

June Greeting Continued

We wish everyone a summer that is filled with warmth and family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Thoughts of Sunshine & Ice Cream,

Shari L. LaRoche, MS LNHA
Administrator

Canine Co Workers

Though the Friday after Father's Day (June 20 this year) is widely celebrated as Take Your Dog to Work Day, not every workplace is welcoming to furry companions. Then again, large companies like Procter & Gamble, Amazon, and Google have more lax rules about allowing pets in the office. Why? Pets in the office can boost morale and lower stress. Bringing your dog—or cat, bird, fish, or hamster—makes many people healthier and happier at work.

Companies can make bringing animals to work easier by making work pet friendly. Grassy areas give dogs a place to relieve themselves. Some offices even provide special dog water fountains and free biscuits. Owners just have to remember to bring their leashes, treats, beds, and bowls. Of course, not every dog is meant for the workplace. Poorly trained or barking pooches might have to stay home. On the other hand, bringing your dog to the office might be good for its health, too. Perhaps a nine-to-five routine is just what the veterinarian ordered.

Leave a Review

At Warde Senior Living,
your feedback is important.

Please take a moment to
scan the QR code below to
review your experience on
Google. Thank you!



Cool Sips, Hot Days



Not that you need an excuse to enjoy a cool, refreshing glass of iced tea, but June 10 is Iced Tea Day. You can enjoy it with a slice of lemon or sweetened with sugar or honey. Looking for a new take on tea? You can jazz it up with a

sprig of mint, thyme, or lemongrass, or freeze it to make iced-tea pops. Unwilling to play second fiddle to any drink, lemonade enjoys its own holiday on June 21. Lemonade Day is not just for sipping lemonade but also for starting up lemonade stands and celebrating the entrepreneurial spirit. Perhaps the next big thing to hit stands this June will be the Arnold Palmer, that perfectly refreshing mix of iced tea *and* lemonade.

June 2025

Newsletter

Warde Senior Living | 21 Searles Road Windham, NH 03087 | 603-890-1290



Celebrating June

Fireworks Safety Month
Women's Golf Month
Great Outdoors Month

Say Something Nice Day
June 1

Turtle Races Day
June 7

Yarn Bombing Day
June 11

Old Time Fiddlers Week
June 16–21

International Sushi Day
June 18

Flip-Flop Day
June 20

Lightning Safety
Awareness Week
June 22–28

Day of the Seafarer
June 25

June Greetings to all our Friends & Family

I hope this newsletter finds you all happy and healthy.
Happy Summer – June 20, 2025

We celebrated so many special events in the month of May. Licensed Nursing Week & National Nursing Home Week were celebrated with so many different appreciation and life enrichment programs for our nurses and residents to participate in. Thank you to our Life Enrichment Associates who planned and coordinated all of the events. The events were well attended and so much fun!! I hope that you were able to see all of them on our Facebook page! It was truly a blessed month!

Special Days in June: Please refer to the June Life Enrichment Calendar with all of the special events planned.

1st Day of Summer – Summer Solstice – Friday, June 20th

National Licensed Nursing Assistant Week – June 12th – June 18th

Please thank our Licensed Nursing Assistants (LNAs) for all that they do!

National Chocolate Ice Cream Day – Saturday, June 7th

Who doesn't love chocolate ice cream??

Flag Day – Saturday, June 14th – wear the colors of your flag on this special day

We wish all of our residents, families and associates with children graduating either high school or college a huge congratulations from all of us at Warde Senior Living. What a great accomplishment and everyone should be so very proud!! Wishing all of them much success in their future endeavors!

Summer Solstice June 20th – “On this day, the Sun travels the longest path through the sky, and that day therefore has the most daylight, sometimes referred to as “the longest day”. Spiritually, the summer solstice means midsummer, the time of new beginnings, has been celebrated since the pagan holiday of Litha. Now, it is a time for inner power and brightness, a spiritual battle between light and shadow that culminates in the perfect balance of day and night.”

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div> 9:00 Room Visits 10:15 Cornhole Game 11:00 Rosary - Chapel 2:00 BINGO </div>	<div>2</div> <div> 9:00 Room Visits 10:15 Happy June - Coffee Social 11:00 Mass - Chapel 2:00 Manicures and Musicals 3:30 One to One Visits 6:15 Evening Activity </div>	<div>3</div> <div> 9:00 Room Visits 10:15 Ball Toss 11:00 Rosary - Chapel 2:00 Creative Crafts - Painting Bird Houses 3:00 Hummingbird Documentary - Video </div>	<div>4</div> <div> 9:00 Room Visits 10:15 Balloon Tennis 11:00 Mass - Chapel 2:00 Creative Crafts - Door Decorations 3:30 Happy Hour 6:15 Evening Activity </div>	<div>5</div> <div> 9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Pet Visits with Macy 2:00 Music with Bob - Gathering Room 3:30 One to One Visits 6:15 BINGO </div>	<div>6</div> <div> 9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 National Donut Day Social </div>	<div>7</div> <div> 9:00 Room Visits 10:15 Coffee Social 11:00 Rosary - Chapel 2:00 Travel Cart 4:00 Mass - Chapel </div>
<div>8</div> <div> 9:00 Room Visits 10:15 Sing Along, Coffee, and Treats 11:00 Rosary 2:00 BINGO </div>	<div>9</div> <div> 9:00 Room Visits 10:15 Move and Groove 11:00 Mass - Chapel 2:00 Scrapbooking 3:30 One to One Visits 6:15 Evening Activity </div>	<div>10</div> <div> 9:00 Room Visits 10:15 Chair Exercise 11:00 Rosary - Chapel 2:00 Magazine and Photography Books 2:00 National Iced Tea Day - Iced Tea Cart </div>	<div>11</div> <div> 9:00 Room Visits 10:15 Table Games 11:00 Mass - Chapel 2:00 Build A Birds Nest 3:30 Happy Hour 6:15 BINGO </div>	<div>12</div> <div> 9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Sing Like A Bird with Dove and Suzie - Gathering Room </div>	<div>13</div> <div> 9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Arm Chair Travel - New Hampshire </div>	<div>14</div> <div> 9:00 Room Visits 10:15 Sensory Cart 11:00 Rosary - Chapel 2:00 Celebrate Flag Day 4:00 Mass - Chapel </div> <div>Flag Day</div>
<div>15</div> <div> 9:00 Room Visits 10:15 Donuts and Dads - Coffee Social 11:00 Rosary - Chapel 2:00 BINGO </div> <div>Father's Day</div>	<div>16</div> <div> 9:00 Room Visits 10:15 Manicures and Music 11:00 Mass - Chapel 2:00 Celebrating Father's Day with The Capital Four Quartet - Gathering Room </div>	<div>17</div> <div> 9:00 Room Visits 10:15 Table Ball 11:00 Rosary - Chapel 2:00 Sip and Color 2:00 Pet Visits with Macy </div>	<div>18</div> <div> 9:00 Room Visits 10:15 Balloon Tennis 11:00 Mass - Chapel 2:00 Summer Happy Hour on the Patio 3:30 Room Visits 6:15 Evening Activity </div>	<div>19</div> <div> 9:00 Room Visits 10:15 Soccer 11:00 Rosary - Chapel 2:00 Resident Council 3:30 One to One Visits 6:15 BINGO </div> <div>Juneteenth</div>	<div>20</div> <div> 9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 National Ice Cream Soda Day - Social </div> <div>Summer Begins</div>	<div>21</div> <div> 9:00 Room Visits 10:15 Coffee Social 11:00 Rosary - Chapel 2:00 Travel Cart 4:00 Mass - Chapel </div>
<div>22</div> <div> 9:00 Room Visits 10:15 Sing Along, Coffee, and Treats 11:00 Rosary - Chapel 2:00 BINGO </div>	<div>23</div> <div> 9:00 Room Visits 10:15 Move and Groove 11:00 Mass - Chapel 2:00 Scrapbooking 3:30 One to One Visits 6:15 Evening Activity </div>	<div>24</div> <div> 9:00 Room Visits 10:15 Chair Yoga 11:00 Rosary - Chapel 2:00 Reminisce Group - Weddings 3:00 Movie - "Royal Wedding" </div>	<div>25</div> <div> 9:00 Room Visits 10:15 Table Games 11:00 Mass - Chapel 2:00 Bake Sale and Farmer's Market - Gathering Room 3:30 Happy Hour 6:15 Evening Activity </div>	<div>26</div> <div> 9:00 Room Visits 10:00 Pet Visits with Winnie and Ellie 11:00 Rosary - Chapel 1:30 - 6:00 Volunteer Visits 2:00 Soccer 3:30 One to One Visits 6:15 BINGO </div>	<div>27</div> <div> 9:00 Room Visits 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Birthday Party of the Month </div>	<div>28</div> <div> 9:00 Room Visits 10:15 Activity Cart 11:00 Rosary - Chapel 2:00 Movie Matinee 4:00 Mass - Chapel </div>
<div>29</div> <div> 9:00 Room Visits 10:15 Family Feud Game 11:00 Rosary - Chapel 2:00 BINGO </div>	<div>30</div> <div> 9:00 Room Visits 10:15 Coffee Social 11:00 Mass - Chapel 2:00 Manicures and Musicals 3:30 One to One Visits 6:15 Evening Activity </div>	<div> <div>June 2025</div> <div>Warde Rehabilitation and Nursing</div> </div>				

Activities are subject to change, please see Daily Chronicle.