

August Greeting Continued

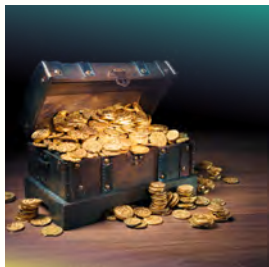
Today, the phrase doesn't conjure up such bad imagery. Instead, the Dog Days are associated purely with the time of summer's peak temperatures and humidity. This period of sweltering weather coincides with the year's heliacal (meaning "at sunrise") rising of Sirius, the Dog Star. Sirius is part of the constellation Canis Majoris—the "Greater Dog"—which is where Sirius gets its canine nickname, as well as its official name, Alpha Canis Majoris. Not including our own Sun, Sirius is the brightest star in the sky.

We wish everyone a summer that is filled with sunshine, warmth and family blessings!! As always, we, the associates, at Warde Senior Living, thank you for giving us the privilege of caring for your loved one. We are happy that you have placed your trust in us.

With Thoughts of Sunshine,
Shari L. LaRoche, MS LNHA
Administrator

Hidden in Plain Sight

If you believe that one person's trash is another person's treasure, then you'll be happy to hear that the second Saturday in August is Garage Sale Day. Some lucky folks do find rare treasures at garage sales. In 1989, a man bought an ugly painting for four dollars at a flea market because he liked the frame. Imagine his surprise when under the painting he found an original printed copy of the Declaration of Independence that sold for \$2.4 million in 1991. Then there's the story of the scrap metal dealer who found a Russian Fabergé egg, which was one of only 50 created as an Easter gift for Alexander III's wife, Empress Maria Feodorovna. Valued at more than \$30 million, that is one valuable "nest egg."



Leave a Review

At Warde Senior Living, your feedback is important.

Please take a moment to scan the QR code below to review your experience on Google. Thank you!



Sunflower Spotlight

Did you know that sunflowers are native to North America? Indigenous peoples were growing and using sunflowers more than 4,000 years ago for food, oil, medicine, and even dye.

Sunflowers are famous for their bright yellow petals, but they also come in shades of red, orange, bronze, and even creamy white. Young sunflowers display a remarkable behavior called heliotropism, meaning they turn their faces to follow the sun from east to west throughout the day. As the flowers mature, they usually settle facing east, allowing them to warm up more quickly in the morning and attract pollinators like bees.

With their towering stems and sunny blooms, sunflowers have long symbolized happiness, loyalty, and optimism. It's no wonder they've become one of the most beloved flowers of late summer!

August 2026

Newsletter

Warde Senior Living | 21 Searles Road Windham, NH 03087 | 603-890-1290



Celebrating August

Read a Romance Month
Golf Month
Family Fun Month

Root Beer Float Day
August 6

Purple Heart Day
August 7

Bargain Hunting Week
August 10–16

Vinyl Record Day
August 12

Senior Citizens Day
August 21

Kiss and Make Up Day
August 25

Rainbow Bridge Remembrance Day
August 28

Eat Outside Day
August 31

August Greetings to All Our Friends and Families

We celebrated unique events in July. The events that we celebrated were Red, White & BBQ to celebrate America's 250th Anniversary, a Bake Sale and Christmas in July!! Thank you to our wonderful Life Enrichment & Food Service Associates for planning and executing these magnificent events for our residents and associates.

Be sure to check out our Facebook page (Warde Senior Living) to see all the great pictures from these fantastic events.

Also, please be sure to look at our beautiful and blossoming hydrangeas and summer flowers in our main entrance area!! These flowers love this summer's hot and humid temperatures!

We passed our inspection with the NH State Fire Marshal and NH DHHS for our new Short-term Rehabilitation Unit. We will receive our new licenses soon and will be able to begin to admit short-term rehab patients to our new unit, called Field Place. Field Place is in recognition of Mother Mary Ellen Field, whose vision and leadership laid the foundation for Warde Senior Living.

We are looking forward to beginning the Water Project here at Warde. In the late summer/early fall we will begin preparing for the tie into the municipal water system. The project will be divided into 3 phases: insulation of the large water tank on the property, on-site property work and internal plumbing connections. We are hopeful the project will be completed within a 6-week period. Be sure to watch for more communication surrounding this project.

Special Days/Events in August: Please refer to the August Life Enrichment Calendar!

July 3rd – August 11th, 2026 (40 days) are known as the "Dog Days of Summer". The meaning behind this saying is known to be because in ancient Greece and Rome, the Dog Days were believed to be a time of drought, bad luck, and unrest, when dogs and men alike would be driven mad by the extreme heat!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 Warde Assisted Living						1 8:00 Daily Chronicle 10:15 Color & Chats- 2 11:00 Rosary- Chapel 2:00 Travel Cart 4:00 Mass- Chapel
2 8:00 Daily Chronicle 10:15 Ball Toss -2 11:00 Rosary- Chapel 2:00 BINGO- 2	3 8:00 Daily Chronicle 11:00 Rosary- Chapel 2:00 What's News w/ Sr. Rosemary"- G	4 8:00 Daily Chronicle 10:00 Coffee & Chats-C 11:00 Rosary- Chapel 2:00 NH Audubon: Birds of Prey- G	5 8:00 Daily Chronicle 10:00 Manicures-Cafe 11:00 Mass- Chapel 2:00 Campfire Social: Songs & Smores- G	6 8:00 Daily Chronicle 10:00 Music with Gerry- Deck 2:00 LRC -Cafe	7 8:00 Breakfast - Foyer 10:30 -3:00 Fall Time Crafts- C 11:00 Rosary- Chapel	8 8:00 Daily Chronicle 10:15 Color & Chats- 2 11:00 Rosary- Chapel 2:30 Student Music Recital- G 4:00 Mass- Chapel
9 8:00 Daily Chronicle 10:15 Bean Bag Toss- 2 11:00 Rosary- Chapel 2:00 Hymn Music- Chapel	10 8:00 Daily Chronicle 9:30 Outing: Thrift Store Shopping 11:00 Rosary- Chapel 2:00 What's News w/ Sr. Rosemary"- G	11 8:00 Daily Chronicle 11:00 Rosary- Chapel 12:00 Lunch & Movie- G <i>The Lost Husband</i> Meatball Subs & Chips	12 8:00 Daily Chronicle 10:00 Student Music Show- 2 11:00 Mass- Chapel 2:00 Wi. eBall & Creamsicles- G 6:15 BINGO- 2	13 8:00 Daily Chronicle 9:30 Outing: Scenic Drive & Picnic Gloucester , MA 11:00 Rosary- Chapel	14 8:00 Daily Chronicle 10:00 Absentee Ballot Requests- F 11:00 Rosary- Chapel 2:00 Documentary: <i>Forgotten Ellis Island</i>- F	15 8:00 Daily Chronicle 10:15 International Cat Day Social- 2 11:00 Rosary- Chapel 2:00 Travel Cart 4:00 Mass- Chapel
16 8:00 Daily Chronicle 10:15 Sing Along- 2 11:00 Rosary- Chapel 2:00 BINGO- 2	17 8:00 Daily Chronicle 10:00 Manicures 11:00 Rosary- Chapel 2:00 What's News w/ Sr. Rosemary"- G	18 8:00 Daily Chronicle 10:00 Irish Music w/ Kevin- G 11:00 Rosary- Chapel 2:00 Rock Painting- 2	19 8:00 Daily Chronicle 9:30 Tots & Tunes- G 11:00 Mass- Chapel 2:00 Soda Floats & Water Balloon Fight- F 6:15 BINGO- 2	20 8:00 Daily Chronicle 11:00 Rosary- Chapel 12:00 NFL's Birthday Lunch & Cocktails- G	21 8:00 Daily Chronicle 10:00 Baking & Coffee- C 11:00 Rosary- Chapel 2:00 LRC Dice Game-C	22 8:00 Daily Chronicle 10:15 Color & Chats- 2 11:00 Rosary- Chapel 1:30 Movie Matinee- 2 4:00 Mass- Chapel
23 8:00 Daily Chronicle 10:15 Table Games-2 11:00 Rosary- Chapel 2:00 BINGO- 2	24 8:00 Daily Chronicle 10:00 Shopping 11:00 Rosary- Chapel 2:00 What's News w/ Sr. Rosemary"- G	25 8:00 Breakfast Social- G 9:00 Daily Chronicle 11:00 Rosary- Chapel 2:00 Ice Cream Party w/ Kids in Service- G	26 8:00 Daily Chronicle 10:00 Manicures- C 11:00 Mass- Chapel 2:00 Birthday Social -F 6:15 BINGO- 2	27 8:00 Daily Chronicle 9:00 Outing: Coffee & Donuts 11:00 Mass- Chapel 1:00 Absentee Ballot Voting: State Primary- F	28 8:00 Daily Chronicle 10:15 Balloon Volley- 2 11:00 Rosary- Chapel 2:00 Documentary: <i>Lucy & Desi</i>- F	29 8:00 Daily Chronicle 10:15 Color & Chats- 2 11:00 Rosary 2:00 Travel Cart 4:00 Mass-Chapel
30 8:00 Daily Chronicle 10:15 Ball Toss -2 11:00 Rosary- Chapel 2:00 BINGO- 2	31 8:00 Daily Chronicle 10:00 Exercise-F 11:00 Rosary- Chapel 2:00 What's News w/ Sr. Rosemary"- G	Location Key: G- Gathering Room C- Catherine's Cafe F- Foyer 2- 2nd Floor Dining Room 1- 1st Floor Dining Room IL- Independent Living				