

### Blast the Birthday Horn

On March 2, don't just wish Dr. Seuss a happy birthday. Do as they do in Dr. Seuss' fictional land of Katroo and let loose a "big blast on the big Birthday Horn!"



Theodor Seuss Geisel, known as Dr. Seuss, was never a doctor of anything. He called himself "doctor" because his father wanted him to study medicine. Thankfully, he pursued children's literature and in 1937 wrote his first book, *And to Think That I Saw It on Mulberry Street*, debuting the pen name Dr. Seuss. The idea for the book struck Geisel while on an ocean voyage. The rhythm of the ship's engines inspired him to write the lines: *And that is a story that no one can beat. And to think that I saw it on Mulberry Street.*

No fewer than 20 publishers rejected the book before Geisel showed it to an old college classmate, who was editor of children's books at the publishing house Vanguard Press. Dr. Seuss went on to write over 60 children's books (including some under the name Theo LeSieg), selling over 600 million copies in over 20 different languages.

What makes Dr. Seuss' books so enduring? Children's literature expert Ann Neely believes it is the books' readability. "Children can read Dr. Seuss books many, many times without tiring of the rhythms, the plot, or the art." Furthermore, Seuss' moral lessons appeal to young and old alike. Journalist Melissa Breyer believes adults have plenty to learn from Dr. Seuss. *Did I Ever Tell You How Lucky You Are?* teaches us that self-pity is an unnecessary indulgence. *The Lorax* reminds us that it's up to us to give a voice to the voiceless. Truly, Dr. Seuss' children's books may be more valuable to adults than his odd adult work, a humorous, slightly scandalous take on the legend of Lady Godiva, full of illustrations of the seven nudist Godiva sisters. That book, perhaps understandably, was Seuss' only major flop.

### Leave a Review

At Warde Senior Living, your feedback is important.

Please take a moment to scan the QR code below to review your experience on Google. Thank you!



### Last Call for Landlines

After a long lifetime, more than 100 years, America's telephone infrastructure is showing its age. Disappearing, too, are the engineers and technicians who maintain traditional landline service, according to professor of telecommunications Rob Frieden. Not so fast, say those who celebrate Landline Telephone Day on March 10. Consumer Reports still recommends keeping a landline: sound quality is often better, and because numbers are directly linked to a home address, emergency calls from landlines remain highly reliable. When power goes out, some landlines continue to work, thanks to backup batteries, though these are becoming less common. Telephone companies, however, are shifting to digital networks that are cheaper to maintain. So enjoy landlines while you can—before they disappear.

# Newsletter



Warde Senior Living | 21 Searles Road Windham, NH 03087 | 603-890-1290

## Celebrating March

### Irish American Heritage Month

### Mad for Plaid Month

### Women's History Month

### Employee Appreciation Day

March 6

### Daylight Saving Time Begins

March 8

### Plant a Flower Day

March 12

### St. Patrick's Day

March 17

### World Poetry Day

March 21

## March Greetings to All our Friends & Families

I hope this newsletter finds you all happy, healthy and full of luck & blessings this St. Patrick's Day 2026.

EXTRA, EXTRA – READ ALL ABOUT IT!! As we move into the next few months, we will be transforming our 2<sup>nd</sup> floor of Assisted Living into a Short-term Rehabilitation unit for patients who need a skilled stay following a recent hospitalization. We will be renovating this 2<sup>nd</sup> floor completely, which will include the resident rooms/bathrooms, dining/life enrichment space and rehabilitation gyms. There will be construction teams on site beginning in March to complete this renovation. We will be changing our Skilled Nursing Unit license from 32 beds to 48 beds and our Assisted Living license from 39 rooms to 23 rooms. We are hoping the renovation project will be completed by early summer. Stay tuned for more updates!

Did you know that Saturday, March 7<sup>th</sup> is National Day of Unplugging?? Take this day to step away from all of your electronics! Unplug yourself from all of the happenings in the world today and all of Social Media!! Plug yourself into your family and your loved ones. Time spent with family and loved ones is so precious and priceless!! It is only for 1 day – YOU CAN DO IT!!!

Special Days in March:

Sunday, March 8<sup>th</sup> – Day Light Saving Time – SPRING AHEAD  
 Tuesday, March 17<sup>th</sup> – Saint Patrick's Day - Celebrations all around  
 Friday, March 20<sup>th</sup> – 1<sup>st</sup> DAY OF SPRING

March brings many events that our Life Enrichment Associates have planned. Please be sure to refer to the Life Enrichment March calendar. This monthly calendar will be emailed to each of our families for assisted living and long-term care. Please feel free to join in on a life enrichment program with your loved one.

As always, we, the Associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With March Blessings,  
 Shari L. LaRoche, MS LNHA  
 Administrator



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:00 Daily Chronicle 10:15 Sing Along- 2 11:00 Rosary- Chapel 2:00 BINGO- 2</p> <p>1</p>	<p>8:00 Daily Chronicle 10:15 Move and Groove- 2 11:00 Rosary- Chapel 2:00 What's News w/ Sr. Rosemary"- G</p> <p>2</p>	<p>8:00 Daily Chronicle 10:00 Shopping List 11:00 Rosary- Chapel 2:00 Chorus- F</p> <p>3</p>	<p>8:00 Daily Chronicle 11:00 Rosary- Chapel 12:00 Lunch &amp; Movie</p> <p>Lunch: Soup &amp; Warm Roll Movie: <i>South by Southwest</i></p> <p>4</p>	<p>8:00 Daily Chronicle 9:00 Outing: Coffee &amp; Donuts 11:00 Rosary- Chapel 2:00 Bowling in Hallway 6:15 BINGO- 2</p> <p>5</p>	<p>8:00 National Pancake Day- G 9:00 Daily Chronicle 11:00 Rosary- Chapel 2:00 LRC Dice Game- C</p> <p>6</p>	<p>8:00 Daily Chronicle 10:15 Chair Exercises- 2 11:00 Rosary 1:30 Travel Video: Ireland- F 4:00 Mass- Chapel</p> <p>7</p>
<p>8:00 Daily Chronicle 10:00 Independent Strolls 11:00 Rosary- Chapel 2:00 BINGO- 2</p> <p>8</p> <p>Daylight Saving Time Begins</p>	<p>8:00 Daily Chronicle 10:00 Manicures- C 11:00 Rosary- Chapel 2:00 What's News w/ Sr. Rosemary"- G 3:00 Windham Middle School "Smiles Club" Visit- G</p> <p>9</p>	<p>8:00 Daily Chronicle 10:00 Coffee &amp; Facebook Photos- F 11:00 Rosary- Chapel 12:00 Deli Day Lunch 2:00 Music with Bob- 2</p> <p>10</p>	<p>8:00 Daily Chronicle 10:00 Chorus- F 11:00 Mass- Chapel 2:00 Chit Chat Social w/ Wine &amp; Crackers- F</p> <p>11</p>	<p>8:00 Daily Chronicle 11:00 Rosary- Chapel 2:00 St. Paddy's Dance w/ Eastern Sound- G 6:15 BINGO- 2</p> <p>12</p>	<p>8:00 Daily Chronicle 10:00 Irish Coffee Social- F 11:00 Rosary- Chapel 2:00 Movie: <i>The Quiet Man</i>- F</p> <p>13</p>	<p>8:00 Daily Chronicle 10:15 Coloring Social- 2 11:00 Rosary- Chapel 2:00 Movie &amp; Travel Cart 4:00 Mass- Chapel</p> <p>14</p>
<p>8:00 Daily Chronicle 10:15 Let's Look at our Facebook- 2 11:00 Rosary- Chapel 2:00 BINGO- 2</p> <p>15</p>	<p>8:00 Daily Chronicle 10:00 Table Games- 2 11:00 Rosary- Chapel 2:00 What's News w/ Sr. Rosemary"- G 4:00 Kids in Service Community Project- G</p> <p>16</p>	<p>8:00 Continental Breakfast- F 11:00 Rosary- Chapel 2:00 Cocktails &amp; Shenanigans for St Paddy's Day- F 4:00 Girl Scouts Visit- G</p> <p>17</p> <p>St. Patrick's Day</p>	<p>8:00 Daily Chronicle 10:00 Shopping List 11:00 Mass- Chapel 2:00 Chorus- F 6:15 BINGO- 2</p> <p>18</p>	<p>8:00 Daily Chronicle 10:00 Outing: Scenic Beach Ride &amp; a Stop for Chowder 11:00 Rosary- Chapel</p> <p>19</p>	<p>8:00 Daily Chronicle 10:00-11:30 Spring Craft Day- C 11:00 Rosary - Chapel 1:30 -3:00 Spring Craft Day- C</p> <p>20</p> <p>Spring Begins</p>	<p>8:00 Daily Chronicle 10:15 World Poetry Day- 2 11:00 Rosary- Chapel 1:30 Disney Nature Doc: <i>Bears</i>- F 4:00 Mass- Chapel</p> <p>21</p>
<p>8:00 Daily Chronicle 10:15 Coffee &amp; Puzzles- 2 11:00 Rosary- Chapel 2:00 BINGO- 2</p> <p>22</p>	<p>8:00 Daily Chronicle 10:00 Move &amp; Groove- 2 11:00 Rosary- Chapel 2:00 What's News w/ Sr. Rosemary"- G</p> <p>23</p>	<p>8:00 Daily Chronicle 10:00 Independent Strolls 11:00 Rosary- Chapel 2:00 Hello Spring: Tea Party- 2</p> <p>24</p>	<p>8:00 Daily Chronicle 10:00 Manicures- C 11:00 Mass- Chapel 2:00 Birthday Social- F 6:15 BINGO- 2</p> <p>25</p>	<p>8:00 Daily Chronicle 11:00 Rosary- Chapel 12:00 Lunch &amp; Movie: Lunch: Steak &amp; Cheese Sub Movie: <i>Easter Parade</i></p> <p>26</p>	<p>8:00 Daily Chronicle 10:00 Coffee Social- F 11:00 Rosary- Chapel 2:00 Movie: <i>Sarah's Oil</i>- F</p> <p>27</p>	<p>8:00 Daily Chronicle 10:15 Coloring Social- 2 11:00 Rosary- Chapel 2:00 Movie &amp; Travel Cart 4:00 Mass- Chapel</p> <p>28</p>
<p>8:00 Daily Chronicle 10:15 Sing Along- 2 11:00 Rosary- Chapel 2:00 BINGO- 2</p> <p>29</p> <p>Palm Sunday</p>	<p>8:00 Daily Chronicle 10:00 Chair Exercises- 2 11:00 Rosary- Chapel 2:00 What's News w/ Sr. Rosemary"- G</p> <p>30</p>	<p>8:00 Daily Chronicle 10:00 Chorus- Foyer 11:00 Rosary- Chapel 2:00 National Take a Walk in the Park Day- Gri n Park</p> <p>31</p>	 <h1>March 2026</h1> <h2>Warde Assisted Living</h2>			

Activities are subject to change, please see Daily Chronicle.