

May Greeting Continued

As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Blessings,

*Shari L. LaRoche, MS LNHA
Administrator*



More than Margaritas

Cinco de Mayo—which is Spanish for “Fifth of May”—is often a cause for celebration among Mexicans and most anyone else interested in Mexican food, drink, and music. Some less-informed revelers will claim Cinco de Mayo as the day of Mexico’s independence. Those in the know will tell you it celebrates the Mexican army’s 1862 victory over the French at the Battle of Puebla, led by General Zaragoza. In 1862, Mexico had just gained its independence from Spain. France seized this as an opportunity to expand its empire and launched an assault at Veracruz, a 600-mile march from Mexico City. An underwhelming Mexican militia of 4,500 led by Zaragoza met the 8,000 well-armed French troops at Puebla. Though the French army was considered the greatest fighting force in the world, the Mexicans defeated the French. Six years later, France withdrew its claim on the country. But it was this May 5 David-versus-Goliath moment that instilled a new sense of patriotism and national pride in the young country of Mexico.



Leave a Review

At Warde Senior Living,
your feedback is important.

Please take a moment to scan the QR code below to review your experience on Google. Thank you!



Racing Across the Centuries



Each May since 1912, runners have been sprinting from San Francisco Bay to the Pacific Ocean in San Francisco’s Bay to Breakers road race, proudly hailed as the oldest footrace in America. But the Thanksgiving Turkey Trot in Buffalo, New York, has been held continuously since 1896—five months longer than the Boston Marathon, which first took place in April 1897. And Buffalo’s cross-border neighbors in Hamilton, Ontario, are host to the Around the Bay Road Race—first held in 1894 and canceled only during World War I and from 1925 to 1935. The world’s oldest running race may have been at Greece’s Olympic Games, kicked off in 776 BC. Other notable races include Italy’s Palio del Drappo Verde, first held in 1208 and run for 590 years until the French invaded Italy in 1798, and Scotland’s Red Hose Run, which has taken place continuously since 1508, interrupted only by plague and war.

May 2025

Newsletter

Warde Senior Living | 21 Searles Road Windham, NH 03087 | 603-890-1290



May Greetings to all our Friends & Family



In the month of April, we had our Associate Appreciation Luncheon to honor our Associates in achieving four (4) Deficiency Free Surveys in the months of February for our Assisted Living community and March for our Skilled/Long-term Care unit. We are so very proud of all of our associates for a job well done! We also celebrated Administrative Professionals’ Week. Thank you to our Reception Team of Bernie, Ann and Diane!! Thank you to our Business Office Director, Louise and our Human Resource Director, Deb! In appreciation of these ladies, a wonderful dinner and gifts were enjoyed at the Copper Door in Salem, NH. We celebrated our amazing group of volunteers with a donut & coffee celebration! We could not be more grateful for each and every one of our wonderful associates and volunteers that give their everything to our residents at Warde!

As you can see, we celebrated many special events in the month of April. I hope that you were able to see and love all of them on our Facebook page!

Special Days in May: Please refer to the May Life Enrichment Calendar with all of the special events planned.

Mother Day, Sunday, May 11th
National Nursing Home Week, May 11th – 17th
National Nurse’s Week – May 6th – May 12th

This year’s theme for National Nursing Home Week is “TAPESTRY OF LIFE” highlights the vibrant and meaningful stories that weave together the lives of residents, families, caregivers, and other staff. Our fantastic Life Enrichment department has wonderful events planned for the entire week. Be sure to join in on the fun here at Warde Senior Living!!

Celebrating May

Clean Air Month

Military Appreciation Month

May Day/Lei Day

May 1

Kentucky Derby

May 3

International Firefighters

Day

May 4

Wildflower Week

May 4–10

Windmill Day

May 10

Mother’s Day

May 11

Biographer’s Day

May 16

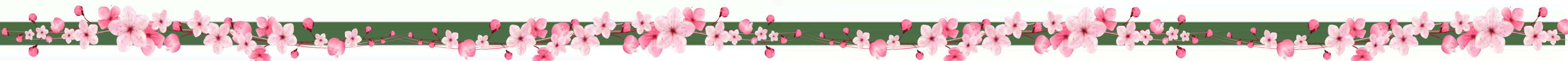
International Coaching

Week

May 12–18

World No-Tobacco Day

May 31



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2025

Warde Rehabilitation and Nursing



4	5	6	7	8	9	10
<p>9:00 Room Visits 10:15 Activity Cart 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>9:00 Room Visits 10:15 Move and Groove 11:00 Mass - Chapel 2:00 Manicures and Mariachi Music 3:00 Travel to Mexico Video 6:15 Evening Activity</p> <p style="text-align: center;">Cinco de Mayo</p>	<p>9:00 Room Visits 10:15 Table Ball 11:00 Rosary - Chapel 2:00 National Scrapbooking Month</p>	<p>9:00 Room Visits 10:15 Balloon Tennis 11:00 Mass - Chapel 2:00 Scrabble 3:30 Happy Hour 6:15 Evening Activity</p>	<p>9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Music with Liam 3:30 One to One Visits 6:15 BINGO</p> <p style="text-align: center;">May Day</p>	<p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Fried Dough Friday</p>	<p>9:00 Room Visits 10:15 Chair Exercise 11:00 Rosary - Chapel 2:00 Sip and Color 4:00 Mass - Chapel</p>
11	12	13	14	15	16	17
<p>9:00 Room Visits 10:15 Coffee Social 11:00 Rosary 2:00 Ukulele with Alex</p> <p style="text-align: center;">National Skilled Nursing Care Week Tapestry of Life & Celebrating Our Roots Mother's Day</p>	<p>9:00 Room Visits 10:15 Learn About Greece 11:00 Mass - Chapel 12:00 Greek Lunch 2:00 The Singing Trooper - Gathering Room 3:30 Greek Mythology - Video 6:15 Movie - "Mama Mia"</p>	<p>9:00 Room Visits 10:15 World Cup Soccer Game 11:00 Rosary - Chapel 12:00 Italian Lunch 2:00 Music with Ralpie - Gathering Room 3:30 Movie - "Roman Holiday"</p>	<p>9:00 Room Visits 10:15 Apple Struddle Social 11:00 Mass - Chapel 12:00 German and Austrian Lunch 2:00 Oktoberfest Party - Gathering Room 6:15 Movie - "The Sound of Music"</p>	<p>9:00 Room Visits 10:15 Tea and Crepes Social 11:00 Rosary - Chapel 12:00 French Canadian Lunch 2:00 Chorus Show - Gathering Room 3:30 Travel Video - Quebec 6:15 EARTH BINGO</p>	<p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Green Tea Social and Japanese Art 11:00 Rosary - Chapel 12:00 Japanese Lunch 2:00 Trip to the World Market - Gathering Room</p>	<p>9:00 Room Visits 10:15 Sensory Cart 11:00 Rosary - Chapel 2:00 Patriotic Movie Matinee 4:00 Mass - Chapel</p> <p style="text-align: center;">Armed Forces Day</p>
18	19	20	21	22	23	24
<p>9:00 Room Visits 10:15 Current Events and Coffee 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>9:00 Room Visits 10:15 Move and Groove 11:00 Mass - Chapel 2:00 Manicures and Music 3:30 One to One Visits 6:15 Evening Activity</p>	<p>9:00 Room Visits 10:00 Yoga with Yoyogi Fitness - IL 10:15 Table Games 11:00 Rosary - Chapel 2:00 Celebrate Senior Citizen Day - Ice Cream Bar</p>	<p>9:00 Room Visits 10:15 Balloon Tennis 11:00 Mass - Chapel 2:00 Word Games 3:30 Happy Hour 6:15 Evening Activity</p>	<p>9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Resident Council 2:00 Pet Visits with Macy 3:30 One to One Visits 6:15 BINGO</p>	<p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 12:00 Memorial Day BBQ - Gathering Room 2:00 Travel Month - Collages</p>	<p>9:00 Room Visits 10:15 Coloring and Chats 11:00 Rosary - Chapel 2:00 Travel Cart 4:00 Mass - Chapel</p>
25	26	27	28	29	30	31
<p>9:00 Room Visits 10:15 Exercise 11:00 Rosary - Chapel 2:00 BINGO</p>	<p>9:00 Room Visits 10:15 Remebering Memorial Day 11:00 Mass - Chapel 2:00 Creative Crafts - Part 1 3:30 One to One Visits 6:15 Evening Activity</p> <p style="text-align: center;">Memorial Day</p>	<p>9:00 Room Visits 10:15 Sing Along 11:00 Rosary - Chapel 2:00 Garden Party Social</p>	<p>9:00 Room Visits 10:15 Bean Bag Toss 11:00 Mass - Chapel 2:00 Creative Crafts - Part 2 3:30 Happy Hour 6:15 Evening Activity</p>	<p>9:00 Room Visits 10:00 Pet Visits with Winnie and Ellie 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Soccer 3:30 One to One Visits 6:15 BINGO</p>	<p>9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Birthday Party of the Month</p>	<p>9:00 Room Visits 10:15 Activity Cart 11:00 Rosary - Chapel 2:00 Family Fued Game 4:00 Mass- Chapel</p>

Activities are subject to change, please see Daily Chronicle.