

July Greeting Continued

We wish everyone a summer that is filled with sunshine, warmth and family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Thoughts of Popsicles & Ice Cream,

Shari L. LaRoche, MS LNHA  
Administrator



Planet over Plastic

For many, plastic bags from a grocery or convenience store are a common part of day-to-day living. But there is a movement dedicated to reducing, with the goal of altogether eliminating, the use of plastic bags. These believers will proclaim their intentions on July 3, International Plastic Bag Free Day. The average plastic bag is used for only 25 minutes but takes approximately 20 years to decompose. Even then, they don't completely disappear; they just break down into microplastics. Even more shocking, according to Zero Waste Europe, every minute one million plastic bags are in use worldwide. Bags in use this minute will most likely end up in landfills, trees, the ocean, or recycled into other things like bottles, carpets, and clothes.



Leave a Review

At Warde Senior Living,  
your feedback is important.

Please take a moment to  
scan the QR code below to  
review your experience on  
Google. Thank you!



The Birth of a King



On July 18, 1953, a young man named Elvis Presley walked into the Sun Records studio in Memphis, Tennessee, to make his first record. The resulting acetate disc, with just two songs—"My Happiness" and "That's When Your Heartaches Begin"—was supposed to be a gift from Elvis to his mother. Rumor has it, though, that the Presleys did not even own a record player. And besides, his mother's birthday had long passed. Many speculate that the recording was an attempt by Elvis to get the attention of Sun Records owner Sam Phillips. Apparently, Elvis made an impression, because he was invited back to the studio a year later, on July 5, 1954. At first, the session was uninspiring. The band was about to give up when Elvis began fooling around, goofing off, and singing. That sound was exactly what Phillips was looking for, and the King of Rock 'n' Roll was born.

Newsletter



Warde Senior Living | 21 Searles Road Windham, NH 03087 | 603-890-1290



Celebrating July

Grilling Month

Family Reunion Month

Share a Sunset with Someone  
You Love Month

Canada Day  
July 1

Tom Sawyer Days  
July 1–5

Independence Day  
July 4

Collector Car  
Appreciation Day  
July 11

Moon Day  
July 20

Hammock Day  
July 22

Paperback Book Day  
July 30

July Greetings to all our Friends & Family

I hope this newsletter finds you all happy & healthy.

We celebrated a special event in the month of June. Licensed Nursing Assistant (LNA) & Licensed Nursing Medication Assistant (LMNA) Week was celebrated with a fantastic luncheon for our associates. Each of our LNA's and LMNA's received appreciation gifts to thank them for all of their hard work they do each and every day here at WSL!! We are so very blessed to have such dedicated & committed associates caring for our residents!


Along with this celebration, we had other celebrations within the month of June that we captured on our Facebook page. We hope that you were able to see all of the exciting events we had in the month of June. We are looking forward to the Life Enrichment events we have planned in the month of July. Please feel free to choose a program or 2 from the Life Enrichment calendar and share in the fun with your loved one!

Special Days in July: Please refer to the July Life Enrichment Calendar with all of the special events planned.

Happy 4<sup>th</sup> of July – Independence Day!

The Fourth of July—also known as Independence Day or July 4th—has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to more casual family gatherings and barbecues.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div>1</div> <div>           9:00 Room Visits            10:15 Ring Toss            11:00 Rosary - Chapel            2:00 Puzzles and Popsicles            4:00 Red, White, and Blue Party with Kids In Service - Gathering Room         </div>	<div>2</div> <div>           9:00 Room Visits            10:15 Balloon Tennis            11:00 Mass - Chapel            2:00 Creative Crafts            3:30 Happy Hour            6:15 Evening Activity         </div>	<div>3</div> <div>           9:00 Room Visits            10:15 Soccer            11:00 Rosary - Chapel            12:00 Red, White, and Blue BBQ - Gathering Room            1:30 - 6:00 Volunteer Visits            2:00 Bowling            3:30 One to One Visits            6:15 BINGO         </div>	<div>4</div> <div>           9:00 Room Visits            10:00 Patriotic Music with Guitarist George            11:00 Rosary - Chapel            2:00 Movie Matinee - "Yankee Doodle Dandy"             Independence Day         </div>	<div>5</div> <div>           9:00 Room Visits            10:15 Coffee &amp; Color            11:00 Rosary - Chapel            2:00 Travel Cart            4:00 Mass - Chapel         </div>
<div>6</div> <div>           9:00 Room Visits            10:15 Music &amp; Mingle            11:00 Rosary - Chapel            2:00 BINGO         </div>	<div>7</div> <div>           9:00 Room Visits            10:15 Grand Slam Shue Game            11:00 Mass - Chapel            2:00 Creative Crafts            3:30 One to One Visits            6:15 Evening Activity         </div>	<div>8</div> <div>           9:00 Room Visits            10:15 Corn Hole Game            11:00 Rosary - Chapel            2:00 Finish The Lyric            2:00 Pet Visits with Macy            3:00 Comedy Hour - "Gilligan's Island"         </div>	<div>9</div> <div>           9:00 Room Visits            10:15 Move and Groove            11:00 Mass - Chapel            2:00 Scrapbooking            3:00 Happy Birthday Argentina - Arm Chair Travel         </div>	<div>10</div> <div>           9:00 Room Visits            10:15 Soccer            11:00 Rosary - Chapel            1:30 - 6:00 Volunteer Visits            2:00 Outing - Ice Cream Ride            3:30 One to One Visits            6:15 BINGO         </div>	<div>11</div> <div>           9:00 Room Visits            10:00 Pet Visits with Sadie            10:15 Balloon Volleyball            11:00 Rosary - Chapel            2:00 "The Yarn Circle" with Lisa         </div>	<div>12</div> <div>           9:00 Room Visits            10:15 Parachute Exercsie            11:00 Rosary - Chapel            2:00 Sing Like a Bird with Dove &amp; Suzie            4:00 Mass - Chapel         </div>
<div>13</div> <div>           9:00 Room Visits            10:15 Sip and Color            11:00 Rosary            2:00 Celebrating Sr. Frances' 100th Birthday - Gathering Room            2:00 Movie Matinee         </div>	<div>14</div> <div>           9:00 Room Visits            10:15 Coffee Social            11:00 Mass - Chapel            2:00 Manicures and Musicals         </div>	<div>15</div> <div>           9:00 Room Visits            10:15 Ball Toss            11:00 Rosary - Chapel            2:00 What's The Scoop Ice Cream Game            3:00 Comedy Hour - "The Beverly Hillbillies"         </div>	<div>16</div> <div>           9:00 Room Visits            10:15 Table Games            11:00 Mass - Chapel            2:00 The Singing Trooper - Gathering Room            3:30 Room Visits            6:15 BINGO         </div>	<div>17</div> <div>           9:00 Room Visits            10:15 Soccer            11:00 Rosary - Chapel            2:00 Luau Party with Kids In Service - Gathering Room            3:00 Happy Birthday Disneyland - Video         </div>	<div>18</div> <div>           9:00 Room Visits            10:00 Pet Visits with Sadie            10:15 Balloon Volleyball            11:00 Rosary - Chapel            2:00 Lady Bug and Lightning Bug Month - Watercolor Art         </div>	<div>19</div> <div>           9:00 Room Visits            10:15 Coffee &amp; Color            11:00 Rosary - Chapel            2:00 Travel Cart            4:00 Mass - Chapel         </div>
<div>20</div> <div>           9:00 Room Visits            10:15 Music &amp; Mingle            11:00 Rosary - Chapel            2:00 BINGO         </div>	<div>21</div> <div>           9:00 Room Visits            10:15 Soccer            11:00 Mass - Chapel            2:00 National Blueberry Month - Baking            3:00 Documentry - "Maine's Wild Blueberries"         </div>	<div>22</div> <div>           9:00 Room Visits            10:15 Table Ball            11:00 Rosary - Chapel            2:00 Creative Crafts            3:00 Comedy Hour - "The Little Rascals"         </div>	<div>23</div> <div>           9:00 Room Visits            10:15 LRC Dice Game            11:00 Mass - Chapel            2:00 Music with Liam - Gathering Room            3:30 Happy Hour            6:15 Evening Activity         </div>	<div>24</div> <div>           9:00 Room Visits            10:00 Pet Visits with Winnie and Ellie            11:00 Rosary - Chapel            1:30 - 6:00 Volunteer Visits            2:00 Resident Council            3:30 One to One Visits            6:15 BINGO         </div>	<div>25</div> <div>           9:00 Room Visits            10:00 Pet Visits with Sadie            10:15 Balloon Volleyball            11:00 Rosary - Chapel            2:00 Birthday Party of the Month and Merry-Go-Round Day - "Carousel"         </div>	<div>26</div> <div>           9:00 Room Visits            10:15 Creative Crafts            11:00 Rosary - Chapel            2:00 Lemonade Travel Cart            4:00 Mass - Chapel         </div>
<div>27</div> <div>           9:00 Room Visits            10:15 Activity Cart            11:00 Rosary - Chapel            2:00 BINGO         </div>	<div>28</div> <div>           9:00 Room Visits            10:15 Manicures and Music            11:00 Mass - Chapel            2:00 Christmas In July with Bob Baker            3:30 One to One Visits            6:15 Evening Activity         </div>	<div>29</div> <div>           9:00 Room Visits            10:15 Ring Toss            11:00 Rosary - Chapel            2:00 Word Games            2:00 Pet Visits with Macy            3:00 Comedy Hour - "The Lucy Show"         </div>	<div>30</div> <div>           9:00 Room Visits            10:15 Ballon Tennis            11:00 Mass - Chapel            12:00 National Picnic Month "Lunch Bunch"            2:00 Backyard Games            3:30 Happy Hour            6:15 Evening Activity         </div>	<div>31</div> <div>           9:00 Room Visits            10:15 Soccer            11:00 Rosary - Chapel            1:30 - 6:00 Volunteer Visits            2:00 Dog Days of Summer with Fried Dough            3:30 One to One Visits            6:15 BINGO         </div>		

Activities are subject to change, please see Daily Chronicle.