

## May Greeting Continued

As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

*With Blessings,*

*Shari L. LaRoche, MS LNHA  
Administrator*



## Aid Without Borders



World Red Cross Day, observed each year on May 8, honors one of the world's largest and most enduring humanitarian networks—and the people

who keep it running when it matters most. The date marks the birthday of Henry Dunant, founder of the International Committee of the Red Cross and the first recipient of the Nobel Peace Prize.

Today, the Red Cross and Red Crescent Movement operate in nearly every country, responding to crises that range from armed conflict and natural disasters to public health emergencies and everyday community needs. In a world shaped by climate extremes, migration, and ongoing conflict, the organization's role is more relevant than ever.

In recent years, Red Cross workers and volunteers have been on the front lines of wildfires, floods, earthquakes, and hurricanes, often arriving within hours to provide shelter, food, medical care, and family reunification services. Beyond disaster response, the Red Cross plays a critical role in blood donation services, emergency preparedness.

## Leave a Review

At Warde Senior Living, your feedback is important.

Please take a moment to scan the QR code below to review your experience on Google. Thank you!



## Holy Rollers



As the weather warms in May, cyclists of both the motor and pedal variety feel the call of the open road. As a response to this urge to cycle, many religious

institutions hold a Blessing of the Bikes ceremony. In massive cathedrals like New York City's St. John the Divine, pews and aisles are packed with bikers and spandex-clad cyclists of all religious denominations while the local priest showers attendees with holy water and prayers for a safe and fun bicycling season. Since 1972, the Blessing of the Bikes has become a ritual each May in Baldwin, Michigan. Over 10,000 motorcyclists and bicyclists congregate at the Baldwin airport for a blessing ceremony. Some churches have added a new twist, inviting wheelchairs, strollers, and skateboards for a Blessing of the Wheels.

May 2026

# Newsletter

Warde Senior Living | 21 Searles Road Windham, NH 03087 | 603-890-1290



## Celebrating May

**Family Month**  
**Arthritis Awareness Month**  
**Personal History Awareness Month**

**Global Love Day**  
*May 1*

**Star Wars Day**  
*May 4*

**Cinco De Mayo**  
*May 12*

**Mother's Day**  
*May 10*

**New Friends,  
Old Friends Week**  
*May 17–23*

**Rescue Dog Day**  
*May 20*

**Memorial Day**  
*May 25*

## May Greetings to All Our Friends and Families

I hope this newsletter finds you all happy and healthy. April Showers, bring May Flowers!!

In the month of April, we celebrated Administrative Professionals' Day. Thank you to our Reception Team of Bernie, Ann and Diane!! Thank you to our Business Office Director, Louise and our Human Resource Director, Deb! In appreciation of these ladies, a wonderful dinner and gifts were enjoyed at the Windham Restaurant. We celebrated our amazing group of volunteers with a donut & coffee celebration! We also celebrated our fantastic Hair Stylist, Tammy Bentley! Tammy always makes all of residents beautiful! We could not be more grateful for each and every one of our wonderful associates and volunteers that give their everything to our residents at Warde!

As you can see, we celebrated many special events in the month of April. I hope that you were able to see and love all of them on our Facebook page!

Special Days in May: Please refer to the May Life Enrichment Calendar with all of the special events planned.

Mother Day, Sunday, May 10th  
National Nursing Home Week, May 10<sup>th</sup> – 16th  
National Nurse's Week – May 6th – May 12th

This year's theme for National Nursing Home Week is "MOMENTS IN BLOOM", this theme honors the daily acts of compassion, teamwork, and connection that flourish between associates, residents, and families in skilled nursing facilities. Our fantastic Life Enrichment department has wonderful events planned for the entire week. Be sure to join in on the fun here at Warde Senior Living!!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# May 2026



9:00 Room Visits 1  
 10:00 Pet Visits with Sadie  
 10:15 Balloon Volleyball  
 11:00 Rosary - Chapel  
 2:00 Celebrate the May Day

9:00 Room Visits 2  
 10:15 Horse Racing Game  
 11:00 Rosary - Chapel  
 2:00 Kentucky Derby Party  
 4:00 Mass - Chapel

May Day

9:00 Room Visits 3  
 10:15 Sing Along  
 11:00 Rosary - Chapel  
 2:00 BINGO

9:00 Room Visits 4  
 10:15 Move and Groove  
 11:00 Rosary - Chapel  
 2:00 Manicures and Music  
 3:30 One to One Visits

9:00 Room Visits 5  
 10:15 Celebrate Cinco de Mayo  
 11:00 Rosary - Chapel  
 2:00 Music with The Singing Trooper - Gathering Room  
 Cinco de Mayo

9:00 Room Visits 6  
 10:15 Coffee and Good News  
 11:00 Mass - Chapel  
 2:00 Creative Crafts  
 3:30 One to One Visits  
 6:15 Evening Activity

9:00 Room Visits 7  
 10:00 Pet Visits with Winnie and Ellie  
 11:00 Rosary - Chapel  
 1:30 - 5:00 Volunteer Visits  
 2:00 SAWC Chorus Show  
 3:30 One to One Visits  
 6:15 BINGO

9:00 Room Visits 8  
 10:00 Pet Visits with Sadie  
 10:15 Balloon Volleyball  
 11:00 Rosary - Chapel  
 2:00 Mother's Day Tea Party - Gathering Room

9:00 Room Visits 9  
 10:15 Coloring and Chats  
 11:00 Rosary - Chapel  
 2:00 Deck Social  
 4:00 Mass - Chapel

9:00 Room Visits 10  
 10:15 Deck Social  
 11:00 Rosary  
 2:00 Buttery BINGO  
 National Skilled Nursing Care Week  
 Moments In Bloom  
 Mother's Day

9:00 Room Visits 11  
 10:00 Outing - Buttery Place  
 11:00 Rosary - Chapel  
 2:00 All About Butteries  
 3:30 One to One Visits  
 6:15 Evening Activity

9:00 Room Visits 12  
 10:15 Garden Tour Video  
 11:00 Rosary - Chapel  
 1:00 - 3:00 Farmer's Market  
 Gathering Room

9:00 Room Visits 13  
 10:15 Garden Games  
 11:00 Mass - Chapel  
 12:00 Blooms and BBQ - Gathering Room  
 1:00 Ice Cream Truck  
 3:00 Flower Happy Hour  
 6:15 Buttery BINGO

9:00 Room Visits 14  
 10:15 Soccer  
 11:00 Rosary - Chapel  
 1:30 - 5:00 Volunteer Visits  
 2:00 Flower Art Project with Kathy  
 3:30 One to One Visits

9:00 Room Visits 15  
 10:00 Pet Visits with Sadie  
 10:15 Balloon Volleyball  
 11:00 Rosary - Chapel  
 2:00 Music from "The Rolling Tones" - Gathering Room

9:00 Room Visits 16  
 10:15 Coloring and Chats  
 11:00 Rosary - Chapel  
 2:00 Patriotic Movie  
 4:00 Mass - Chapel

Armed Forces Day

9:00 Room Visits 17  
 10:15 Finish the Lyrics Game  
 11:00 Rosary - Chapel  
 2:00 BINGO

9:00 Room Visits 18  
 10:15 Move and Groove  
 11:00 Rosary - Chapel  
 2:00 Manicures and Music  
 3:30 One to One Visits  
 6:15 Evening Activity

9:00 Room Visits 19  
 10:15 Basketball  
 11:00 Rosary - Chapel  
 12:00 Lunch Bunch  
 2:00 Coloring and Chats

9:00 Room Visits 20  
 10:15 Coffee and Good News  
 11:00 Mass - Chapel  
 2:00 Creative Crafts  
 3:30 Happy Hour

9:00 Room Visits 21  
 10:15 Soccer  
 11:00 Rosary - Chapel  
 1:30 - 5:00 Volunteer Visits  
 2:00 Deck Social  
 3:30 One to One Visits  
 6:15 BINGO

9:00 Room Visits 22  
 10:00 Pet Visits with Sadie  
 10:15 Balloon Volleyball  
 11:00 Rosary - Chapel  
 2:00 Resident Council  
 3:00 National Travel Month - Arm Chair Travel

9:00 Room Visits 23  
 10:15 Coloring and Chats  
 11:00 Rosary - Chapel  
 2:00 Deck Social  
 4:00 Mass - Chapel

9:00 Room Visits 24  
 10:15 Deck Social  
 11:00 Rosary - Chapel  
 2:00 BINGO

9:00 Room Visits 25  
 10:15 Remembering Memorial Day  
 11:00 Rosary - Chapel  
 2:00 Manicures and Parade  
 3:30 One to One Visits  
 6:15 Evening Activity  
 Memorial Day

9:00 Room Visits 26  
 10:15 Table Ball  
 11:00 Rosary - Chapel  
 12:00 Men's Group  
 2:00 Collage Month - Cut and Collage

9:00 Room Visits 27  
 10:15 Balloon Tennis  
 11:00 Mass - Chapel  
 2:00 Creative Crafts  
 3:30 Happy Hour  
 6:15 Evening Activity

9:00 Room Visits 28  
 10:15 Soccer  
 11:00 Rosary - Chapel  
 1:30 - 5:00 Volunteer Visits  
 2:00 Music with Gerry - Gathering Room  
 3:30 One to One Visits  
 6:15 BINGO

9:00 Room Visits 29  
 10:00 Pet Visits with Sadie  
 10:15 Balloon Volleyball  
 11:00 Rosary - Chapel  
 2:00 Birthday Party of the Month

9:00 Room Visits 30  
 10:15 Parachute Games  
 11:00 Rosary - Chapel  
 2:00 Popsicles and Puzzles  
 4:00 Mass - Chapel

9:00 Room Visits 31  
 10:15 Classical Music and Hand Massages  
 11:00 Rosary - Chapel  
 2:00 BINGO



## Warde Rehabilitation and Nursing