

July Greeting Continued

We wish everyone a summer that is filled with sunshine, warmth and family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Thoughts of Popsicles & Ice Cream,

Shari L. LaRoche, MS LNHA
Administrator



Planet over Plastic

For many, plastic bags from a grocery or convenience store are a common part of day-to-day living. But there is a movement dedicated to reducing, with the goal of altogether eliminating, the use of plastic bags. These believers will proclaim their intentions on July 3, International Plastic Bag Free Day. The average plastic bag is used for only 25 minutes but takes approximately 20 years to decompose. Even then, they don't completely disappear; they just break down into microplastics. Even more shocking, according to Zero Waste Europe, every minute one million plastic bags are in use worldwide. Bags in use this minute will most likely end up in landfills, trees, the ocean, or recycled into other things like bottles, carpets, and clothes.



Leave a Review

At Warde Senior Living,
your feedback is important.

Please take a moment to
scan the QR code below to
review your experience on
Google. Thank you!



The Birth of a King



On July 18, 1953, a young man named Elvis Presley walked into the Sun Records studio in Memphis, Tennessee, to make his first record. The resulting acetate disc, with just two songs—"My Happiness" and "That's When Your Heartaches Begin"—was supposed to be a gift from Elvis to his mother. Rumor has it, though, that the Presleys did not even own a record player. And besides, his mother's birthday had long passed. Many speculate that the recording was an attempt by Elvis to get the attention of Sun Records owner Sam Phillips. Apparently, Elvis made an impression, because he was invited back to the studio a year later, on July 5, 1954. At first, the session was uninspiring. The band was about to give up when Elvis began fooling around, goofing off, and singing. That sound was exactly what Phillips was looking for, and the King of Rock 'n' Roll was born.

Newsletter



Warde Senior Living | 21 Searles Road Windham, NH 03087 | 603-890-1290



Celebrating July

Grilling Month

Family Reunion Month

Share a Sunset with Someone
You Love Month

Canada Day
July 1

Tom Sawyer Days
July 1–5

Independence Day
July 4

Collector Car
Appreciation Day
July 11

Moon Day
July 20

Hammock Day
July 22

Paperback Book Day
July 30

July Greetings to all our Friends & Family

I hope this newsletter finds you all happy & healthy.

We celebrated a special event in the month of June. Licensed Nursing Assistant (LNA) & Licensed Nursing Medication Assistant (LMNA) Week was celebrated with a fantastic luncheon for our associates. Each of our LNA's and LMNA's received appreciation gifts to thank them for all of their hard work they do each and every day here at WSL!! We are so very blessed to have such dedicated & committed associates caring for our residents!

Along with this celebration, we had other celebrations within the month of June that we captured on our Facebook page. We hope that you were able to see all of the exciting events we had in the month of June. We are looking forward to the Life Enrichment events we have planned in the month of July. Please feel free to choose a program or 2 from the Life Enrichment calendar and share in the fun with your loved one!

Special Days in July: Please refer to the July Life Enrichment Calendar with all of the special events planned.

Happy 4th of July – Independence Day!

The Fourth of July—also known as Independence Day or July 4th—has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to more casual family gatherings and barbecues.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div>1</div> <div>8:30 Daily Chronicle</div> <div>11:00 Rosary - Chapel</div> <div>1:30 Happy Hour- F</div> <div>4:00 Red, White, & Blue Party w/ Kids in Service- G</div>	<div>2</div> <div>8:00 Daily Chronicle</div> <div>9:30 Outing: Walmart</div> <div>11:00 Mass- Chapel</div> <div>1:30 Mingle & Manicures- Cafe</div>	<div>3</div> <div>8:30 Daily Chronicle</div> <div>11:00 Rosary- Chapel</div> <div>12:00 Red, White, & Blue BBQ- G</div> <div>6:15 BINGO-2</div>	<div>4</div> <div>8:30 Daily Chronicle</div> <div>10:00 Patriotic Music w/ Guitarist George- 2</div> <div>11:00 Rosary- Chapel</div> <div>1:30 Movie: Yankee Doodle Dandy- F</div> <div>Independence Day (U.S.)</div>	<div>5</div> <div>8:30 Daily Chronicle</div> <div>10:15 Coffee & Color- 2</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Travel Cart</div> <div>4:00 Mass- Chapel</div>
<div>6</div> <div>8:30 Daily Chronicle</div> <div>10:15 Music & Mingle- 2</div> <div>11:00 Rosary - Chapel</div> <div>2:00 BINGO- 2</div>	<div>7</div> <div>8:30 Daily Chronicle</div> <div>10:00 Exercise- F</div> <div>11:00 Mass- Chapel</div> <div>2:00 What's News w/ Sr. Rosemary"- G</div>	<div>8</div> <div>8:30 Daily Chronicle</div> <div>10:00 Chorus- F</div> <div>11:00 Rosary - Chapel</div> <div>1:30 Outing: Ice Cream</div>	<div>9</div> <div>8:30 Daily Chronicle</div> <div>10:00 Move & Groove- 2</div> <div>11:00 Mass - Chapel</div> <div>2:00 Happy Hour- F</div>	<div>10</div> <div>7:30 Daily Chronicle</div> <div>10:00 Painting- C</div> <div>11:00 Rosary- Chapel</div> <div>1:30 Mingle w/ Pina Coladas- F</div> <div>6:15 BINGO- 2</div>	<div>11</div> <div>8:30 Daily Chronicle</div> <div>10:00 Crafts- C</div> <div>11:00 Rosary- Chapel</div> <div>2:00 "The Yarn Circle" w/ Lisa- 2</div> <div>2:00 Cards- Cafe</div>	<div>12</div> <div>8:30 Daily Chronicle</div> <div>9:45 Outdoor Stroll</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Sing Like a Bird w/ Dove & Suzie- 2</div> <div>4:00 Mass- Chapel</div>
<div>13</div> <div>8:30 Daily Chronicle</div> <div>10:00 Coffee Social- F</div> <div>11:00 Rosary - Chapel</div> <div>2:00 Celebrating Sr. Frances' 100th Birthday- G</div>	<div>14</div> <div>8:30 Daily Chronicle</div> <div>10:00 Chair Yoga- F</div> <div>11:00 Mass- Chapel</div> <div>2:00 What's News w/ Sr. Rosemary"- G</div>	<div>15</div> <div>8:30 Daily Chronicle</div> <div>10:00 Crafts- Cafe</div> <div>11:00 Rosary - Chapel</div> <div>2:00 What's the Scoop Ice Cream Game- 2</div>	<div>16</div> <div>8:00 Daily Chronicle</div> <div>9:30 Outing: Walmart</div> <div>11:00 Mass- Chapel</div> <div>2:00 The Singing Trooper- G</div>	<div>17</div> <div>8:30 Daily Chronicle</div> <div>10:00 Chorus- F</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Luau Party w/ Kids in Service- G</div> <div>6:15 BINGO- 2</div>	<div>18</div> <div>8:30 Daily Chronicle</div> <div>10:00 Balloon Volley- 2</div> <div>11:00 Rosary- Chapel</div> <div>2:00 TV Series: The Chosen- F Season 3, Eps 8</div>	<div>19</div> <div>8:30 Daily Chronicle</div> <div>10:15 Coffee & Color-2</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Travel Cart</div> <div>4:00 Mass- Chapel</div>
<div>20</div> <div>8:30 Daily Chronicle</div> <div>10:15 Music & Mingle- 2</div> <div>11:00 Rosary - Chapel</div> <div>2:00 BINGO- 2</div>	<div>21</div> <div>8:30 Daily Chronicle</div> <div>10:00 Move & Grove- 2</div> <div>11:00 Mass- Chapel</div> <div>2:00 What's News w/ Sr. Rosemary"- G</div> <div>Christmas in July Week</div>	<div>22</div> <div>8:30 Daily Chronicle</div> <div>10:00 Decorate the Christmas in July Tree- F</div> <div>11:00 Rosary - Chapel</div> <div>1:30 Happy Hour w/ Game- F</div> <div>Christmas in July Week</div>	<div>23</div> <div>8:30 Daily Chronicle</div> <div>10:00 Hot Cocoa & Gingerbread- F</div> <div>11:00 Mass - Chapel</div> <div>2:00 Music with Liam- G</div> <div>Christmas in July Week</div>	<div>24</div> <div>8:30 Daily Chronicle</div> <div>11:00 Rosary- Chapel</div> <div>12:00 Lunch & Christmas Movie "Prancer"- G</div> <div>6:15 BINGO- 2</div> <div>Christmas in July Week</div>	<div>25</div> <div>8:30 Daily Chronicle</div> <div>10:00 Decorate Cookies- Cafe</div> <div>11:00 Rosary- Chapel</div> <div>1:30 "Jingle & Mingle" Christmas in July Party & Caroling- F</div> <div>Christmas in July Week</div>	<div>26</div> <div>8:30 Daily Chronicle</div> <div>9:45 Outdoor Stroll</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Lemonade Travel Cart</div> <div>4:00 Mass- Chapel</div>
<div>27</div> <div>8:30 Daily Chronicle</div> <div>10:00 Coffee Social- F</div> <div>11:00 Rosary - Chapel</div> <div>2:00 BINGO- 2</div>	<div>28</div> <div>8:30 Daily Chronicle</div> <div>10:15 Chair Yoga- F</div> <div>11:00 Mass- Chapel</div> <div>2:00 What's News w/ Sr. Rosemary"- G</div>	<div>29</div> <div>8:30 Daily Chronicle</div> <div>10:00 Mingle & Manicures- Cafe</div> <div>11:00 Rosary - Chapel</div> <div>1:30 Crafts- Cafe</div>	<div>30</div> <div>8:30 Daily Chronicle</div> <div>9:30 Outing: Walmart</div> <div>11:00 Mass - Chapel</div> <div>1:30 Celebrating July Birthdays- F</div>	<div>31</div> <div>8:30 Daily Chronicle</div> <div>10:00 Chorus- F</div> <div>11:00 Rosary- Chapel</div> <div>11:15 Outing: Olive Garden</div> <div>6:15 BINGO- 2</div>	<div>Key:</div> <div>G- Gathering Room</div> <div>2- 2nd Floor Dining Room</div> <div>F- Foyer</div> 	