing Center and Warde Assisted Living. Both Warde Assisted Living and Warde Rehabilitation & Nursing Center not only met but exceeded rigorous federal and state standards for care, quality, and resident safety, while ensuring the physical environment adheres to the utmost safety standards, providing a secure living situation for all.



Celebrating April

Stress Awareness Month

Jazz Appreciation Month

Adopt a Greyhound Month

Golden Rule Week

April 1–7

Passover

April 12–20

Tartan Day

April 6

Metric System Day

April 7

International Moment

of Laughter Day

April 14

Easter

April 20

Earth Day

April 22

Arbor Day

April 25

April Greetings to all our Friends & Family

I hope this newsletter finds you all happy and healthy.

Spring in the air, warmer weather is coming! We are looking forward to our Spring days ahead.

We celebrated many special events in the month of March. I hope that you were able to see all of them on our Facebook page! We celebrated LTC Administrator Week, Social Service Month, and Dietician Day. We celebrated St. Patrick’s Day and our 1st Day of Spring Cook-out, campus wide!! Food, Fun and Smiling Faces made all of these events memorable for our residents and associates!

Special Days in April: Please refer to the April Life Enrichment Calendar with all of the special events planned.

Tuesday, April 1st

April Fool’s Day - April Fools' Day or All Fools' Day is an annual custom on 1 April consisting of practical jokes and hoaxes.

Jokesters often expose their actions by shouting "April Fools!" at the recipient.

Sunday, April 20th

Easter Sunday & Orthodox Easter

Tuesday, April 22nd

Earth Day - "Try to leave the Earth a better place than it was when you arrived."

- Sidney Sheldon

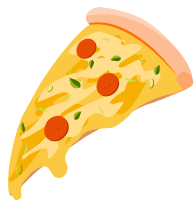
Wednesday, April 23rd

Administrative Professionals’ Day – A special THANK YOU to Louise, Deb, Bernie, Ann and Diane!

COVID-19 Vaccination: On Tuesday, April 22nd, Warde Senior Living will be offering our Vaccination Clinic for the most recent COVID-19 vaccine from 10am-1pm in the Gathering Room. We are working in conjunction with Shaw’s/Osco Drug to provide this clinic to our residents, associates and family members. If you are interested in receiving your updated vaccine, please stop by reception and complete the consent form.

Projects, Projects, Projects! Project #1 - we successfully relined our major underground kitchen and laundry pipes at Warde. Thank you to everyone for your cooperation and patience. Next up, Project #2 – we are upgrading our septic/sanitation system.

Dig into Deep-Dish

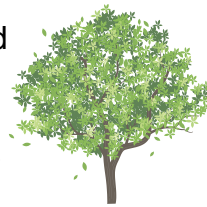


It’s a pizza that stands apart from all the rest, with three-inch-high walls of buttery crust holding in a simmering stew of sauce, cheese, sausage, pepperoni, peppers, onions, and whatever else your stomach desires.

The Chicago-style deep-dish pizza has become such a culinary icon that it bears its own holiday, Deep Dish Pizza Day, on April 5. The deep-dish pizza debuted in 1943 at Chicago’s Pizzeria Uno restaurant, but locals debate its true roots. Was it the Malnati family, working at the first Pizzeria Uno, who invented the deep dish? Did the Malnati family matriarch develop the dough recipe for another restaurant entirely? The best way to settle the debate is to take one of Chicago’s Deep Dish Pizza Tours and eat until you’re as stuffed as a Chicago-style pizza pie.

A Tradition Takes Root

The last Friday in April is celebrated as Arbor Day in the United States, but the tradition of planting trees first evolved in Spain. In the village Villanueva de la Sierra, a priest named Ramón Vacas Roxo was convinced that trees were not only beautiful and important to the environment but also improved health and hygiene. In 1805, he began a tradition of planting trees during a three-day festival. He even wrote a manifesto explaining the importance of trees and delivered it to neighboring villages, encouraging residents to plant their own. It wasn’t until April 10, 1872, that J. Sterling Morton—a newspaper editor turned politician—founded Arbor Day as an official holiday in Nebraska. In 1883, educator Birdsey Northrop of Connecticut traveled to Japan, where he spread the idea of an Arbor Day holiday. That message, and the countless millions of trees planted since, lives on this April 25, 2025.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p>9:00 Room Visits 10:15 Table Ball 11:00 Rosary - Chapel 2:00 Let's Talk About Windham, NH 3:00 Comedy Hour - The Three Stooges - Video</p> <p>All Fools' Day</p>	<p>2</p> <p>9:00 Room Visits 10:15 Coffee Social 11:00 Mass - Chapel 2:00 Creative Crafts 3:30 Activity Cart 6:15 Evening Activity</p>	<p>3</p> <p>9:00 Room Visits 10:15 Soccer 11:00 Lenten Reactions - Gathering Room 1:30 - 6:00 Volunteer Visits 2:00 Coloring Easter Eggs 3:30 One to One Visits 6:15 BINGO</p>	<p>4</p> <p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:30 Confession - Chapel 11:00 Rosary - Chapel 2:00 Red Sox Opening Day Social</p>	<p>5</p> <p>9:00 Room Visits 10:15 Parachute Games 11:00 Rosary - Chapel 2:00 Mercy Works with St. Matthew's - Gathering Room 4:00 Mass - Chapel</p>
	<p>6</p> <p>9:00 Room Visits 10:15 Sensory Cart 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>7</p> <p>9:00 Room Visits 10:15 Spring Tea Party 11:00 Mass- Chapel 2:00 Manicures and Movie - "Singin' In The Rain" 3:30 One to One Visits 6:15 Evening Activity</p>	<p>8</p> <p>9:00 Room Visits 10:15 Ball Toss 11:00 Rosary - Chapel 2:00 Creative Crafts 3:00 Lawrence Welk's Easter Show - Video</p>	<p>9</p> <p>9:00 Room Visits 10:15 Balloon Tennis 11:00 Mass - Chapel 2:00 Al & Tom's Hit Parade - Gathering Room 3:30 Activity Cart 6:15 Evening Activity</p>	<p>10</p> <p>9:00 Room Visits 10:15 Soccer 11:00 Lenten Reactions - Gathering Room 1:30 - 6:00 Volunteer Visits 2:00 Bunny Bowling 3:30 One to One Visits 6:15 BINGO</p>	<p>11</p> <p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 National Pet Day - Baking Pet Treats 3:00 Arm Chair Travel - The Holy Land - Video</p>
<p>13</p> <p>9:00 Room Visits 10:15 Exercise 11:00 Rosary - Chapel 2:00 BINGO</p> <p>Palm Sunday</p>	<p>14</p> <p>9:00 Room Visits 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Scrapbooking 3:30 One to One Visits 6:15 Evening Activity</p>	<p>15</p> <p>9:00 Room Visits 10:15 Ring Toss 11:00 Rosary - Chapel 2:00 Word Games 4:00 "Spring Fling" with Kids In Service - Gathering Room</p>	<p>16</p> <p>9:00 Room Visits 10:15 Bunny Races 11:00 Mass - Chapel 2:00 Soccer 3:30 Activity Cart 6:15 Evening Activity</p>	<p>17</p> <p>9:00 Room Visits 10:00 Pet Visits with Winnie and Ellie 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Resident Council 3:00 Songs of Faith - Video 6:15 BINGO</p>	<p>18</p> <p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Watercolor Art 3:00 Stations of the Cross - Chapel</p> <p>Good Friday</p>	<p>19</p> <p>9:00 Room Visits 10:15 Activity Cart 11:00 Rosary - Chapel 2:00 BINGO 4:00 Mass - Chapel</p>
<p>20</p> <p>9:00 Room Visits 9:00 Movie - "Easter Parade" 11:00 Rosary - Chapel 2:00 Hymns and Music with Guitarist George Parker</p> <p>Easter Sunday</p>	<p>21</p> <p>9:00 Room Visits 10:15 Manicures and Music 11:00 Rosary - Chapel 2:00 Music with Mark - Gathering Room 3:30 One to One Visits 6:15 Evening Activity</p>	<p>22</p> <p>9:00 Room Visits 10:15 Table Games 11:00 Rosary - Chapel 2:00 Celebrate Earth Day 3:00 Earth Day Documentary - Video</p> <p>Earth Day</p>	<p>23</p> <p>9:00 Room Visits 10:15 Balloon Tennis 11:00 Mass - Chapel 2:00 Sip and Paint 3:30 Activity Cart 6:15 Evening Activity</p>	<p>24</p> <p>9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Outing - Spring Ride 3:30 One to One Visits 6:15 BINGO</p>	<p>25</p> <p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:00 Volunteer Week Social 11:00 Rosary - Chapel 2:00 Birthday Party of the Month 3:00 Redwood Trees -Video</p> <p>Arbor Day</p>	<p>26</p> <p>9:00 Room Visits 10:15 Coloring and Chats 11:00 Rosary - Chapel 2:00 Travel Cart 4:00 Mass- Chapel</p>
<p>27</p> <p>9:00 Room Visits 10:15 Exercise 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>28</p> <p>9:00 Room Visits 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Paper Craft 3:30 One to One Visits 6:15 Evening Activity</p>	<p>29</p> <p>9:00 Room Visits 10:15 Music with Instruments 11:00 Rosary - Chapel 2:00 National Frog Month - Games and Trivia</p>	<p>30</p> <p>9:00 Room Visits 10:15 Balloon Games 11:00 Mass - Chapel 2:00 Creative Crafts 3:30 Activity Cart 6:15 Evening Activity</p>			

Activities are subject to change, please see Daily Chronicle.