

August Greeting Continued

Today, the phrase doesn't conjure up such bad imagery. Instead, the Dog Days are associated purely with the time of summer's peak temperatures and humidity. This period of sweltering weather coincides with the year's heliacal (meaning "at sunrise") rising of Sirius, the Dog Star. Sirius is part of the constellation Canis Majoris—the "Greater Dog"—which is where Sirius gets its canine nickname, as well as its official name, Alpha Canis Majoris. Not including our own Sun, Sirius is the brightest star in the sky.

We wish everyone a summer that is filled with sunshine, warmth and family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Thoughts of Sunshine,
Shari L. LaRoche, MS LNHA
Administrator

Cents and Sensibility

It's one of those things you don't appreciate until it's not there—the Take a Penny/Leave a Penny Tray. What luck when the tray is there, brimming with shiny pennies so you don't have to pocket a handful of change. Do your part and keep those penny trays filled on August 8—Take a Penny, Leave a Penny Day.

There are many who deem the lowly penny a useless denomination of currency. In the United States, it costs 3.7¢ to make one penny. In 2012, Canada decided a penny wasn't even worth minting. Their lowest denomination of currency is now 5¢. Such a change in currency won't help the U.S., however, where it costs a whopping 13.8¢ to mint one nickel. Why does it cost so much to make these coins? It all depends on the price of copper, a component in coins. Even when the price of copper fell in 2014—saving the U.S. Mint \$29 million in overall production costs—it still lost money minting pennies and nickels. It seems that coins are becoming more of a financial burden than a practical currency in today's economy.

Leave a Review

At Warde Senior Living,
your feedback is important.

Please take a moment to
scan the QR code below to
review your experience on
Google. Thank you!



Heartthrob of the Silent Screen



He was born Rodolfo Alfonso Raffaello Pierre Filibert Guglielmi di Valentina d'Antonguolla, but his devoted fans knew him as Rudolph Valentino. Valentino was one of Hollywood's earliest stars of the silent era. He was tall, dark, and handsome—a perfect on-screen hunk. After dancing a tango in *The Four Horsemen of the Apocalypse*, he became a national sensation. His sudden death on August 23, 1926, threw his legions of fans into hysteria. Some even attempted suicide. A reported 100,000 mourners lined up outside the church where services were held. By train, Valentino's body made its last trip to Hollywood for a final silent goodbye.

August 2025

Newsletter

Warde Senior Living | 21 Searles Road Windham, NH 03087 | 603-890-1290



Celebrating August

Read a Romance
Novel Month

What Will Be Your
Legacy Month

Homemade Pie Day
August 1

Farmers Market Week
August 3–9

Coast Guard Day
August 4

Bowling Day
August 9

Vinyl Record Day
August 12

Poet's Day
August 21

More Herbs, Less Salt Day
August 29

August Greetings to all our Friends & Family

We celebrated special events in the month of July. The events that we had celebrated were a Luau Party with Kids in Service NH and Christmas in July!! We had a wonderful Luau with our children visiting our residents that was full of tropical snacks, laughter, fun and a game of BINGO. We also celebrated Christmas in July both for our long-term care residents and our Assisted Living residents. Can you believe that Santa Clause came all of the way down from the North Pole in his Hawaiian attire to Warde Senior Living in July, in 90-degree temperatures? Our residents enjoyed a Christmas games, songs, cookies and a special Christmas dinner with a Hawaiian flare. Thank you to our wonderful Life Enrichment Associates for planning and executing these great events for our residents and associates.

Be sure to check out our Facebook page (Warde Senior Living) to see all of the great pictures from these fantastic events. Our residents and Santa had so much fun participating in these events!

Also, please be sure to look at our beautiful and blossoming hydrangeas and summer flowers in our main entrance area!! These flowers are loving this summer's hot and humid temperatures!

Our Septic/Sanitation Upgrade Project is now complete! Thank you to everyone for their patience during this upgrade which began back in May.

Special Days/Events in August: Please refer to the August Life Enrichment Calendar!

July 3rd – August 11th, 2025 (40 days) are known as the "Dog Days of Summer". The meaning behind this saying is known to be because in ancient Greece and Rome, the Dog Days were believed to be a time of drought, bad luck, and unrest, when dogs and men alike would be driven mad by the extreme heat!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:00 Room Visits 1 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Celebrate the Month of August - Social	9:00 Room Visits 2 10:15 Coloring and Chats 11:00 Rosary - Chapel 2:00 Musical Recital with Bob and Students 4:00 Mass - Chapel
9:00 Room Visits 3 10:15 Musical Sing Along 11:00 Rosary - Chapel 2:00 BINGO	9:00 Room Visits 4 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 Scrapbooking 3:30 One to One Visits 6:15 Evening Activity	9:00 Room Visits 5 10:15 Musical Table Ball 11:00 Rosary - Chapel 2:00 "Steve the Spoon Guy" Performs - Gathering Room 3:30 Comedy Hour - "Gilligan's Island"	9:00 Room Visits 6 10:15 Reminiscing - Summer Vacations 11:00 Mass - Chapel 2:00 National Root Beer Float Day - Social 3:30 One to One Visits 6:15 BINGO	9:00 Room Visits 7 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 5:00 Volunteer Visits 2:00 Bowling 3:30 One to One Visits 6:00 Rhythm of NH Chorus - Gathering Room	9:00 Room Visits 8 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Elvis Week Begins - Video Concert - "Elvis - The Golden Greats"	9:00 Room Visits 9 10:15 Table Games and Puzzles 11:00 Rosary - Chapel 2:00 Elvis Movie Matinee and Snow Cones - Clambake" 4:00 Mass - Chapel
9:00 Room Visits 10 10:15 Activity Cart 11:00 Rosary 2:00 ELVIS BINGO	9:00 Room Visits 11 10:15 Manicures and Elvis Music 11:00 Rosary - Chapel 2:00 Music with Mark - Gathering Room	9:00 Room Visits 12 10:00 Elvis Concert - "Aloha From Hawaii" 11:00 Rosary - Chapel 2:00 Ring Toss 2:00 Pet Visits with Macy 3:00 Comedy Hour - "The Beverly Hillbillies"	9:00 Room Visits 13 10:15 Balloon Tennis 11:00 Mass - Chapel 2:00 Creative Crafts 3:30 Happy Hour and Elvis Trivia 6:15 Evening Activity	9:00 Room Visits 14 10:00 Pet Visits with Winnie and Ellie 11:00 Rosary - Chapel 1:30 - 5:00 Volunteer Visits 2:00 Soccer 3:30 One to One Visits 6:15 ELVIS BINGO	9:00 Room Visits 15 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Acadian Day - Arm Chair Travel - Acadia National Park	9:00 Room Visits 16 10:15 Coloring and Chats 11:00 Rosary - Chapel 2:00 Travel Cart 4:00 Mass - Chapel
9:00 Room Visits 17 10:15 Musical Sing Along 11:00 Rosary - Chapel 2:00 BINGO	9:00 Room Visits 18 10:15 Move and Groove 11:00 Rosary - Chapel 2:00 The Barbershop Quartet - Gathering Room 3:30 One to One Visits 6:15 Evening Activity	9:00 Room Visits 19 10:15 Ball Games 11:00 Rosary - Chapel 2:00 Ice Cream Party with Kids In Service - Gathering Room 3:30 Comedy Hour - "The Little Rascals"	9:00 Room Visits 20 10:15 National Lighthouse Month Social 11:00 Mass - Chapel 2:00 Creative Crafts 3:30 Happy Hour 6:15 Evening Activity	9:00 Room Visits 21 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 5:00 Volunteer Visits 2:00 National Senior Citizen Day - Social 3:30 One to One Visits 6:15 BINGO	9:00 Room Visits 22 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 National Sunower Day - Sunower Ar t	9:00 Room Visits 23 10:15 Red Sox Activities 11:00 Rosary - Chapel 1:00 Red Sox vs. Yankees Ball Game 4:00 Mass - Chapel
9:00 Room Visits 24 10:15 The Guessing Game 11:00 Rosary - Chapel 2:00 BINGO	9:00 Room Visits 25 10:15 Lemon Month Social - Tea and Treats 11:00 Rosary - Chapel 2:00 Manicures and Musicals 3:30 One to One Visits 6:15 Evening Activity	9:00 Room Visits 26 10:15 Cornhole Game 11:00 Rosary - Chapel 2:00 Coloring and Chats 3:00 Comedy Hour - "The Lucy Show"	9:00 Room Visits 27 10:15 Balloon Tennis 11:00 Mass - Chapel 12:00 "Lunch Bunch" 2:00 Creative Crafts 3:30 Happy Hour 6:15 Evening Activity	9:00 Room Visits 28 10:15 Soccer 11:00 Rosary - Chapel 1:30 - 5:00 Volunteer Visits 2:00 Resident Council 2:00 Pet Visits with Macy 3:30 One to One Visits 6:15 BINGO	9:00 Room Visits 29 10:00 Pet Visits with Sadie 10:15 Balloon Volleyball 11:00 Rosary - Chapel 2:00 Birthday Party of the Month	9:00 Room Visits 30 10:15 Coloring and Chats 11:00 Rosary - Chapel 2:00 Travel Cart 4:00 Mass - Chapel
9:00 Room Visits 31 10:15 Musical Sing Along 11:00 Rosary - Chapel 2:00 BINGO						

Activities are subject to change, please see Daily Chronicle.