

May Greeting Continued

As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Blessings,

*Shari L. LaRoche, MS LNHA
Adminstrator*



More than Margaritas

Cinco de Mayo—which is Spanish for “Fifth of May”—is often a cause for celebration among Mexicans and most anyone else interested in Mexican food, drink, and music. Some less-informed revelers will claim Cinco de Mayo as the day of Mexico’s independence. Those in the know will tell you it celebrates the Mexican army’s 1862 victory over the French at the Battle of Puebla, led by General Zaragoza. In 1862, Mexico had just gained its independence from Spain. France seized this as an opportunity to expand its empire and launched an assault at Veracruz, a 600-mile march from Mexico City. An underwhelming Mexican militia of 4,500 led by Zaragoza met the 8,000 well-armed French troops at Puebla. Though the French army was considered the greatest fighting force in the world, the Mexicans defeated the French. Six years later, France withdrew its claim on the country. But it was this May 5 David-versus-Goliath moment that instilled a new sense of patriotism and national pride in the young country of Mexico.



Leave a Review

At Warde Senior Living,
your feedback is important.

Please take a moment to scan the QR code below to review your experience on Google. Thank you!



Racing Across the Centuries



Each May since 1912, runners have been sprinting from San Francisco Bay to the Pacific Ocean in San Francisco’s Bay to Breakers road race, proudly hailed as the oldest footrace in America. But the Thanksgiving Turkey Trot in Buffalo, New York, has been held continuously since 1896—five months longer than the Boston Marathon, which first took place in April 1897. And Buffalo’s cross-border neighbors in Hamilton, Ontario, are host to the Around the Bay Road Race—first held in 1894 and canceled only during World War I and from 1925 to 1935. The world’s oldest running race may have been at Greece’s Olympic Games, kicked off in 776 BC. Other notable races include Italy’s Palio del Drappo Verde, first held in 1208 and run for 590 years until the French invaded Italy in 1798, and Scotland’s Red Hose Run, which has taken place continuously since 1508, interrupted only by plague and war.

May 2025

Newsletter

Warde Senior Living | 21 Searles Road Windham, NH 03087 | 603-890-1290



May Greetings to all our Friends & Family



In the month of April, we had our Associate Appreciation Luncheon to honor our Associates in achieving four (4) Deficiency Free Surveys in the months of February for our Assisted Living community and March for our Skilled/Long-term Care unit. We are so very proud of all of our associates for a job well done! We also celebrated Administrative Professionals’ Week. Thank you to our Reception Team of Bernie, Ann and Diane!! Thank you to our Business Office Director, Louise and our Human Resource Director, Deb! In appreciation of these ladies, a wonderful dinner and gifts were enjoyed at the Copper Door in Salem, NH. We celebrated our amazing group of volunteers with a donut & coffee celebration! We could not be more grateful for each and every one of our wonderful associates and volunteers that give their everything to our residents at Warde!

As you can see, we celebrated many special events in the month of April. I hope that you were able to see and love all of them on our Facebook page!

Special Days in May: Please refer to the May Life Enrichment Calendar with all of the special events planned.

Mother Day, Sunday, May 11th
National Nursing Home Week, May 11th – 17th
National Nurse’s Week – May 6th – May 12th

This year’s theme for National Nursing Home Week is “TAPESTRY OF LIFE” highlights the vibrant and meaningful stories that weave together the lives of residents, families, caregivers, and other staff. Our fantastic Life Enrichment department has wonderful events planned for the entire week. Be sure to join in on the fun here at Warde Senior Living!!

Celebrating May

Clean Air Month

Military Appreciation Month

May Day/Lei Day

May 1

Kentucky Derby

May 3

International Firefighters

Day

May 4

Wildflower Week

May 4–10

Windmill Day

May 10

Mother’s Day

May 11

Biographer’s Day

May 16

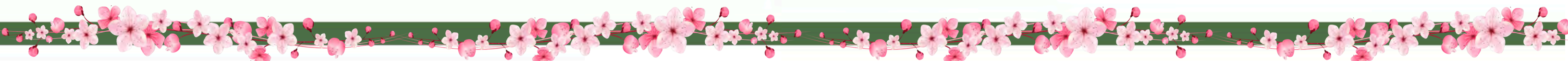
International Coaching

Week

May 12–18

World No-Tobacco Day

May 31



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Key:
G- Gathering Room
2- 2nd Floor Dining Room
C- Catherine's Cafe
F- Foyer
IL- Independent Living

May 2025

Warde Assisted Living

<p>8:30 Daily Chronicle 4 10:15 Chair Yoga- F 11:00 Rosary - Chapel 2:00 BINGO- 2</p>	<p>8:30 Daily Chronicle 5 10:15 Crafts- C 11:00 Mass- Chapel 1:30 Celebrate Cinco De Mayo: Margaritas & Nachos- F</p>	<p>8:30 Daily Chronicle 6 10:00 Baking: Cookies- Cafe 11:00 Rosary - Chapel 1:30 Outing: Bringing Cookies to Windham FD 2:00 BINGO- IL</p>	<p>8:30 Daily Chronicle 7 9:00 Outing: Shopping 11:00 Mass- Chapel 1:30 Celebrate Nurses Week: Ice Cream Cart</p>	<p>8:30 Daily Chronicle 1 10:15 Soccer- 2 11:00 Rosary- Chapel 2:00 Movie: The Case for Christ- F 6:15 BINGO-2</p> <p>May Day</p>	<p>8:30 Daily Chronicle 2 10:15 Balloon Volley- 2 11:00 Rosary- Chapel 2:00 The Chosen- F Season 3 Episode 6</p>	<p>8:30 Daily Chronicle 3 10:15 Chair Exercise- 2 11:00 Rosary- Chapel 2:00 Sip & Color- 2 4:00 Mass- Chapel</p>
<p>8:30 Daily Chronicle 11 10:15 Exercise- 2nd Floor 11:00 Rosary - Chapel 2:00 Ukulele Music w/ Alex- 2nd Floor</p> <p>Mother's Day National Skilled Nursing Care Week</p>	<p>8:30 Daily Chronicle 12 10:15 Learn About Greece- 2 11:00 Mass- Chapel 12:00 Greek Lunch 2:00 The Singing Trooper- G</p> <p>NSNCW: Greece</p>	<p>8:30 Daily Chronicle 13 9:00 Biscotti's & Coffee- F 10:15 Tapestry Art- Deck 11:00 Rosary - Chapel 12:00 Italian Lunch 2:00 Music w/ Ralphie- G</p> <p>NSNCW: Italy</p>	<p>8:30 Daily Chronicle 14 10:15 Apple Strudel Social- 2 11:00 Mass- Chapel 12:00 German Lunch 2:00 Oktoberfest Party-G</p> <p>NSNCW: Austria & Germany</p>	<p>8:30 Daily Chronicle 15 10:15 Tea & Crepes- 2 11:00 Rosary- Chapel 12:00 French Canadian Lunch 2:00 Chorus Show- G 6:15 Earth BINGO- 2</p> <p>NSNCW: Canada</p>	<p>8:30 Daily Chronicle 16 11:00 Rosary- Chapel 12:00 Japanese Lunch 10:00-3:00 World Market</p> <p>NSNCW: Japan</p>	<p>8:30 Daily Chronicle 17 10:15 Independent Strolls 11:00 Rosary- Chapel 2:00 Patriotic Movie- 2 4:00 Mass- Chapel</p> <p>Armed Forces Day</p>
<p>8:30 Daily Chronicle 18 10:15 Current Events & Coffee-2 11:00 Rosary - Chapel 2:00 BINGO- 2</p>	<p>8:30 Daily Chronicle 19 10:00 Move & Groove- 2 11:00 Mass- Chapel 2:00 What's News w/ Sr. Rosemary"- G</p>	<p>8:30 Daily Chronicle 20 10:00 Yoga w/ Yoyogi Fitness- IL 11:00 Rosary - Chapel 2:00 Celebrate Senior Citizen Day: Ice Cream Bar</p>	<p>8:30 Daily Chronicle 21 10:00 Outing: Gri n Park 11:00 Mass- Chapel 1:30 Deck Social: Raspberry Iced Tea & Scones</p>	<p>8:30 Daily Chronicle 22 10:00 Outing: Picnic at Prescott Park 11:00 Rosary- Chapel 6:15 BINGO- 2</p>	<p>8:30 Daily Chronicle 23 10:00 Outdoor Stroll 11:00 Rosary- Chapel 12:00 Memorial Day BBQ- G</p>	<p>8:30 Daily Chronicle 24 10:15 Color & Chat- 2 11:00 Rosary- Chapel 2:00 Travel Cart- 2 4:00 Mass- Chapel</p>
<p>8:30 Daily Chronicle 25 10:15 Exercise- 2 11:00 Rosary - Chapel 2:00 BINGO- 2</p>	<p>8:30 Daily Chronicle 26 10:15 Remembering Memorial Day- 2 11:00 Mass- Chapel 2:00 What's News w/ Sr. Rosemary"- G</p> <p>Memorial Day</p>	<p>8:30 Daily Chronicle 27 10:00 Outdoor Walks 11:00 Rosary - Chapel 1:30 Monthly Birthday Celebration- F</p>	<p>8:30 Daily Chronicle 28 9:00 Outing: Shopping 11:00 Mass- Chapel 11:30 Happy Hearts Club-C 2:00 Deck Social: Cards</p>	<p>8:30 Daily Chronicle 29 11:00 Rosary- Chapel 12:00 Lunch & Movie: "Father of the Bride" with BLTs- G 6:15 BINGO- 2</p>	<p>8:30 Daily Chronicle 30 10:00 Coffee & Chats- F 11:00 Rosary- Chapel 2:00 Painting- C</p>	<p>8:30 Daily Chronicle 31 10:15 Outdoor Stroll 11:00 Rosary- Chapel 2:00 Family Feud Game- 2 4:00 Mass- Chapel</p>

Activities are subject to change, please see Daily Chronicle.