

Greeting Continued:

We wish everyone a Holiday season that is filled with many family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one.

Happy Holidays & Blessed New Year,
Shari L. LaRoche, MS LNHA
Administrator

Christmas in Mexico

In Mexico, Christmas is more than just a day—it’s a lively season filled with music, food, and family gatherings that stretches from mid-December into the new year. Instead of focusing on only December 25, the holiday season is marked by a series of festive events, each with its own customs and flavors.

One of the most beloved traditions is Las Posadas, a religious festival celebrated from December 16–24. Each evening, families reenact Mary and Joseph’s search for shelter in Bethlehem. They gather for nightly processions that include singing, candlelight, and, of course, breaking open a brightly colored piñata. Decorations also play an important role in the season. Alongside Christmas trees, you’ll find homes adorned with poinsettias, or flores de nochebuenas, twinkling lights, and Nativity scenes called nacimientos.

Food is at the heart of the holiday. Families gather on Christmas Eve for Nochebuena, the grand feast of the season. Dishes might include tamales, stuffed turkey, or pozole, a hearty hominy stew. A mug of ponche Navideño, a warm spiced fruit punch, is almost always on the table, and dessert often features crisp, sugary buñuelos or a slice of Rosca de Reyes (king’s ring cake). Music and fireworks add even more energy. Caroling, mariachi bands, and neighborhood parties keep spirits high while bursts of fireworks light up the skies throughout December. The season wraps up on January 6, Día de los Reyes (Three Kings’ Day), when children wake to find gifts left by the Magi.

Christmas Meal

If you’ll be joining us here at WSL for our Christmas meal, please RSVP through our receptionist. If you plan to take your loved one out for the holiday, kindly let us know in advance. Thank you for helping us plan a wonderful holiday celebration!



Ringing Through History

Everyone singing “Jingle Bells” this holiday season may be surprised to learn it’s a Thanksgiving song. The vice president of the Medford Historical Society in Massachusetts explained that the song’s 19th-century composer, Medford resident James Pierpont, based it on a local tradition of one-horse open sleigh races through the streets of his hometown. When Pierpont moved to Savannah, Georgia, and became a pastor, he led his congregation in singing the song on Thanksgiving. They loved it so much they sang it again a month later on Christmas. Today, residents of Savannah share their ancestors’ passion for the tune. They dispute that Pierpont wrote the song in Medford, and they claim it as their own.



December 2025

Newsletter

Warde Senior Living | 21 Searles Road Windham, NH 03087 | 603-890-1290

Celebrating December

Bingo Month
Eggnog Month
Safe Toys and Gifts Month

Antarctica Day
December 1

Mutt Day
December 2

Lost and Found Day
December 12

Hanukkah
December 14–22

Christmas
December 25

Boxing Day
December 26

Kwanzaa
December 26–January 1

New Year’s Eve
December 31

December Greetings to all our Friends & Families

I hope this newsletter finds you all happy & healthy.

Welcome December. A month of celebrating Winter Blessings!!

We had lots of fun events in the month of November. We were blessed with the weather and the changing leaves that led to beautiful colors this past Fall & Thanksgiving season. Be sure to check out our Facebook page (Warde Senior Living) to see all of the great pictures from our November events.

Special Days/Events in December: Please refer to the December Life Enrichment Calendar!

Pay close attention to our invite for Friday, December 19, 2025. This invite will be for our annual Resident & Family Holiday Gathering, titled “Jingle Bell Bash” from 2pm-4pm in the Gathering Room at Warde Senior Living. We are looking forward to celebrating the Holidays with all of you and our residents!

As everyone knows, Hanukkah & Christmas are the main holidays for the month of December. Hanukkah begins at sunset on Sunday, December 14, 2025 and ends at nightfall on Monday, December 22, 2025. Hanukkah (Chanukah) is the Hebrew word for “dedication.” The eight-day Jewish celebration bearing that name — it is also called the Festival of Lights — remembers the dedication of the Temple in Jerusalem after it had been recovered. Christmas is Thursday, December 25, 2025. Christmas is the Christian Festival celebrating the birth of Jesus. Take a moment, a deep breath, to reflect on your blessings this holiday season.

Old Man Winter is upon us!! Winter Solstice - The winter solstice occurs on Saturday, December 21, 2025 at 10:03am. The winter solstice marks the first day of winter in the Northern Hemisphere. This day has the fewest hours of sunlight in the entire year.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div> <div>Warde</div> <div>Assisted Living</div> </div>	<div> <div>1</div> <div>8:00 Daily Chronicle</div> <div>10:00 Trim the Tree w/ Hot Cocoa- F</div> <div>11:00 Rosary- Chapel</div> <div>2:00 What's News w/ Sr. Rosemary"- G</div> </div>	<div> <div>2</div> <div>8:00 Daily Chronicle</div> <div>9:30 Outing: Festival of Trees in Methuen</div> <div>10:00 Men's Coffee Hour- IL Dining Room</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Bake Cookies -Cafe</div> </div>	<div> <div>3</div> <div>8:00 Daily Chronicle</div> <div>10:00 Coffee Social- F</div> <div>11:00 Mass- Chapel</div> <div>2:00 Manicures- Cafe</div> </div>	<div> <div>4</div> <div>10:00 - 3:00 Gingerbread Day- F</div> <div>4:00 Holiday PJ Party & Pizza w/ Kids in Service- G</div> <div>6:15 BINGO- 2</div> </div>	<div> <div>5</div> <div>8:00 Daily Chronicle</div> <div>10:00 Balloon Volley- 2</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Ken Burns Documentary: National Parks Episode 1- F</div> </div>	<div> <div>6</div> <div>8:30 Daily Chronicle</div> <div>10:15 Christmas Crafts- 2</div> <div>11:00 Rosary</div> <div>2:00 Travel Cart: Eggnog Frape</div> <div>4:00 Mass- Chapel</div> </div>
	<div> <div>7</div> <div>8:00 Daily Chronicle</div> <div>10:15 Hot Cocoa Social & Sing a Long- 2</div> <div>11:00 Rosary- Chapel</div> <div>2:00 BINGO- 2</div> </div>	<div> <div>8</div> <div>8:00 Daily Chronicle</div> <div>10:00 Exercise- F</div> <div>11:00 Rosary- Chapel</div> <div>2:00 What's News w/ Sr. Rosemary"- G</div> <div>4:00 Holy Day Mass- Chapel</div> </div>	<div> <div>9</div> <div>8:00 Daily Chronicle</div> <div>10:00 Chorus- F</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Christmas Dice Game w/ Cocktails- C</div> </div>	<div> <div>10</div> <div>8:00 Daily Chronicle</div> <div>10:00 Coffee Social- F</div> <div>11:00 Mass - Chapel</div> <div>12:00 Outing: Windham Senior Christmas Party</div> </div>	<div> <div>11</div> <div>8:00 Daily Chronicle</div> <div>10:00 Outing: Christmas Store & Papa Gino's</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Christmas Chorus Show w/ SAWC- G</div> <div>6:15 BINGO- 2</div> </div>	<div> <div>12</div> <div>8:00 Daily Chronicle</div> <div>10:00 Balloon Volley- 2</div> <div>11:00 Rosary- Chapel</div> <div>12:00 Lunch and Movie: "Polar Express"- G</div> </div>
	<div> <div>14</div> <div>8:00 Daily Chronicle</div> <div>10:15 Story of Hanukkah-2</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Joyful Rhythm- Chapel</div> <div>Hanukkah Begins</div> </div>	<div> <div>15</div> <div>8:00 Daily Chronicle</div> <div>10:00 Exercise- F</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Christmas Hymns & Music w/ Steve- Chapel</div> </div>	<div> <div>16</div> <div>8:00 Daily Chronicle</div> <div>10:00 Men's Coffee Hour- IL Dining Room</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Cards and Games- C</div> </div>	<div> <div>17</div> <div>8:00 Daily Chronicle</div> <div>10:00 Coffee Social- F</div> <div>11:00 Mass- Chapel</div> <div>2:00 Holly Jolly Happy Hour- F</div> </div>	<div> <div>18</div> <div>8:00 Breakfast w/ Santa- F</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Holiday Music with Liam- 2</div> <div>6:15 BINGO- 2</div> </div>	<div> <div>19</div> <div>8:00 Daily Chronicle</div> <div>10:00 Balloon Volley- 2</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Jingle Bell Bash Family Christmas Party -G</div> </div>
	<div> <div>21</div> <div>8:00 Daily Chronicle</div> <div>10:15 Eggnog Social & Christmas Sing a Long- 2</div> <div>11:00 Rosary - Chapel</div> <div>2:00 BINGO- 2</div> <div>Winter Begins</div> </div>	<div> <div>22</div> <div>8:00 Daily Chronicle</div> <div>10:00 Exercise- F</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Holiday Music w/ Ralphie- G</div> </div>	<div> <div>23</div> <div>8:00 Daily Chronicle</div> <div>10:00 Exercise- F</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Celebrate December Birthdays- F</div> </div>	<div> <div>24</div> <div>8:00 North Pole Breakfast- F</div> <div>10:00 Caroling with the Rolling Tones- 2</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Christmas Eve & Gift Exchange- F</div> <div>4:00 Holiday Mass- Chapel</div> </div>	<div> <div>25</div> <div>8:00 Daily Chronicle</div> <div>10:00 Pass The Parcel- F</div> <div>11:00 Rosary - Chapel</div> <div>12:00 Holiday Feast</div> <div>2:00 Christmas Movie- "It's A Wonderful Life"- F</div> <div>Christmas</div> </div>	<div> <div>26</div> <div>8:00 Daily Chronicle</div> <div>10:00 Balloon Volley- 2</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Ken Burns Documentary: National Parks Episode 2- F</div> </div>
	<div> <div>28</div> <div>8:00 Daily Chronicle</div> <div>10:15 Current Events- 2</div> <div>11:00 Rosary - Chapel</div> <div>2:00 BINGO- 2</div> </div>	<div> <div>29</div> <div>8:00 Daily Chronicle</div> <div>10:00 Exercise- F</div> <div>11:00 Rosary- Chapel</div> <div>2:00 What's News w/ Sr. Rosemary"- G</div> </div>	<div> <div>30</div> <div>8:00 Daily Chronicle</div> <div>10:00 Men's Coffee Hour- IL Dining Room</div> <div>11:00 Rosary- Chapel</div> <div>2:00 Movie: The Best Christmas Pageant Ever- F</div> </div>	<div> <div>31</div> <div>8:00 New Year's Eve Breakfast- F</div> <div>11:00 Rosary- Chapel</div> <div>12:00 Countdown to Noon & Holiday Lunch- G</div> <div>2:00 New Year's Eve Happy Hour- F</div> <div>4:00 Holiday Mass- Chapel</div> <div>New Year's Eve</div> </div>	 <div> <div>December</div> <div>2025</div> <div> <div>G- Gathering Room</div> <div>C- Catherine's Cafe</div> <div>F- Foyer</div> <div>2- 2nd Floor Dining Room</div> <div>1- 1st Floor Dining Room</div> <div>IL- Independent Living</div> </div> </div>	